


GOVERNOR'S GOSSIP



MARCH 2025
Volume 1, Issue 23

FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA



Everyone loves encouragement. It lifts them up when they're down and motivates them when they're feeling discouraged. To be an encourager, you need to believe the best in people, to have faith in them. In fact, faith is essential for building and maintaining all positive relationships, yet it's a scarce commodity today. The best way to show people your faith in them and motivate them is to focus your attention on their strengths. By emphasizing people's strengths, you're helping them believe that they possess what they need to succeed. Praise them for what they do well, both privately and publicly. Tell them how much you appreciate their positive qualities and their skills. Believing in people before they have proved themselves is the key to motivating people to reach their potential. 

A BIG THANK YOU for submitting an application for the Governor's Outstanding Club Award. The Governor's Outstanding Club Award recognizes the efforts of Clubs in areas not covered with Award applications. These areas include the Biennium Goals, Membership, Leadership, Altrusa Recognition, New Members, Service, and Recognition of Members. Additionally, it supports ASTRA Clubs. The information on this form will assist you in the submission of the Club Annual Report. Together we are "Serving Up Service".

I would like to thank everyone for their prayers, love, encouragement, cards, phone calls, and visits.

Much love,
Dimple



INDIVIDUAL HIGHLIGHT UPDATE

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2023-2025 BIENNIUM GOALS

🍀 LEADERSHIP

Submit a club strategic plan to the District Governor.

🍀 SERVICE

Bragging time for the club to submit at least two (2) articles to the DSB.

🍀 MEMBERSHIP

Happiness is four (4) new members during the biennium.

Leprechaun Bait



Prep: 10 minutes Cook: 5 minutes Yield: 8 servings

2 cups Rice Chex

2 cups Lucky Charms cereal

1-1/2 cups miniature pretzels

1/2 cup Lucy Charms marshmallows

1/2 cup green milk chocolate M&M's

12 ounces white chocolate chips

1/2 teaspoon green sanding sugar

1/2 teaspoon gold sanding sugar

1. In a large bowl combine cereals, pretzels, M&M's, and lucky charms marshmallows; set aside.
2. Place white chocolate chips in a microwave-safe bowl; microwave 1 minute at 50% power; stir. Microwave in 15-30 second intervals, stirring in between, until chocolate is completely melted.
3. Add melted chocolate to dry ingredients; stir to thoroughly combine. Spread mixture into an even layer onto a baking sheet lined with parchment paper. Sprinkle with green and gold sanding sugar. Let sit until white chocolate hardens, 15-20 minutes. Break up the leprechaun bait into smaller pieces before serving.

St. Patrick's Day Fun Facts

- 🍀 St. Patrick is the patron saint of Ireland. He is credited with bringing Christianity to the Irish people in the 5th century.
- 🍀 St. Patrick is often associated with a shamrock, which he supposedly used to explain the concept of the Holy Trinity (Father, Son, and Holy Spirit).
- 🍀 The actual color of St. Patrick is blue, green became associated with St. Patrick's Day during the 19th century.
- 🍀 The tradition of wearing green on St. Patrick's Day is believed to make you invisible to leprechauns.
- 🍀 The first St. Patrick's Day parade was not in Ireland but in Boston in 1737.

Madam Spoon's Challenge

Find all 4 GOLD spoons in this month's newsletter. Happy hunting 😊





Altrusa International, Inc.
72nd Annual District Three Conference
April 24 - 26, 2025

Harrah's Cherokee Casino Resort
 777 Casino Dr, Cherokee, NC 28719



Conference Registration (One Member Per Form)

Please Print

Name: _____ E-mail: _____

Address: _____ Home Club: _____

City _____ State: _____ Zip: _____ Phone: _____

Dietary Needs: ___ Vegetarian ___ Diabetic ___ Gluten free Other: _____

Conference Booklet/Materials: ___ Paper copy ___ Electronic Version (please check one)

Please check all of the following that apply to you:

- | | | |
|--|---|---|
| <input type="checkbox"/> Member | <input type="checkbox"/> Club President | <input type="checkbox"/> International Officer |
| <input type="checkbox"/> Delegate | <input type="checkbox"/> Incoming President | <input type="checkbox"/> International Rep |
| <input type="checkbox"/> Alternate | <input type="checkbox"/> Past Governor | <input type="checkbox"/> Past International President |
| <input type="checkbox"/> District Officer | <input type="checkbox"/> District Committee Chair | <input type="checkbox"/> First Timer |
| <input type="checkbox"/> District Foundation Officer | | |

Conference Fees

Please register by April 2, 2025. After that date, a \$20.00 late fee will be charged.
 Conference fees will be refunded if cancellation is received by April 2, 2025.

Full Conference Registration:

*(Includes Friday Breakfast, Friday Lunch,
 Saturday Breakfast and Saturday Governor's Banquet (Attire: Cocktail)*

Friday Only Registration: *(Includes Breakfast, Lunch)* _____ \$215.00 _____

Saturday Only Registration: *(Includes Breakfast and Governor's Banquet)* _____ \$100.00 _____

Less First Timer Discount: *(Full registration only, check First Timer's Column Above)* _____ \$150.00 _____

Late Registration Fee: *(For registrations received after April 2, 2025)* _____ (\$ 25.00) _____

Subtotal Member Registration _____

Guest Tickets for Meals:

Name: _____	Friday Breakfast	# of Guests _____	@ \$40.00 _____
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Name: _____	Friday Lunch	_____	@ \$45.00 _____
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Name: _____	Saturday Breakfast	_____	@ \$40.00 _____
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Name: _____	Sat. Governor's Banquet	_____	@ \$75.00 _____
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Subtotal Guest Registration _____

T-Shirts (Size: _____) # _____ @ \$15.00 _____

Grand Total Registration _____

Make Checks to: Altrusa District Three Conference 2025

Conference Hotel: Harrah's Cherokee Casino Resort

Mail to: Altrusa District Three Treasurer
 c/o Scott Frieser
 13212 Providence Green Ct
 Charlotte, NC 28277
 ScottFrieser.altrusa@gmail.com

777 Casino Drive
 Cherokee, NC 28719
 \$189 + \$15 Resort Fee + taxes until April 2, 2024 (or block of rooms is filled)
 To make hotel reservations, hold down your "CTRL" key and click link below:

[Book your group rate for Altrusa](#)

Or Call: 1-828-497-7777

Ask for hotel code ALTR, Altrusa International District Three 2025 Group

District Three Website: [District Three Conference Information](#)

Questions? Christy Bryant christybryant@windstream.net or Julie Keiper julie@techstrategics.com

GET READY, GETS SET, GO!!

The third biannual District Three Foundation Dessert Dash is THE HAPPENING at Harrah's Cherokee Casino Resort. It is not only a fund raiser but a fun raiser. See which table is the most competitive and speediest to win their choice of delicious desserts. There will be cakes, cheesecakes, and a delicious fruit plate among the selections. Tables will bid to see who can raise the most money to be crowned the champion and be the first to run for their favorite dessert. After a slight pause the second highest table will then get to go and so on until all have had a chance to visit the dessert table.

Get together with club members, Altrusa friends, and guest at your table to plan your strategy and go for it. May the best (and highest bidder) win.

See you Friday at the District Three Foundation Luncheon.

Joanne Brown

Altrusa District Three Foundation Chair





Mountainprojects.org

2025 District Conference Service Project

We are off to a good start but still have a long way to go. Individual as well as club donations are welcome. Please order by April 12 to ensure delivery to Mary before our conference.

This year we are partnering with Mountain Projects, located in Western North Carolina. We will be hosting a 'Kitchen Shower'. Items collected at the conference will be donated to families severely impacted by the floods in September. Many families lost homes and will be relocating to a new home space. Hopefully, they will be in new homes by the time of our conference in April. We hope to fill 100 bags. Thank you to Harrah's for donating the tote bags.

I have created an Amazon wish list of some basic kitchen items. Mary Millar, of the Waynesville Club has graciously agreed to accept all the items. She and Lisa Ferguson will transport everything to Harrah's.

<https://tinyurl.com/D3serviceproject2025>

In addition, I have created an account with Dollar Tree. Amazon did not have baking pans and spatulas in bulk. Dollar Tree does not have a wish list but you can buy a case of an item and have it shipped. Please use this account as Mary's address has been preloaded. Please do not make any changes to the account info. Do not save your credit card info.

Dollartree.com

Username altrusaofgainesville@gmail.com

Password !Conference2025

If you purchase from Dollar Tree, please let me know so I can track purchases. Suggested items from Dollar Tree. Please do not purchase other items. They might be useful items but remember these families will probably have limited space. Be sure to check the item count on the case. Most items will be 24 count, except as noted.

- Cooking Concepts Steel Cookie Pans 9 x 13
- Cooking Concepts Tin Biscuit & Brownie Pan 11 x 7
- Cooking Concepts Nylon Turner/Spatula, 14 in.
- McCormick Silicone Spatulas, 9.625x2.375x0.375 in.
- Cooking Concepts Nylon Slotted Turner Spatulas, 14.4-in.
- Cooking Concepts White Plastic Mixing Spoons, 4-ct. Packs (case of 18)

In addition to the above items, each attending member is encouraged to bring a regional/local cookbook that will be added to the tote bag.

If shopping isn't your thing, you can make a cash donation that can be used toward to buy items not purchased. Checks can be made payable to Altrusa District Three, in the memo line indicate service project and send to:

Altrusa District Three Treasurer
c/o Scott Frieser
13212 Providence Green Ct
Charlotte, NC 28277

Please contact me if you have any questions. Ladydragonfly54@gmail.com or by phone 352 281-8357

Sincerely Dee Dugger Service Program Coordinator

REMINDERS/NEWS

**2025 District Three Conference
April 24-26, 2025
Harrah's Cherokee Casino Resort, Cherokee North Carolina**



**2025 International Convention
July 23-26, 2025
Quebec City, Quebec Canada
*Don't forget to get your passport ready***



**Do You Have a Concern,
Caring Thought, Request,
Congrats, or Suggestions?**

**Send To:
Dimple Overstreet
governordimple@gmail.com**

**DSB Articles
Send To Both:**

**Dimple Overstreet
governordimple@gmail.com**

Please send in WORD format

UPDATE GROUP TALLY

REMEMEBER to please update all of your membership changes and additions in Group Tally.



MAIL DISTRICT DUES TO:

Pay District Dues via Group Tally instead of sending them to Treasurer Scott Frieser.



PAY INTERNATIONAL DUES:

Preferably on Group Tally
Altrusa International, Inc.
1400 E. Touhy Avenue
Suite 410
Des Plaines, IL 60018



MAR. 2025	TOPIC	WHO	RESPONSIBLE	NOTES
03/01/25	Governor's Newsletter	23-25 Governor	Governor	
03/01/25	Send names of all members deceased during last year to District Secretary	Local Club	District Secretary	For remembrance at Conference
03/01/25	Invite candidates to audit pre-conference board meeting	Governor		
03/01/25	Elect club officers for next club year	Local Club		
03/01/25	ASTRA Service Award due	Local Club	ASTRA Member; Altrusa Advisor	Due March 1 or by date set by Governor
03/08/25	International Woman's Day	Local Club		
03/25 TBA	International Board of Directors Meeting	Int. Board of Directors		
03/15/25	ASTRA High School and College Scholarship applications due	Local Club	ASTRA Member Altrusa Advisor	Due March 15 to International Office
03/15/25	ASTRA Club Annual report available	Local Club	ASTRA Member Altrusa Advisor	Due June 1
03/15/25	Order ASTRA graduation cords and Letters	Local Club	District ASTRA Chair	From International
03/15/25	Conference Delegate and Alternate names due to District Secretary	Local Club	Dist. Sect.	Dates vary
03/15/25	Notify Governor of any club with unpaid Conference due or fees	Dist. Treasurer		Must be paid by March 31 or Delegate will not be recognized at Conf.
03/15/25	Grant applications due for International Foundation	Local Club		Due March 15
03/15/25	Off-site awards judging completed, and names of winners sent to District Awards Coordinator	District	District Awards Coordinator	
03/20/25	Financial data of Audit Committee	Financial Comm. Chair	Audit Committee	If District closes books Feb 28
03/31/25	List of Delegates and Alternates, District Officers and Past Governors to Credentials Chair	Credentials Chair	District Secretary	Due 15 days before Conference
03/31/25	Certified list of candidates for District Board to Elections Chair	Elections Chair	District Secretary	Due 15 days before Conference
03/31/25	Annual District Board and Committee Chair reports due	Dist. Board and Comm Chair	Governor	
03/31/25	Update names of new officers in Group Tally	Local Club	Copy to Dist. Secretary	
03/31/25	ASTRA Alumni info sheet to be completed by all ASTRA members ages 18 and older	Local Club	District ASTRA Advisors	Due May 31
APR. 2025	TOPIC	WHO	RESPONSIBLE	NOTES
04/01/25	Governor's Newsletter	23-25 Governor	Governor	
04/01/25 04/30/25	Add an Altrusans Month	Local Board		
04/01/25	Report proposed Bylaw amendments to International BRR chair 90 days before Convention	District Board	Governor	
04/01/25	New members pay full dues which covers them from April 1, 2025 through May 31, 2026	Local Club	District Treasurer	District & Int'l dues
04/01/25	Elect Delegates and Alternates to International Convention and send names to Int'l Executive Director	Local Club		
04/01/25	Incoming President appoints Committee Chairs	Local Club		
04/01/25	Consider sending donation to support the International Foundation's Endowment Fund	Local Club		
04/01/25	Finalize proposed budget for upcoming club year	Local Club		
04/01/25	Book hotel accommodations and register for the International Convention	All		

04/07/25	World Health Day	Local Club		
04/10/25	Audit Committee report Due to Governor	Finance Committee Chair	Audit Committee	
04/11/25	Altrusa's Anniversary and Altrusa Awareness Day	All		Began April 11, 1917
04/15/25	International sends dues statements to Club Treasurers	Int'l Office	Club Treasurer	
04/25 TBA	Pre-Conference District Board Meeting	District Board	Governor	
04/25 TBA	Pre-Conference District Foundation Board Meeting	District Foundation Board	Foundation Chair	
04/25 TBA	Conference Opening Session & Flag Ceremony	Conference Committee	Governor	
04/25 TBA	Opening Breakfast, First Business Meeting, Foundation Luncheon, Workshops, Elections and Fun Night	Conference Committee	Governor	
04/25 TBA	List of qualified voters certified by Credentials Chair to Elections Chair two hours prior to the start of polling	Credentials Chair	District Secretary	
04/25 TBA	Election for District Board of Directors	Elections Comm		
04/25 TBA	Awards Breakfast, Second Business Session, Service Projects, Workshops, Reception and Banquet	Conference Committee	Governor	
04/25 TBA	Installation of New Board of Directors	Conference Committee	Governor	
04/25 TBA	Post-Conference District Board Meeting	District Board	Governor	
04/25 TBA	Post-Conference District Foundation Board Meeting	District Foundation Board	Foundation Chair	



DISTRICT LEADERSHIP

Altrusans are volunteers willing to serve to make our communities better.

ALTRUSA DISTRICT THREE FOUNDATION BOARD

Chair	Joanne Brown	Monticello, FL	joannebrowndmv@gmail.com
Vice-Chair	Penny Penn	Cumming, GA	Ppenn04@yahoo.com
Treasurer	Dawn Mainville	Leesburg, FL	dawn@gofiguretax.com
Trustee	Yolander Hunter	Charlotte, NC	hunteryb@bellsouth.net
Trustee 	Traci Jones	Orlando-Winter Park	tracijones505@gmail.com
Secretary	Vicki Sellner	St. Augustine	sellott@aol.com
District Liaison	Mantha Young	Jasper, FL	mantha@macmediaservices.com

ALTRUSA INTERNATIONAL BOARD

President	Linda Smith	Salina, KS	president@altrusa.org
President-Elect	Christine DeVlieger	DeKalb-Sycamrem, IL	presidentelect@altrusa.org
Vice President	Kitty McKlhaney	Lake City, FL	vicepresident@altrusa.org
Treasurer	Bettina Schempf	Covallis, OR	treasurer@altrusa.org
Immediate Past President	Kathy Folley	Temple, TX	immediatepastpresident@altrusa.org
Director	Melinda Aguirre	Central Coast, CA	director1@altrusa.org
Director	Penny Daugherty	Mexico, MO	director2@altrusa.org
Director	Ileana Pacheco Morales	Cabo Rojo, Puerto Rico	director3@altrusa.org
Director	Linda Ring	Central Connecticut, CT	director4@altrusa.org
Foundation Representative	Karen Robinson	Tampa Bay, FL	kadcbr@gmail.com
Legal Advisor	Pat Woodard	Fauquier CO, VA	legal@altrusa.org
Parliamentarian	Colleen Duris	Ocala, FL	parliamentarian@altrusa.org
Executive Director	David Mena	Des Plaines, IL	david@altrusa.org



DISTRICT LEADERSHIP

Altrusans are volunteers willing to serve to make our communities better.

DISTRICT THREE BOARD OF DIRECTORS

Governor	Dimple Overstreet	Starke, FL	governordimple@gmail.com
Governor-Elect	Mantha Young	Lake City, FL	mantha@macmediaservices.com
Vice Governor	Nancy Shumaker	Statesboro, GA	nancyshumaker.altrusa@gmail.com
Treasurer	Scott Frieser	Charlotte, NC	Scottfrieser.altrusa@gmail.com
Director	Roberta Klusmeier	Orlando-Winter Park, FL	gators1307@aol.com
Director	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
Director	Anita Ashworth	Monticello, FL	Manda1944@gmail.com
Secretary	Amanda Seyfang	Starke, FL	aseyfang@gmail.com
Parliamentarian	Kitty McElhaney	Lake City, FL	kittyaltrusa@gmail.com

DISTRICT THREE COMMITTEE CHAIRS

ASTRA	Kitty McElhaney	kittyaltrusa@gmail.com
Bylaws, Resolutions & Recommendations (BRR)	Jane Gray	Judgejanie49@gmail.com
Club Revitalization	Gale Trotter	galetrotter@gmail.com
Communications	Josie Frieser	mjosiefrieser@gmail.com
District Service Bulletin	pending	pending
Finance Committee	Scott Frieser	scottfrieser@gmail.com
International Foundation Liaison	Martin Houston	martinbhouston@gmail.com
Leadership	LaShone Surrency	Lsurrency@elcgateway.org
Membership	Rosemary Leake	Rosemary1976@msn.com
New Club Building	Lucy Montford	luncymontford@gmail.com
Program Coordinator	Susy Meier Colleen Duris	susymeier@gmail.com cmdaltrusa@gmail.com
Service Program Development	Dee Dugger	ladydragonfly54@gmail.com
Webmaster	Susy Meier	susymeier@gmail.com

BOARD OF DIRECTORS CLUB ASSIGNMENTS

Governor	Dimple Overstreet	Orlando-Winter Park, Raleigh, Salisbury, Spartanburg
Governor-Elect	Mantha Young	Charlotte, Gaffnery, Statesboro, Waynesville
Vice Governor	Nancy Shumaker	Lake County, St. Augustine, Gainesville, Starke
Director	Scott Tice	Atlanta, Caldwell Co., Gastonia, N. Georgia
Director	Anita Ashworth	Live Oak, Lake City, Marianna
Director	Roberta Klusmeier	Citrus Co. Ocala, Tampa, Monticello



Dimple Overstreet, Governor

436 S. Water Street

Starke, FL 32091

(904) 964-6768

governordimple@gmail.com

Website Links

Altrusa International District Three, Inc.
districtthreealtrusa.org

Altrusa International, Inc.
altrusa.org

Altrusa International District Three Facebook
facebook.com/AltrusaD3



Leprechaun



A leprechaun is small and green,
he hides where he cannot be seen.

But if you catch one on this day,
he must give his gold away!

