

GOVERNOR'S GOSSIP



FEBRUARY 2025
Volume 1, Issue 22

FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA



Happy Valentines Day

One event we celebrate in February is Valentines Day. February has been know for centuries as a month of Love and Laughter. Lets add kindness by celebrating affection, friendship, and admiration for others. Altrusa International President Linda Smith is asking each Altrusan to commit one International Act of Kindness each week of the biennium. One of the easiest ways to show kindness is by being present, both physically and mentally. Put your phone down and give people your full attention when your are with them. Make eye contact and share the gift of a smile. An Act of Kindness is just as rewarding for the provider as it is for the recipient.

To every club that submitted award applications by Janaury 31st, thank you! Altrusan's continue to make a positive difference day everyday in the lives of others. If you were unable to submit an award, now is the time to plan for the next year. The Governor's Outstanding Club Award is due February 28th. Clubs will be electing their Confernece Delegates and Altenrates; Nominating Committees will be presenting their new slate of ofccer candidates; and Club Treasurers will be submitting Confernece and Deleagatge fees due on the February 15th to our District Treasurer Scott Frieser.

Believing in people before they have proved themselves is the key to motivating people to reach their potential.

Serving Up Service,
Dimple



INDIVIDUAL HIGHLIGHT UPDATE

- Governors Letter ----- Page 1
- Biennium Goals ----- Page 2
- Conf. Reg. Form ----- Page 3
- Conference Letter -----Page 4
- Reminders/News ----- Page 5
- Feb-Apr Calendar ----- Page 6-7
- District Leadership ----- Page 8-9
- Gov. Info. ----- Page 10



2023-2025 BIENNIUM GOALS

♥ LEADERSHIP

Submit a club strategic plan to the District Governor.

♥ SERVICE

Bragging time for the club to submit at least two (2) articles to the DSB.

♥ MEMBERSHIP

Happiness is four (4) new members during the biennium.

Southern Cheddar Pecan Wafers From Dolores Hall, member of Raleigh NC Club

Prep: 10 minutes Chill: 1 hour Cook: 10-12 minutes Yield: 48

1 stick (4 ounces) butter, softened

2 cups of shredded sharp cheddar cheese (approx. 8 ounces)

1 cup flour

¼ teaspoon salt

1/8 teaspoon cayenne

48 pecan halves (approx. 8 ounces)

1. Preheat oven to 425 degrees. In a medium bowl or food processor, blend butter and cheese until well mixed. Mix in flour, salt, and cayenne until well blended.
2. Divide the dough into 3 equal portions; form each piece into a cylinder 1 inch in diameter. Wrap tightly in plastic wrap, twisting ends to seal. Refrigerate or freeze until firm, about 1-hour.
3. Remove plastic wrap and with a large sharp knife, cut the dough into slices 1/8 inch thick. Arrange in a single layer on an ungreased baking sheet and top each with a pecan half, pressing down gently. Bake until the wafers are firm and just lightly browned at the edges, 10-12 minutes.

ALTRUSA PRINCIPLES OF CONDUCT

MY COUNTY and MY FELLOW-MEN;

Our country is as great as we, its citizens, make it. Therefore, I pledge my loyalty to its ideals and to its endeavors for the welfare of mankind.

I shall strive to practice true patriotism and to fulfil my civil obligations in my own community by interested participation in its activities.

Source: Altrusa Traditions



Madam Spoon's Challenge

Find all 4 GOLD spoons in this month's newsletter. Happy hunting 😊





Altrusa International, Inc. 72nd Annual District Three Conference April 24 - 26, 2025

Harrah's Cherokee Casino Resort
777 Casino Dr, Cherokee, NC 28719



Conference Registration (One Member Per Form)

Please Print

Name: _____ E-mail: _____

Address: _____ Home Club: _____

City _____ State: _____ Zip: _____ Phone: _____

Dietary Needs: Vegetarian Diabetic Gluten free Other: _____

Conference Booklet/Materials: Paper copy Electronic Version (please check one)

Please check all of the following that apply to you:

- | | | |
|--|---|---|
| <input type="checkbox"/> Member | <input type="checkbox"/> Club President | <input type="checkbox"/> International Officer |
| <input type="checkbox"/> Delegate | <input type="checkbox"/> Incoming President | <input type="checkbox"/> International Rep |
| <input type="checkbox"/> Alternate | <input type="checkbox"/> Past Governor | <input type="checkbox"/> Past International President |
| <input type="checkbox"/> District Officer | <input type="checkbox"/> District Committee Chair | <input type="checkbox"/> First Timer |
| <input type="checkbox"/> District Foundation Officer | | |

Conference Fees

Please register by April 2, 2025. After that date, a \$20.00 late fee will be charged.
Conference fees will be refunded if cancellation is received by April 2, 2025.

Full Conference Registration:

*(Includes Friday Breakfast, Friday Lunch,
Saturday Breakfast and Saturday Governor's Banquet (Attire: Cocktail)*

_____	_____	\$215.00	_____
Friday Only Registration: <i>(Includes Breakfast, Lunch)</i>	_____	\$100.00	_____
Saturday Only Registration: <i>(Includes Breakfast and Governor's Banquet)</i>	_____	\$150.00	_____
Less First Timer Discount: <i>(Full registration only, check First Timer's Column Above)</i>	_____	(\$ 25.00)	_____
Late Registration Fee: <i>(For registrations received after April 2, 2025)</i>	_____	\$ 20.00	_____
	<u>Subtotal Member Registration</u>		_____

Guest Tickets for Meals:

	# of Guests		
Name: _____ Friday Breakfast	_____	@\$40.00	_____
Name: _____ Friday Lunch	_____	@\$45.00	_____
Name: _____ Saturday Breakfast	_____	@\$40.00	_____
Name: _____ Sat. Governor's Banquet	_____	@\$75.00	_____
	<u>Subtotal Guest Registration</u>		_____

T-Shirts (Size: _____)	# _____	@\$15.00	_____
	<u>Grand Total Registration</u>		_____

Make Checks to: Altrusa District Three Conference 2025

Conference Hotel: Harrah's Cherokee Casino Resort

Mail to: Altrusa District Three Treasurer
c/o Scott Frieser
13212 Providence Green Ct
Charlotte, NC 28277
ScottFrieser.altrusa@gmail.com

777 Casino Drive
Cherokee, NC 28719
\$189 + \$15 Resort Fee + taxes until April 2, 2024 (or block of rooms is filled)
To make hotel reservations, hold down your "CTRL" key and click link below:

[Book your group rate for Altrusa](#)

Or Call: 1-828-497-7777



Ask for hotel code ALTR, Altrusa International District Three 2025 Group

District Three Website: [District Three Conference Information](#)

Questions? Christy Bryant christybryant@windstream.net or Julie Keiper julie@techstrategics.com

LETTER ABOUT CONFERENCE EXPERIENCE



Grow, Connect, and Inspire at the District Three Conference

By Emily Pazel, District Three Virtual Club President

Attending the District Three Conference is a wonderful opportunity to immerse yourself in the heart of what makes Altrusa so impactful. This annual event goes beyond simply meeting incredible members from across the district—it's about forging connections, sharing ideas, and experiencing firsthand how each of us contributes to the greater mission of Altrusa.

Through engaging workshops, inspiring speakers, and meaningful conversations, you'll gain a deeper understanding of how our organization operates and the ways we create positive change. The conference offers a chance to see how all the pieces of Altrusa fit together, forming a united and powerful force for good in our communities and beyond.

Whether it's your first conference or your fifteenth, you'll leave with new friendships, fresh perspectives, and a renewed sense of purpose. The energy, passion, and camaraderie of being surrounded by like-minded individuals is truly unmatched.

Don't miss this chance to grow as an Altrusan, expand your network, and be part of this transformative experience.

REMINDERS/NEWS

2025 District Three Conference
April 24-26, 2025
Harrah's Cherokee Casino Resort, Cherokee North Carolina



2025 International Convention
July 23-26, 2025
Quebec City, Quebec Canada
Don't forget to get your passport ready



**Do You Have a Concern,
Caring Thought, Request,
Congrats, or Suggestions?**

Send To:
Dimple Overstreet
[**governordimple@gmail.com**](mailto:governordimple@gmail.com)

DSB Articles
Send To Both:

Dimple Overstreet
[**governordimple@gmail.com**](mailto:governordimple@gmail.com)

Pat Janke
[**pmjanke@charter.net**](mailto:pmjanke@charter.net)

Please send in WORD format

UPDATE GROUP TALLY

REMEMEBER to please update all of your membership changes and additions in Group Tally.

MAIL DISTRICT DUES TO:

Pay District Dues via Group Tally instead of sending them to Treasurer Scott Frieser.

PAY INTERNATIONAL DUES:

Preferably on Group Tally
Altrusa International, Inc.
1400 E. Touhy Avenue
Suite 410
Des Plaines, IL 60018



FEB. 2025	TOPIC	WHO	RESPONSIBLE	NOTES
02/01/25	Governor's newsletter	23-25 Governor	Governor	
02/01/25	ASTRA Service Award	Local Club	ASTRA Member Altrusa Advisor	Due March 1
02/01/25	Request for Conference Delegate/Alternate names sent to Club President	Local Club	District Treasurer	
02/01/25	Advise Treasurer candidates to bring bank resolutions and signature cards to post Conference Board meeting	Governor		
02/01/25	Conference fee invoice sent to Club Treasurer	Local Club	District Treasurer	Make sure letter tells number of members, number of delegates, total fee, and that fee must be paid even if no Delegates sent.
02/15/25	Club Nominating Committee presents a slate of candidates to membership	Local Club		
02/15/25	Conference Delegate fee due to District Treasurer	Local Club	District Treasurer	Due Feb. 28 - only if applicable in your District.
02/15/25	Elect Delegates and Alternates for District Conference	Local Club		Number of Conference Delegates and Alternates determined by number of active members recorded as of 1/31; 1 per 15 of portion thereof
02/15/25	Notify Club Treasurer and Club President, by email if possible, of any unpaid Conference fees	Local Club	District Treasurer	Copy to Governor
02/20/25	World Day of Social Justice	Local Club		
02/28/25	Close books for District	District Treasurer		Only if applicable in your District
MAR. 2025	TOPIC	WHO	RESPONSIBLE	NOTES
03/01/25	Governor's Newsletter	23-25 Governor	Governor	
03/01/25	Send names of all members deceased during last year to District Secretary	Local Club	District Secretary	For remembrance at Conference
03/01/25	Invite candidates to audit pre-conference board meeting	Governor		
03/01/25	Elect club officers for next club year	Local Club		
03/01/25	ASTRA Service Award due	Local Club	ASTRA Member; Altrusa Advisor	Due March 1 or by date set by Governor
03/08/25	International Woman's Day	Local Club		
03/25 TBA	International Board of Directors Meeting	Int. Board of Directors		
03/15/25	ASTRA High School and College Scholarship applications due	Local Club	ASTRA Member Altrusa Advisor	Due March 15 to International Office
03/15/25	ASTRA Club Annual report available	Local Club	ASTRA Member Altrusa Advisor	Due June 1
03/15/25	Order ASTRA graduation cords and Letters	Local Club	District ASTRA Chair	From International
03/15/25	Conference Delegate and Alternate names due to District Secretary	Local Club	Dist. Sect.	Dates vary
03/15/25	Notify Governor of any club with unpaid Conference dues or fees	Dist. Treasurer		Must be paid by March 31 or Delegate will not be recognized at Conf.
03/15/25	Grant applications due for International Foundation	Local Club		Due March 15
03/15/25	Off-site awards judging completed, and names of winners sent to District Awards Coordinator	District	District Awards Coordinator	

03/20/25	Financial data of Audit Committee	Financial Comm. Chair	Audit Committee	If District closes books Feb 28
03/31/25	List of Delegates and Alternates, District Officers and Past Governors to Credentials Chair	Credentials Chair	District Secretary	Due 15 days before Conference
03/31/25	Certified list of candidates for District Board to Elections Chair	Elections Chair	District Secretary	Due 15 days before Conference
03/31/25	Annual District Board and Committee Chair reports due	Dist. Board and Comm Chair	Governor	
03/31/25	Update names of new officers in Group Tally	Local Club	Copy to Dist. Secretary	
03/31/25	ASTRA Alumni info sheet to be completed by all ASTRA members ages 18 and older	Local Club	District ASTRA Advisors	Due May 31
APR. 2025	TOPIC	WHO	RESPONSIBLE	NOTES
04/01/25	Governor's Newsletter	23-25 Governor	Governor	
04/01/25 04/30/25	Add an Altrusans month	Local Club		Implement recruitment activities
04/01/25	Report proposed Bylaw amendments to International BRR chair 90 days before Convention	District Board	Governor	
04/01/25	New members pay full dues which covers them from April 1, 2025 through May 31, 2026	Local Club	District Treasurer	District & Int'l dues
04/01/25	Elect Delegates and Alternates to International Convention and send names to Int'l Executive Director	Local Club		
04/01/25	Incoming President appoints Committee Chairs	Local Club		
04/01/25	Consider sending donation to support the International Foundation's Endowment Fund	Local Club		
04/01/25	Finalize proposed budget for upcoming club year.	Local Club	Club Treasurer	
04/01/25	Book hotel accommodations and register for the International Convention	All		
04/07/25	World Health Day	Local Club		
04/10/25	Audit Committee report Due to Governor	Finance Committee Chair	Audit Committee	
04/11/25	Altrusa's Anniversary and Altrusa Awareness Day	All		Began April 11, 1917
04/15/25	International sends dues statements to Club Treasurers	Int'l Office	Club Treasurer	
04/25 TBA	Pre-Conference District Board Meeting	District Board	Governor	
04/25 TBA	Pre-Conference District Foundation Board Meeting	District Foundation Board	Foundation Chair	
04/25 TBA	Conference Opening Session & Flag Ceremony	Conference Committee	Governor	
04/25 TBA	Opening Breakfast, First Business Meeting, Foundation Luncheon, Workshops, Elections and Fun Night	Conference Committee	Governor	
04/25 TBA	List of qualified voters certified by Credentials Chair to Elections Chair two hours prior to the start of polling	Credentials Chair	District Secretary	
04/25 TBA	Election for District Board of Directors	Elections Comm		
04/25 TBA	Awards Breakfast, Second Business Session, Service Projects, Workshops, Reception and Banquet	Conference Committee	Governor	
04/25 TBA	Installation of New Board of Directors	Conference Committee	Governor	
04/25 TBA	Post-Conference District Board Meeting	District Board	Governor	
04/25 TBA	Post-Conference District Foundation Board Meeting	District Foundation Board	Foundation Chair	

DISTRICT LEADERSHIP

Altrusans are volunteers willing to serve to make our communities better.

ALTRUSA DISTRICT THREE FOUNDATION BOARD

Chair	Joanne Brown	Monticello, FL	joannebrowndmv@gmail.com
Vice-Chair	Penny Penn	Cumming, GA	Ppenn04@yahoo.com
Treasurer	Dawn Mainville	Leesburg, FL	dawn@gofiguretax.com
Trustee	Yolander Hunter	Charlotte, NC	hunteryb@bellsouth.net
Trustee 	Traci Jones	Orlando-Winter Park	tracijones505@gmail.com
Secretary	Vicki Sellner	St. Augustine	sellott@aol.com
District Liaison	Mantha Young	Jasper, FL	mantha@macmediaservices.com

ALTRUSA INTERNATIONAL BOARD

President	Linda Smith	Salina, KS	president@altrusa.org
President-Elect	Christine DeVlieger	DeKalb-Sycamrem, IL	presidentelect@altrusa.org
Vice President	Kitty McKlhaney	Lake City, FL	vicepresident@altrusa.org
Treasurer	Bettina Schempf	Covallis, OR	treasurer@altrusa.org
Immediate Past President	Kathy Folley	Temple, TX	immediatepastpresident@altrusa.org
Director	Melinda Aguirre	Central Coast, CA	director1@altrusa.org
Director	Penny Daugherty	Mexico, MO	director2@altrusa.org
Director	Ileana Pacheco Morales	Cabo Rojo, Puerto Rico	director3@altrusa.org
Director	Linda Ring	Central Connecticut, CT	director4@altrusa.org
Foundation Representative	Karen Robinson	Tampa Bay, FL	kadcbr@gmail.com
Legal Advisor	Pat Woodard	Fauquier CO, VA	legal@altrusa.org
Parliamentarian	Colleen Duris	Ocala, FL	parliamentarian@altrusa.org
Executive Director	David Mena	Des Plaines, IL	david@altrusa.org



DISTRICT LEADERSHIP

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DISTRICT THREE BOARD OF DIRECTORS

Governor	Dimple Overstreet	Starke, FL	governordimple@gmail.com
Governor-Elect	Mantha Young	Lake City, FL	mantha@macmediaservices.com
Vice Governor	Nancy Shumaker	Statesboro, GA	nancyshumaker.altrusa@gmail.com
Treasurer	Scott Frieser	Charlotte, NC	Scottfrieser.altrusa@gmail.com
Director	Roberta Klusmeier	Orlando-Winter Park, FL	gators1307@aol.com
Director	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
Director	Anita Ashworth	Monticello, FL	Manda1944@gmail.com
Secretary	Amanda Seyfang	Starke, FL	aseyfang@gmail.com
Parliamentarian	Kitty McElhaney	Lake City, FL	kittyaltrusa@gmail.com

DISTRICT THREE COMMITTEE CHAIRS

ASTRA	Kitty McElhaney	kittyaltrusa@gmail.com
Bylaws, Resolutions & Recommendations (BRR)	Jane Gray	Judgejanie49@gmail.com
Club Revitalization	Gale Trotter	galetrotter@gmail.com
Communications	Josie Frieser	mjosiefrieser@gmail.com
District Service Bulletin	Pat Janke	pmjanke@charter.net
Finance Committee	Scott Frieser	scottfrieser@gmail.com
International Foundation Liaison	Martin Houston	martinbhouston@gmail.com
Leadership	LaShone Surrency	lsurrency@elcgateway.org
Membership	Rosemary Leake	Rosemary1976@msn.com
New Club Building	Lucy Montford	luncymontford@gmail.com
Program Coordinator	Susy Meier Colleen Duris	susymeier@gmail.com cmdaltrusa@gmail.com
Service Program Development	Dee Dugger	ladydragonfly54@gmail.com
Webmaster	Susy Meier	susymeier@gmail.com

BOARD OF DIRECTORS CLUB ASSIGNMENTS

Governor	Dimple Overstreet	Orlando-Winter Park, Raleigh, Salisbury, Spartanburg
Governor-Elect	Mantha Young	Charlotte, Gaffnery, Statesboro, Waynesville
Vice Governor	Nancy Shumaker	Lake County, St. Augustine, Gainesville, Starke
Director	Scott Tice	Atlanta, Caldwell Co., Gastonia, N. Georgia
Director	Anita Ashworth	Live Oak, Lake City, Marianna
Director	Roberta Klusmeier	Citrus Co. Ocala, Tampa, Monticello



Dimple Overstreet, Governor

436 S. Water Street

Starke, FL 32091

(904) 964-6768

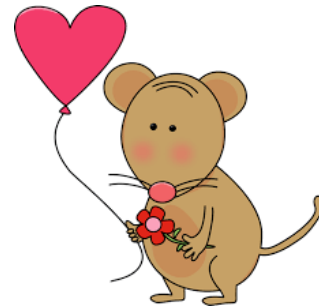
governordimple@gmail.com

Website Links


Altrusa International District Three, Inc.
districtthreealtrusa.org

Altrusa International, Inc.
altrusa.org

Altrusa International District Three Facebook
facebook.com/AltrusaD3



Did you Know How “X” Came to Mean “Kiss”?

“The idea of using a kiss to sign off on valentines also has a long history, according to the *Washington Post*. The use of “X” came  to represent Christianity, or the cross, in the Middle Ages. During the same time, the symbol was used to sign off on documents. After marking with an X, the writer would often kiss the mark as a sign of their oath. As the gesture grew among kings and commoners to certify books, letters and paperwork, these records were described as having been “sealed with a kiss.””

Source: History.com/topics/valentines-day/valentines-day-facts