

GOVERNOR'S GOSSIP



APRIL 2025
Volume 1, Issue 24



FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA



Springtime: A Season of Renewal and Gratitude

Spring is here—a season of fresh beginnings, new possibilities, and boundless opportunities to serve! As nature awakens, so too can we embrace the chance to grow, lead, and inspire.

To those stepping into leadership roles for the first time or continuing your journey, your dedication is truly appreciated. Your commitment to your clubs and communities brings hope, positivity, and transformation. With our new leadership team being installed this month at Conference, lets embrace change, explore new ideas, and challenge ourselves to step outside our comfort zones. As John Assaraf wisely said, “A comfort zone is a beautiful place, but nothing ever grows there”. So let’s take that leap, share our talents, and discover just how much we are capable of achieving - both individually and together.

As Altrusans, our love and service shine 365 days a year. But today, lets take a moment to recognize the unsung heroes among us - the “behind-the-scenes angels”. These incredible individuals quietly make things happen, working tirelessly without seeking recognition. If you know someone like this, take a moment to say thank you. Let them know how much they are valued and appreciated.

To all of you who have been my behind-the-scenes angels—THANK YOU! Your kindness, dedication, and generosity make the impossible possible. You are an extraordinary group of ANGELS, and I am forever grateful for you.

With love and warm hugs
Dimple



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2023-2025 BIENNIUM GOALS

LEADERSHIP

Submit a club strategic plan to the District Governor.

SERVICE

Bragging time for the club to submit at least two (2) articles to the DSB.

MEMBERSHIP

Happiness is four (4) new members during the biennium.

Easter Brunch Punch

Serving: 20 4 ounce servings



Ingredients:

- 1 59 ounce bottle Raspberry lemonade
- 34 ounce Ginger Ale approximately half of the 2 liter
- 24 ounces Club soda
- Raspberries and mint leaves Optional, garnish

Instructions:

Chill ingredients prior serving. Mix ingredients together in a large punch bowl. You can adjust the beverage amounts to suit your tastes. Essentially, it's 3 parts raspberry lemonade, 2 parts ginger ale, and one part club soda. Garnish with fresh raspberries and mint leaves. You may also float an ice ring to keep it chilled during the party.

The Month of April

Gemstone:

Diamond



Flower:

Daisy: symbolizes innocence, purity, and new beginnings.



Sweet Pea: representing gratitude, blissful pleasures, and farewells.



Holidays:

April Fools Day
Good Friday
Easter
Passover
Arbor Day
Earth Day

Madam Spoon's Challenge

Find all 3 GOLD spoons in this month's newsletter. Happy hunting 😊





Altrusa International, Inc. 72nd Annual District Three Conference April 24 - 26, 2025

Harrah's Cherokee Casino Resort
777 Casino Dr, Cherokee, NC 28719



Conference Registration (One Member Per Form)

Please Print

Name: _____ E-mail: _____

Address: _____ Home Club: _____

City _____ State: _____ Zip: _____ Phone: _____

Dietary Needs: Vegetarian Diabetic Gluten free Other: _____

Conference Booklet/Materials: Paper copy Electronic Version (please check one)

Please check all of the following that apply to you:

- | | | |
|--|---|---|
| <input type="checkbox"/> Member | <input type="checkbox"/> Club President | <input type="checkbox"/> International Officer |
| <input type="checkbox"/> Delegate | <input type="checkbox"/> Incoming President | <input type="checkbox"/> International Rep |
| <input type="checkbox"/> Alternate | <input type="checkbox"/> Past Governor | <input type="checkbox"/> Past International President |
| <input type="checkbox"/> District Officer | <input type="checkbox"/> District Committee Chair | <input type="checkbox"/> First Timer |
| <input type="checkbox"/> District Foundation Officer | | |

Conference Fees

Please register by April 2, 2025. After that date, a \$20.00 late fee will be charged.
Conference fees will be refunded if cancellation is received by April 2, 2025.

Full Conference Registration:

*(Includes Friday Breakfast, Friday Lunch,
Saturday Breakfast and Saturday Governor's Banquet (Attire: Cocktail)*

_____ \$215.00 _____

Friday Only Registration: *(Includes Breakfast, Lunch)* _____ \$100.00 _____

Saturday Only Registration: *(Includes Breakfast and Governor's Banquet)* _____ \$150.00 _____

Less First Timer Discount: *(Full registration only, check First Timer's Column Above)* _____ (\$ 25.00) _____

Late Registration Fee: *(For registrations received after April 2, 2025)* _____ \$ 20.00 _____

Subtotal Member Registration _____

Guest Tickets for Meals:

Name: _____	Friday Breakfast	# of Guests _____	@ \$40.00 _____
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Name: _____	Friday Lunch	_____	@ \$45.00 _____
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Name: _____	Saturday Breakfast	_____	@ \$40.00 _____
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Name: _____	Sat. Governor's Banquet	_____	@ \$75.00 _____
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Subtotal Guest Registration _____

T-Shirts (Size: _____) # _____ @ \$15.00 _____

Grand Total Registration _____

Make Checks to: Altrusa District Three Conference 2025

Conference Hotel: Harrah's Cherokee Casino Resort

Mail to: Altrusa District Three Treasurer

777 Casino Drive

c/o Scott Frieser

Cherokee, NC 28719

13212 Providence Green Ct

\$189 + \$15 Resort Fee + taxes until April 2, 2024 (or block of rooms is filled)

Charlotte, NC 28277

To make hotel reservations, hold down your "CTRL" key and click link below:

ScottFrieser.altrusa@gmail.com

[Book your group rate for Altrusa](#)

Or Call: 1-828-497-7777

Ask for hotel code ALTR, Altrusa International District Three 2025 Group

District Three Website: [District Three Conference Information](#)

Questions? Christy Bryant christybryant@windstream.net or Julie Keiper julie@techstrategics.com



Mountainprojects.org

2025 District Conference Service Project

We are off to a good start but still have a long way to go. Individual as well as club donations are welcome. Please order by April 12 to ensure delivery to Mary before our conference.

This year we are partnering with Mountain Projects, located in Western North Carolina. We will be hosting a 'Kitchen Shower'. Items collected at the conference will be donated to families severely impacted by the floods in September. Many families lost homes and will be relocating to a new home space. Hopefully, they will be in new homes by the time of our conference in April. We hope to fill 100 bags. Thank you to Harrah's for donating the tote bags.

I have created an Amazon wish list of some basic kitchen items. Mary Millar, of the Waynesville Club has graciously agreed to accept all the items. She and Lisa Ferguson will transport everything to Harrah's.

<https://tinyurl.com/D3serviceproject2025>

In addition, I have created an account with Dollar Tree. Amazon did not have baking pans and spatulas in bulk. Dollar Tree does not have a wish list but you can buy a case of an item and have it shipped. Please use this account as Mary's address has been preloaded. Please do not make any changes to the account info. Do not save your credit card info.

Dollartree.com

Username altrusaofgainesville@gmail.com

Password !Conference2025

If you purchase from Dollar Tree, please let me know so I can track purchases. Suggested items from Dollar Tree. Please do not purchase other items. They might be useful items but remember these families will probably have limited space. Be sure to check the item count on the case. Most items will be 24 count, except as noted.

Cooking Concepts Steel Cookie Pans 9 x 13
Cooking Concepts Tin Biscuit & Brownie Pan 11 x 7
Cooking Concepts Nylon Turner/Spatula, 14 in.
McCormick Silicone Spatulas, 9.625x2.375x0.375 in.
Cooking Concepts Nylon Slotted Turner Spatulas, 14.4-in.
Cooking Concepts White Plastic Mixing Spoons, 4-ct. Packs (case of 18)

In addition to the above items, each attending member is encouraged to bring a regional/local cookbook that will be added to the tote bag.

If shopping isn't your thing, you can make a cash donation that can be used toward to buy items not purchased. Checks can be made payable to Altrusa District Three, in the memo line indicate service project and send to:

Altrusa District Three Treasurer
c/o Scott Frieser
13212 Providence Green Ct
Charlotte, NC 28277

Please contact me if you have any questions. Ladydragonfly54@gmail.com or by phone 352 281-8357

Sincerely Dee Dugger Service Program Coordinator

REMINDERS/NEWS

**2025 District Three Conference
April 24-26, 2025
Harrah's Cherokee Casino Resort, Cherokee North Carolina**



**2025 International Convention
July 23-26, 2025
Quebec City, Quebec Canada
*Don't forget to get your passport ready***



**Do You Have a Concern,
Caring Thought, Request,
Congrats, or Suggestions?**

**Send To:
Dimple Overstreet
governordimple@gmail.com**

**DSB Articles
Send To Both:**

**Dimple Overstreet
governordimple@gmail.com**

Please send in WORD format

UPDATE GROUP TALLY

REMEMEBER to please update all of your membership changes and additions in Group Tally.

MAIL DISTRICT DUES TO:

Pay District Dues via Group Tally instead of sending them to Treasurer Scott Frieser.



PAY INTERNATIONAL DUES:

Preferably on Group Tally
Altrusa International, Inc.
1400 E. Touhy Avenue
Suite 410
Des Plaines, IL 60018



APR. 2025	TOPIC	WHO	RESPONSIBLE	NOTES
04/01/25	Governor's Newsletter	23-25 Governor	Governor	
04/01/25 04/30/25	Add an Altrusans Month	Local Board		
04/01/25	Report proposed Bylaw amendments to International BRR chair 90 days before Convention	District Board	Governor	
04/01/25	New members pay full dues which covers them from April 1, 2025 through May 31, 2026	Local Club	District Treasurer	District & Int'l dues
04/01/25	Elect Delegates and Alternates to International Convention and send names to Int'l Executive Director	Local Club		
04/01/25	Incoming President appoints Committee Chairs	Local Club		
04/01/25	Consider sending donation to support the International Foundation's Endowment Fund	Local Club		
04/01/25	Finalize proposed budget for upcoming club year	Local Club		
04/01/25	Book hotel accommodations and register for the International Convention	All		
04/07/25	World Health Day	Local Club		
04/10/25	Audit Committee report Due to Governor	Finance Committee Chair	Audit Committee	
04/11/25	Altrusa's Anniversary and Altrusa Awareness Day	All		Began April 11, 1917
04/15/25	International sends dues statements to Club Treasurers	Int'l Office	Club Treasurer	
04/25 TBA	Pre-Conference District Board Meeting	District Board	Governor	
04/25 TBA	Pre-Conference District Foundation Board Meeting	District Foundation Board	Foundation Chair	
04/25 TBA	Conference Opening Session & Flag Ceremony	Conference Committee	Governor	
04/25 TBA	Opening Breakfast, First Business Meeting, Foundation Luncheon, Workshops, Elections and Fun Night	Conference Committee	Governor	
04/25 TBA	List of qualified voters certified by Credentials Chair to Elections Chair two hours prior to the start of polling	Credentials Chair	District Secretary	
04/25 TBA	Election for District Board of Directors	Elections Comm		
04/25 TBA	Awards Breakfast, Second Business Session, Service Projects, Workshops, Reception and Banquet	Conference Committee	Governor	
04/25 TBA	Installation of New Board of Directors	Conference Committee	Governor	
04/25 TBA	Post-Conference District Board Meeting	District Board	Governor	
04/25 TBA	Post-Conference District Foundation Board Meeting	District Foundation Board	Foundation Chair	
May 2025				
05/01/25	Governors Newsletter	2025-2027 Governor	Governor	
05/01/25	Begin work on Governor's Annual Report (via Survey Monkey)	2023-2025 Governor	Governor	Due June 1
05/01/25	Begin work on Club Annual Report.	Local Club	2024-2025 Club Presidents	Due June 1
05/01/25	Begin work ASTRA Club Annual Report	Local Club	ASTRA Member Altrusa Advisor	Due June 1
05/01/25	Appoint Audit Committee to audit books for past year	Local Club		
05/01/25	Send out bills for local, District and International dues	Local Club	Club Treasurer	Due June 1
05/01/25	Incoming President plans meeting of old and new Committee Chairs	Local Club		Consider a half-day retreat with old and new

		WHO	RESPONSIBLE PERSON	NOTES
				Board and Committee Chairs
05/01/25	Finalize plans for annual meeting and installation of new officers	Local Club		
05/01/25	Plan to have Conference Delegates and Alternates present a District Conference report	Local Club		
05/01/25	Nominations for Eleanor Roosevelt Humanitarian Award due to International Office	Local Club		Odd years only, due May 15
05/01/25	International Foundation Anna H. Settle Community Leadership Award due to International Office	Local Club		Odd years only, due May 15
05/01/25	Mamie L. Bass Service, Letha H. Brown Literacy, and Dr. Nina Fay Calhoun International award winners to International	Awards Coordinator		Due to Int'l by June 1
05/01/25	ASTRA Service award winners to International	District	ASTRA Coordinator	Due to Int'l by June 1
05/01/25	Book hotel accommodations and register for the International Convention	All		
05/10/25	Update names of new Committee Chairs and Officers in Group Tally	Local Club		Make updates via Group Tally
05/10/25	Update new District Board and Committee Chair information in Group Tally	District Secretary		Due 10 days after Conference. Make updates via Group Tally.
05/15/25	International Day of Families	Local Club		
05/15/25	District Service Bulletin articles due	Dist. Board, Comm. Chairs	DSB Editor	
05/15/25	Finalize proposed budget for upcoming club year	Local Club	Club Treasurer	
05/15/25	Annual reports of outgoing Club Officers and Committee Chairs due	Local Club		
05/15/25	Report proposed Bylaw amendments coming from Conference to International BRR chair within 15 days of Conference.	BRR Chair		Due 15 days after close of District Conference
05/24/25	Reminder letter/e-mail to clubs to submit Club Annual Reports to International	District Board	2025-2027 Governor	Due June 1
05/31/25	Delegates and Alternates for Convention should be reported to the Int'l Office	Local Club		Odd years only
05/31/25	District Service Bulletin e-mailing	DSB Editor		E-mail DSB to Int'l Office for distribution
05/31/25	Install new officers	Local Club		
05/31/25	All new Club Officers and Committee Chair names should be updated in Group Tally	Local Club		Make updates via Group Tally
05/31/25	Club fiscal year ends	Local Club		
05/31/25	ASTRA Alumni Info Sheet to be completed by all ASTRA members ages 18 and older	Local Club	District ASTRA Advisor	
05/31/25	ASTRA Club fiscal year ends	Local Club	ASTRA Member Altrusa Advisor	
05/31/25	ASTRA Club Annual report due	Local Club	ASTRA Member Altrusa Advisor	Due June 1

DISTRICT LEADERSHIP

Altrusans are volunteers willing to serve to make our communities better.

ALTRUSA DISTRICT THREE FOUNDATION BOARD

Chair	Joanne Brown	Monticello, FL	joannebrowndmv@gmail.com
Vice-Chair	Penny Penn	Cumming, GA	Ppenn04@yahoo.com
Treasurer	Dawn Mainville	Leesburg, FL	dawn@gofiguretax.com
Trustee	Yolander Hunter	Charlotte, NC	hunteryb@bellsouth.net
Trustee 	Traci Jones	Orlando-Winter Park	tracijones505@gmail.com
Secretary	Vicki Sellner	St. Augustine	sellott@aol.com
District Liaison	Mantha Young	Jasper, FL	mantha@macmediaservices.com

ALTRUSA INTERNATIONAL BOARD

President	Linda Smith	Salina, KS	president@altrusa.org
President-Elect	Christine DeVlieger	DeKalb-Sycamrem, IL	presidentelect@altrusa.org
Vice President	Kitty McKlhaney	Lake City, FL	vicepresident@altrusa.org
Treasurer	Bettina Schempf	Covallis, OR	treasurer@altrusa.org
Immediate Past President	Kathy Folley	Temple, TX	immediatepastpresident@altrusa.org
Director	Melinda Aguirre	Central Coast, CA	director1@altrusa.org
Director	Penny Daugherty	Mexico, MO	director2@altrusa.org
Director	Ileana Pacheco Morales	Cabo Rojo, Puerto Rico	director3@altrusa.org
Director	Linda Ring	Central Connecticut, CT	director4@altrusa.org
Foundation Representative	Karen Robinson	Tampa Bay, FL	kadcbr@gmail.com
Legal Advisor	Pat Woodard	Fauquier CO, VA	legal@altrusa.org
Parliamentarian	Colleen Duris	Ocala, FL	parliamentarian@altrusa.org
Executive Director	David Mena	Des Plaines, IL	david@altrusa.org



DISTRICT LEADERSHIP

Altrusans are volunteers willing to serve to make our communities better.

DISTRICT THREE BOARD OF DIRECTORS

Governor	Dimple Overstreet	Starke, FL	governordimple@gmail.com
Governor-Elect	Mantha Young	Lake City, FL	mantha@macmediaservices.com
Vice Governor	Nancy Shumaker	Statesboro, GA	nancyshumaker.altrusa@gmail.com
Treasurer	Scott Frieser	Charlotte, NC	Scottfrieser.altrusa@gmail.com
Director	Roberta Klusmeier	Orlando-Winter Park, FL	gators1307@aol.com
Director	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
Director	Anita Ashworth	Monticello, FL	Manda1944@gmail.com
Secretary	Amanda Seyfang	Starke, FL	aseyfang@gmail.com
Parliamentarian	Kitty McElhaney	Lake City, FL	kittyaltrusa@gmail.com

DISTRICT THREE COMMITTEE CHAIRS

ASTRA	Kitty McElhaney	kittyaltrusa@gmail.com
Bylaws, Resolutions & Recommendations (BRR)	Jane Gray	Judgejanie49@gmail.com
Club Revitalization	Gale Trotter	galetrotter@gmail.com
Communications	Josie Frieser	mjosiefrieser@gmail.com
District Service Bulletin	pending	pending
Finance Committee	Scott Frieser	scottfrieser@gmail.com
International Foundation Liaison	Martin Houston	martinbhouston@gmail.com
Leadership	LaShone Surrency	Lsurrency@elcgateway.org
Membership	Rosemary Leake	Rosemary1976@msn.com
New Club Building	Lucy Montford	luncymontford@gmail.com
Program Coordinator	Susy Meier Colleen Duris	susymeier@gmail.com cmdaltrusa@gmail.com
Service Program Development	Dee Dugger	ladydragonfly54@gmail.com
Webmaster	Susy Meier	susymeier@gmail.com

BOARD OF DIRECTORS CLUB ASSIGNMENTS

Governor	Dimple Overstreet	Orlando-Winter Park, Raleigh, Salisbury, Spartanburg
Governor-Elect	Mantha Young	Charlotte, Gaffnery, Statesboro, Waynesville
Vice Governor	Nancy Shumaker	Lake County, St. Augustine, Gainesville, Starke
Director	Scott Tice	Atlanta, Caldwell Co., Gastonia, N. Georgia
Director	Anita Ashworth	Live Oak, Lake City, Marianna
Director	Roberta Klusmeier	Citrus Co. Ocala, Tampa, Monticello



Dimple Overstreet, Governor

436 S. Water Street

Starke, FL 32091

(904) 964-6768

governordimple@gmail.com

Website Links

Altrusa International District Three, Inc.
districtthreealtrusa.org

Altrusa International, Inc.
altrusa.org

Altrusa International District Three Facebook
facebook.com/AltrusaD3

