

GOVERNOR'S GOSSIP



AUGUST 2024
Volume 1, Issue 16

FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA



Everybody Needs Somebody

Contrary to popular belief, there are no such things as self-made men and women. Everybody needs friendship, encouragement, and help. What people can accomplish by themselves is almost nothing compared to their potential when working with others. And doing things with other people tends to bring contentment. Besides, lone rangers are rarely happy people. King Solomon of Israel stated the value of working in this way “two are better than one, because they have a good return for their work. If one falls down, his friend can help him up. But pity the man who falls and has no one to help him up! Also, if two lie down together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.”

When you help one person, you're really impacting a lot of other people. What you give to one person overflows into the lives of all the people that person impacts. The nature of influence is to multiply. It even impacts you because when you help others and your motives are good, you always receive more than you can ever give. Most people are so genuinely grateful when another person makes them feel special that they never tire of showing their gratitude.

No matter one's circumstances, each of us has the ability to impact someone's life in a positive manner. Each act of kindness has a ripple effect that makes the world a better place.

With Altrusa Love,
Dimple



INDIVIDUAL HIGHLIGHT UPDATE

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2023-2025 BIENNIUM GOALS

- **LEADERSHIP**

Submit a club strategic plan to the District Governor.

- **SERVICE**

Bragging time for the club to submit at least two (2) articles to the DSB.



- **MEMBERSHIP**

Happiness is four (4) new members during the biennium.

This letter is from an Altrusan, who after seeing International President Linda Smith's – Theme - Altrusans R.O.C.K.- Realize Opportunity, Create Kindness, wanted to share how one little quarter can make an Act of Kindness with three people.



“A lady goes to the food store, needs a quarter to get her food cart and finds she has no quarter. She counts her change with plans to ask the cashier to exchange her change for a quarter. As she is waiting, she sees a lady ready to go out the door. She goes over to the lady and asked if she would take the change for the cart. The lady with the cart says no but that she could have the cart and keep the change. Out the door they go. The lady with the cart says that she can't remember where she parked the car. So, they go to the right looking for the car. Oh, by the way it was 94 degrees outside. They look with no luck, so they go the other way. The car was found on the other side of the parking lot. Food was loaded in the car for the lady and the other lady went on to do the shopping. Leaving the store, another lady needed a cart, so that cart went to that lady. With all that being said, Realize an Opportunity and Create Kindness. Three ladies and three Acts of Kindness.”

Altrusan Member

CALL FOR NOMINATIONS

NOMINATIONS

The Nominating Committee is actively seeking nominations for 2025-2027 District Three Office. Deadline for nominations is 8/15. We need your help! Now is the time to submit nominations for qualified candidates who have a willingness to serve on the District Three Board. The Call for Nominations was emailed on 6/26 to the District Three Board, Committee Chairs, Club Presidents and Past Governors. The email explained the nomination process and the nomination form was attached. Can't find the nomination form? No problem - reach out to the Committee at altrusad3nomcommittee@gmail.com and we'll be happy to send one to you.

It is truly an honor to serve on the Board and we look forward to getting those nominations for what we know are amazing candidates!

The District Three Nominating Committee

Lida Coffman, Raleigh, North Carolina, Chair
Frances Ferguson, Ocala, Florida
Sara Freeborn, Gainesville, Florida
Emily Pazel, Virtual Club
Glenda Williams, Live Oak, Florida

Madam Spoon's Challenge

Find all 5 GOLD spoons in this month's newsletter. Happy hunting 😊

REMINDERS AND NEWS

2025 District Three Conference
April 24-26, 2025
Harrah's Cherokee Casino Resort, Cherokee North Carolina



2025 International Convention
July 23-26, 2025
Quebec City, Quebec Canada
Don't forget to get your passport ready



Do You Have a Concern, Caring Thought, Request, Congrats, or Suggestions?

Send To:
Dimple Overstreet
[**governordimple@gmail.com**](mailto:governordimple@gmail.com)

DSB Articles
Send To Both:

Dimple Overstreet
[**governordimple@gmail.com**](mailto:governordimple@gmail.com)

Pat Janke
[**pmjanke@charter.net**](mailto:pmjanke@charter.net)

Please send in WORD format

UPDATE GROUP TALLY

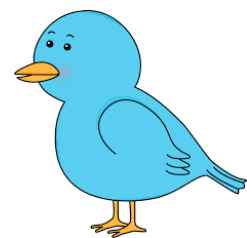
REMEMEBER to please update all of your membership changes and additions in Group Tally.

MAIL DISTRICT DUES TO:

Scott Frieser, District Three Treasurer at:
13212 Providence Green Ct.
Charlotte NC 28277

PAY INTERNATIONAL DUES:

Preferably on Group Tally
Altrusa International, Inc.
1400 E. Touhy Avenue
Suite 410
Des Plaines, IL 60018



LETTERS FROM ALTRUSANS



Letter by Misty & Ivy

“The Altrusa District Three Conference was a true blessing for us to be part of. Your loving and caring group have overwhelmed us with your support. Thank you for the honor of joining you this year.”

Letter by Louise A. Bowman

President of Altrusa International of St. Augustine, FL

“My husband Brian and I had the pleasure of representing Altrusa of St. Augustine as delegates at the District Conference in Atlanta this year. I have been an Altrusan since 1977 and my husband just recently joined so he was a first timer. We had a great time and received wonderful ideas and information.

There is another thing I want to tell you about. At the Conference in Jacksonville in 2023, our St. Augustine Club received 1st place for our Literacy Project. We were so proud. Some of our members cried because they were so moved. As incoming president for that year I wanted to do something special for each of our members. Then I recalled that Brian’s brother, David Bowman, a metal artist in Berkeley, CA made lovely book pins. I called him to tell him my idea. He did not have enough but he got to work. By the time we had our first meeting in September 2023 I gave a pin to each member. And they were thrilled.

Several months later Governor Dimple visited us. She is our good friend and has helped us out many times. We always enjoy having her visit. We had extra pins so we gave her one explaining the background of them. She loved it. Well, several months later David, the artist, called to say that he had a letter ordering another pin. I found out it was Dimple.

So at the Governor’s Banquet at the 2024 District Conference, our Governor Dimple Overstreet gave a book pin made by my brother-in-law to our International Representative Kathy Folley. Brian, David, and I are so honored that this pin has gained such level of recognition. All because we support literacy. Isn’t it just great?”



AUG. 2024	TOPIC	WHO	RESPONSIBLE	NOTES
08/01/24	Governor's Newsletter	23-25 Gov.	Governor	
08/01/24	Start organizing your Make a Difference Day Project	Local Club		
08/01/24	Encourage members to become Club 21 members	Local Club		
TBD	Summer/Fall Foundation meeting	International Foundation Board		
08/06/24	Forms due to International Nominating Committee for those who wish to be slated for International Office	Past Governors/Current Board members	Potential slated candidates	
08/12/24	International Youth Day	Local Club		
08/15/24	Start planning a membership recruitment event	Local Club		
08/15/25	District Service Bulletin articles due	Dist. Board Comm. Chairs	DSB Editor	
08/15/24	Board of Director nomination forms due to Nominating Committee Chair	District Nominating Committee Chair	Local Club	
08/30/24	District Service Bulletin e-mailing 	DSB Editor		
08/30/24	Recommendation for nominations for District Board by Nominating Committee passed to Governor for review	Governor	District Nominating Chair	
SEP. 2024	TOPIC	WHO	RESPONSIBLE	NOTES
09/01/24	Governor's Newsletter	23-25 Gov.	Governor	
09/01/24	Consider making a club donation/application to the International Foundation Grants Program	Local Club		Review available grants to determine if Club should apply. Consider making end-of-year donation to program of choice.
09/01/24	Distribute club yearbook electronically	Local Club		Copies to Dist. Board & Int'l Office.
09/01/24	Mid-Year District Committee Chair reports to Secretary	District Committee Charis	Dist. Secretary	
09/02/24	Forward list of interested eligible candidates to all International Officers, Past International Presidents, District Officers, Past Gov., & Club Presidents providing opportunity for written statements of support	International Nominating Committee	International Nominating Committee Chair	
09/08/24	World Literacy Day – this is a great opportunity to introduce a news project	Local Club		September is Literacy Month
09/15/24	Grants and Club 21 Program applications due to International Foundation	Local Club		Due 9/15
09/15/24	District Awards information e-mailed to clubs	Local Club	Awards Coordinator	
09/15/24	Letters of support for International Board candidates due to International Nominating Committee	Those writing letters of support		
09/23/24	International Day of Peace	Local Club		
09/25/24	Conference Proceedings report to Governor	Conference Committee	District Secretary	

DISTRICT LEADERSHIP

Altrusans are volunteers willing to serve to make our communities better.

ALTRUSA DISTRICT THREE FOUNDATION BOARD

Chair	Joanne Brown	Monticello, FL	joannebrowndmv@gmail.com
Vice-Chair	Penny Penn	Cumming, GA	Ppenn04@yahoo.com
Treasurer	Dawn Mainville	Leesburg, FL	dawn@gofiguretax.com
Trustee	Yolander Hunter	Charlotte, NC	hunteryb@bellsouth.net
Trustee	Traci Jones	Orlando-Winter Park	tracijones505@gmail.com
Secretary	Vicki Sellner	St. Augustine	sellott@aol.com
District Liaison	Mantha Young	Jasper, FL	mantha@macmediaservices.com

ALTRUSA INTERNATIONAL BOARD

President	Linda Smith	Salina, KS	president@altrusa.org
President-Elect	Christine DeVlieger	DeKalb-Sycamrem, IL	presidentelect@altrusa.org
Vice President	Kitty McKlhaney	Lake City, FL	vicepresident@altrusa.org
Treasurer	Bettina Schempf	Covallis, OR	treasurer@altrusa.org
Immediate Past President	Kathy Folley	Temple, TX	immediatepastpresident@altrusa.org
Director	Melinda Aguirre	Central Coast, CA	director1@altrusa.org
Director	Penny Daugherty	Mexico, MO	director2@altrusa.org
Director	Ileana Pacheco Morales	Cabo Rojo, Puerto Rico	director3@altrusa.org
Director	Linda Ring	Central Connecticut, CT	director4@altrusa.org
Foundation Representative	Karen Robinson	Tampa Bay, FL	kadcbr@gmail.com
Legal Advisor	Pat Woodard	Fauquier CO, VA	legal@altrusa.org
Parliamentarian	Colleen Duris	Ocala, FL	parliamentarian@altrusa.org
Executive Director	David Mena	Des Plaines, IL	david@altrusa.org

DISTRICT LEADERSHIP

Altrusans are volunteers willing to serve to make our communities better.

DISTRICT THREE BOARD OF DIRECTORS

Governor	Dimple Overstreet	Starke, FL	governordimple@gmail.com
Governor-Elect	Mantha Young	Lake City, FL	mantha@macmediaservices.com
Vice Governor	Nancy Shumaker	Statesboro, GA	nancyshumaker.altrusa@gmail.com
Treasurer	Scott Frieser	Charlotte, NC	Scottfrieser.altrusa@gmail.com
Director	Roberta Klusmeier	Orlando-Winter Park, FL	gators1307@aol.com
Director	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
Director	Anita Ashworth	Monticello, FL	Manda1944@gmail.com
Secretary	Amanda Seyfang	Starke, FL	aseyfang@gmail.com
Parliamentarian	Kitty McElhaney	Lake City, FL	kittyaltrusa@gmail.com

DISTRICT THREE COMMITTEE CHAIRS

ASTRA	Kitty McElhaney	kittyaltrusa@gmail.com
Bylaws, Resolutions & Recommendations (BRR)	Jane Gray	Judgejanie49@gmail.com
Club Revitalization	Gale Trotter	galetrotter@gmail.com
Communications	Josie Frieser	mjosiefrieser@gmail.com
District Service Bulletin	Pat Janke	pmjanke@charter.net
Finance Committee	Scott Frieser	scottfrieser@gmail.com
International Foundation Liaison	Martin Houston	martinbhouston@gmail.com
Leadership	LaShone Surrency	lsurrency@elcgateway.org
Membership	Rosemary Leake	Rosemary1976@msn.com
New Club Building	Lucy Montford	luncymontford@gmail.com
Program Coordinator	Susy Meier Colleen Duris	susymeier@gmail.com cmdaltrusa@gmail.com
Service Program Development	Dee Dugger	ladydragonfly54@gmail.com
Webmaster	Susy Meier	susymeier@gmail.com

BOARD OF DIRECTORS CLUB ASSIGNMENTS

Governor	Dimple Overstreet	Orlando-Winter Park, Raleigh, Salisbury, Spartanburg
Governor-Elect	Mantha Young	Charlotte, Gaffnery, Statesboro, Waynesville
Vice Governor	Nancy Shumaker	Lake County, St. Augustine, Gainesville, Starke
Director	Scott Tice	Atlanta, Caldwell Co., Gastonia, N. Georgia
Director	Anita Ashworth	Live Oak, Lake City, Marianna
Director	Roberta Klusmeier	Citrus Co. Ocala, Tampa, Monticello

Keep up with us on our Altrusa International – District Three Facebook Page



Madam



Spoon

Dimple Overstreet, Governor

436 S. Water Street
Starke, FL 32091

Phone: (904) 964-6768

Email: governordimple@gmail.com

Website Links:

Altrusa International District Three, Inc
districtthree.altrusa.org

Altrusa International, Inc.
altrusa.org

Altrusa International – District Three
Facebook
facebook.com/AltrusaD3

Did You Know?

Altrusa's first international grants program, Grants-in-Aid, was initiated in 1944 with a fundraising campaign for money to help defray unforeseen expenses incurred by Latin American women earning graduate degrees in the United States needed for nation-building back home. The first grants of \$250–\$750 were given in 1945, along with Altrusa friendship. From this sound base, the Grants-in-Aid project was expanded later to include women graduate students from Asia, the Middle East, Africa, Polynesia, and Melanesia. Primarily funded by Altrusans, over the years grants totaling nearly \$1.4 million have enabled 2,500 women to complete educational goals.

[The Altrusa Tradition <https://login.altrusa.org/files/2024/06/Altrusa-Traditions-June-2024.pdf>]