

# GOVERNOR'S GOSSIP



**JULY 2024**  
**Volume 1, Issue 15**

**FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA**



In honor of Independence day, I want to share a poem written by Debra L. Brown - Independence Day.

“When we think about the birth of this great nation, Congress declared July the 4<sup>th</sup> 1776 and issued a proclamation.

With this decree, the thirteen colonies are now free. We no longer live under England’s Monarchy.

Five great men were given the task to draw up papers for freedom to last.

Thomas Jefferson we can remember. A founding father, Patriot and a Continental member.

Together these men drafted the amendments. Franklin, Livingstone, Sherman, and Adams united they authored the Declarations of Independence.

Battles were fought, and blood was shed. Life was lost, and men were dead.

“FREEDOM” came with a heavy price. War is not pretty, nor is it nice.

We can thank the Lord above. He gave us these United States, a country we can love.

Men fought for our freedom, and their lives they did pay. That’s why we celebrate Independence Day.”

With Altrusa Love,  
Dimple



## INDIVIDUAL HIGHLIGHT UPDATE

Governors Letter – Page 1

2023-2025 Biennium Goals – Page 2

Reminders/News – Page 3

Letter from Int’l Pres. – Page 4

July/August Calendar – Page 5

District Leadership – Page 6-7

Governor’s Info. – Page 8



# 2023-2025 BIENNIUM GOALS

- **LEADERSHIP**

Submit a club strategic plan to the District Governor.

- **SERVICE**

Bragging time for the club to submit at least two (2) articles to the DSB.

- **MEMBERSHIP**

Happiness is four (4) new members during the biennium.

## 4<sup>th</sup> of July Mix



3 cups Cheerios  
2 cups Rice Chex  
2 cups Wheat Chex  
2 cups Corn Chex  
1 cup Pretzel Sticks  
2-3 cups m&m's (find red, white and blue colored m&m's)  
24 oz White Chocolate, plus an extra 4-8 oz if needed

1. In a large bowl, combine Cheerios, Chex, Pretzels and m&m's.
2. Meanwhile, over a double boiler, melt the white chocolate according to the directions on the package.
3. Once the chocolate has melted and is a smooth consistency, drizzle the chocolate over the cereal mix and combine with a wooden spoon or hands. Make sure all the cereal is covered in chocolate. If need to melt the extra white chocolate to cover the mix then go right on ahead!
4. Once the entire batch has been combined, lay it out to dry on a large sheet of parchment or wax paper. Let it dry for 1-hour so the chocolate is cooled and hard. Break it up into medium pieces and store in an airtight container in the fridge or freezer.

## Facts About

### The Month of July

- 1) Around 150 million hot dogs are consumed on the 4<sup>th</sup> of July.
- 2) Americans spend \$1 billion on fireworks annually to celebrate the 4<sup>th</sup> of July.
- 3) John Adams, Thomas Jefferson, and James Monroe were all US Presidents who died on the July 4<sup>th</sup>.
- 4) July's birthstone is Ruby.
- 5) July's birth flower is Larkspur and Water Lily.
- 6) July's star signs are Cancer (June 22 – July 22) and Leo (July 23 – August 22).
- 7) The name July was named after Roman General Julius Caesar.
- 8) July is in the summer season in the northern hemisphere and one of the warmest months. July in the southern hemisphere is one of the coldest months.
- 9) Neil Armstrong made history on July 20, 1969, by taking the first steps on the moon.
- 10) The first successful rabies vaccine by Louis Pasteur was administered on July 6, 1885.

### Madam Spoon's Challenge

Find all 5 GOLD spoons in this month's newsletter. Happy hunting 😊



## Call for Nominations for District Three Office For the 2025-2027 Biennium

The Call for Nominations was emailed to the District Three Board, Committee Chairs, Club Presidents, and Past Governors on June 26th from [altrusad3nomcommittee@gmail.com](mailto:altrusad3nomcommittee@gmail.com). This is a new email address the Nominating Committee is using for submissions. Please check your junk or spam folder if you did not receive the Call for Nominations. If you have questions, reach out to the committee at [altrusad3nomcommittee@gmail.com](mailto:altrusad3nomcommittee@gmail.com).

The board positions open for nominations are: Governor-Elect, Vice Governor, Treasurer, and Director (three open positions). The nomination deadline is August 15th. Please use the Nomination Form that was attached to the email and remember to submit a photo (head and shoulders) with the form. While email submissions are preferred, please contact the committee if you need a physical mailing address.

We look forward to receiving the nominations for the future 2025-2027 leaders of District Three.

The District Three Nominating Committee  
Lida Coffman, Raleigh, North Carolina, Chair  
Frances Ferguson, Ocala, Florida  
Sara Freeborn, Gainesville, Florida  
Emily Pazel, Virtual Club  
Glenda Williams, Live Oak, Florida



**Do You Have a Concern, Caring Thought, Request, Congrats, or Suggestions?**

**Send To:**  
**Dimple Overstreet**  
[governordimple@gmail.com](mailto:governordimple@gmail.com)



**DSB Articles**  
**Send To Both:**

**Dimple Overstreet**  
[governordimple@gmail.com](mailto:governordimple@gmail.com)

**Pat Janke**  
[pmjanke@charter.net](mailto:pmjanke@charter.net)

**Please send in WORD format**

## REMINDERS AND NEWS

**2025 District Three Conference**  
**April 24-26, 2025**  
**Harrah's Cherokee**  
**Casino Resort**  
**Cherokee, North Carolina**

**2025 International Convention**  
**Quebec City, Quebec, Canada**  
**July 23 –26, 2025**

**UPDATE GROUP TALLY**  
REMEMEBER to please update all of your membership changes and additions in Group Tally.

**MAIL DISTRICT DUES TO:**  
Scott Frieser, District Three Treasurer at:  
13212 Providence Green Ct.  
Charlotte NC 28277

**PAY INTERNATIONAL DUES:**  
Preferably on Group Tally  
Altrusa International, Inc.  
1400 E. Touhy Avenue  
Suite 410  
Des Plaines, IL 60018



Hello ROCKING Altrusans!

Our District Conference season has now come to an end. This is always my favorite time of the Altrusa year, as Your International Representatives have the opportunity to visit with many Altrusans who have never had the opportunity to attend an International Convention. This is our way of bringing Altrusa International to all of you.

I had the honor to be the International Representative at 5 of our fourteen conferences this year. I enjoyed each of them very much and hope all of our Representatives also had great experiences and hope our members enjoyed getting to know all nine of us as well!

It was exciting for me to share the great things happening within Altrusan during the first year of this biennium. We have 5 new clubs, 2 new ASTRA clubs, and more of both on the way! At the end of April, Altrusa was +171 in membership over where we ended May 31, 2023. It's exciting to see the renewed enthusiasm for Altrusa. As I write this, we have an additional 70+ members added so far in May! I hope you all are having much success with Retention of your members and that you are getting your membership renewals updated in Group Tally. 


As this Altrusa year ends, don't forget to update Group Tally if you have new officers. Add your Kindness Challenge, Book Challenge, and Days for Girls numbers to the Service page of the Altrusa International website. We also ask each club to please complete the Club Annual Report (each President should have received a link in March and the link is also available on the Leadership page of the Altrusa International website. The deadline for submitting this report is June 15. New this year are points for participating in the Kindness Challenge and Book Challenge, but only count those points if you have entered items into the challenge reports.

As we kick off the final year of the biennium, I look forward to seeing the great things our Altrusans will do as we move Forward REALIZING OPPORTUNITIES – CREATING KINDNESS!

Let's continue to R.O.C.K.!

Linda K. Smith, President

Altrusa International, Inc.

JULY 2024	TOPIC	WHO	RESPONSIBLE	NOTES 
07/01/24	Governor's Newsletter	23-25 Gov.	Governor	
07/01/24	Governor-Elect training fee due to International	District	District Treasurer	In even numbered years Gov.-Elect training fee is due to Int'l no later than July 1 (Policy 8F)
07/01/24	Send IRS Form 990-N (IF receipts over \$25,000, send 990-EZ or 990)	District Board US Only	District Treasurer	Due 5 months after close of fiscal-year
07/01/24	Begin work on club yearbook	Local Club		
07/01/24	Select a literacy project for Make A Difference Day	Local Club		
07/01/24	Start thinking about projects to submit for Mamie L. Bass Service, Letha H. Brown Literacy, and Nina Fay Calhoun Int'l awards	Local Club		
07/01/24	Call for Board of Director nominations letters to Club Presidents	District Nominating Committee		
07/10/24	Reinstatement fee of \$10 will be added to membership dues (\$55 membership + \$10 reinstatement fee = \$65)	Local Club	Local Treasurer	Contact International staff to reinstate members
07/24 TBD	Governor-Elect Training and International Board of Directors Meeting	Gov.-Elect & Int'l Board		
AUG. 2024	TOPIC	WHO	RESPONSIBLE	NOTES
08/01/24	Governor's Newsletter	23-25 Gov.	Governor	
08/01/24	Start organizing your Make a Difference Day Project	Local Club		
08/01/24	Encourage members to become Club 21 members	Local Club		
TBD	Summer/Fall Foundation meeting	International Foundation Board		
08/06/24	Forms due to International Nominating Committee for those who wish to be slated for International Office	Past Governors/Current Board members	Potential slated candidates	
08/12/24	International Youth Day	Local Club		
08/15/24	Start planning a membership recruitment event	Local Club		
08/15/25	District Service Bulletin articles due	Dist. Board Comm. Chairs	DSB Editor	
08/15/24	Board of Director nomination forms due to Nominating Committee Chair	District Nominating Committee Chair	Local Club	
08/30/24	District Service Bulletin e-mailing	DSB Editor		
08/30/24	Recommendation for nominations for District Board by Nominating Committee passed to Governor for review	Governor	District Nominating Chair	



## DISTRICT LEADERSHIP

*Altrusans are volunteers willing to serve to make our communities better.*

### ALTRUSA DISTRICT THREE FOUNDATION BOARD

Chair	Joanne Brown	Monticello, FL	<a href="mailto:joannebrowndmv@gmail.com">joannebrowndmv@gmail.com</a>
Vice-Chair	Penny Penn	Cumming, GA	<a href="mailto:Ppenn04@yahoo.com">Ppenn04@yahoo.com</a>
Treasurer	Dawn Mainville	Leesburg, FL	<a href="mailto:dawn@gofiguretax.com">dawn@gofiguretax.com</a>
Trustee	Yolander Hunter	Charlotte, NC	<a href="mailto:hunteryb@bellsouth.net">hunteryb@bellsouth.net</a>
Trustee	Traci Jones	Orlando-Winter Park	<a href="mailto:tracijones505@gmail.com">tracijones505@gmail.com</a>
Secretary	Vicki Sellner	St. Augustine	<a href="mailto:sellott@aol.com">sellott@aol.com</a>
District Liaison	Mantha Young	Jasper, FL	<a href="mailto:mantha@macmediaservices.com">mantha@macmediaservices.com</a>

### ALTRUSA INTERNATIONAL BOARD

President	Linda Smith	Salina, KS	<a href="mailto:president@altrusa.org">president@altrusa.org</a>
President-Elect	Christine DeVlieger	DeKalb-Sycamrem, IL	<a href="mailto:presidentelect@altrusa.org">presidentelect@altrusa.org</a>
Vice President	Kitty McKlhaney	Lake City, FL	<a href="mailto:vicepresident@altrusa.org">vicepresident@altrusa.org</a>
Treasurer	Bettina Schempf	Covallis, OR	<a href="mailto:treasurer@altrusa.org">treasurer@altrusa.org</a>
Immediate Past President	Kathy Folley	Temple, TX	<a href="mailto:immediatepastpresident@altrusa.org">immediatepastpresident@altrusa.org</a>
Director	Melinda Aguirre	Central Coast, CA	<a href="mailto:director1@altrusa.org">director1@altrusa.org</a>
Director	Penny Daugherty	Mexico, MO	<a href="mailto:director2@altrusa.org">director2@altrusa.org</a>
Director	Ileana Pacheco Morales	Cabo Rojo, Puerto Rico	<a href="mailto:director3@altrusa.org">director3@altrusa.org</a>
Director	Linda Ring	Central Connecticut, CT	<a href="mailto:director4@altrusa.org">director4@altrusa.org</a>
Foundation Representative	Karen Robinson	Tampa Bay, FL	<a href="mailto:kadcbr@gmail.com">kadcbr@gmail.com</a>
Legal Advisor	Pat Woodard	Fauquier CO, VA	<a href="mailto:legal@altrusa.org">legal@altrusa.org</a>
Parliamentarian	Colleen Duris	Ocala, FL	<a href="mailto:parliamentarian@altrusa.org">parliamentarian@altrusa.org</a>
Executive Director	David Mena	Des Plaines, IL	<a href="mailto:david@altrusa.org">david@altrusa.org</a>



# DISTRICT LEADERSHIP

*Altrusans are volunteers willing to serve to make our communities better.*

## DISTRICT THREE BOARD OF DIRECTORS

<b>Governor</b>	Dimple Overstreet	Starke, FL	<a href="mailto:governordimple@gmail.com">governordimple@gmail.com</a>
<b>Governor-Elect</b>	Mantha Young	Lake City, FL	<a href="mailto:mantha@macmediaservices.com">mantha@macmediaservices.com</a>
<b>Vice Governor</b>	Nancy Shumaker	Statesboro, GA	<a href="mailto:nancyshumaker.altrusa@gmail.com">nancyshumaker.altrusa@gmail.com</a>
<b>Treasurer</b>	Scott Frieser	Charlotte, NC	<a href="mailto:Scottfrieser.altrusa@gmail.com">Scottfrieser.altrusa@gmail.com</a>
<b>Director</b>	Roberta Klusmeier	Orlando-Winter Park, FL	<a href="mailto:gators1307@aol.com">gators1307@aol.com</a>
<b>Director</b>	Scott Tice	Ocala, FL	<a href="mailto:scottaltrusa@gmail.com">scottaltrusa@gmail.com</a>
<b>Director</b>	Anita Ashworth	Monticello, FL	<a href="mailto:Manda1944@gmail.com">Manda1944@gmail.com</a>
<b>Secretary</b>	Amanda Seyfang	Starke, FL	<a href="mailto:aseyfang@gmail.com">aseyfang@gmail.com</a>
<b>Parliamentarian</b>	Kitty McElhane	Lake City, FL	<a href="mailto:kittyaltrusa@gmail.com">kittyaltrusa@gmail.com</a>

## DISTRICT THREE COMMITTEE CHAIRS

<b>ASTRA</b>	Kitty McElhane	<a href="mailto:kittyaltrusa@gmail.com">kittyaltrusa@gmail.com</a>
<b>Bylaws, Resolutions &amp; Recommendations (BRR)</b>	Jane Gray	<a href="mailto:Judgejanie49@gmail.com">Judgejanie49@gmail.com</a>
<b>Club Revitalization</b>	Gale Trotter	<a href="mailto:galetrotter@gmail.com">galetrotter@gmail.com</a>
<b>Communications</b>	Josie Frieser	<a href="mailto:mjosiefrieser@gmail.com">mjosiefrieser@gmail.com</a>
<b>District Service Bulletin</b>	Pat Janke	<a href="mailto:pmjanke@charter.net">pmjanke@charter.net</a>
<b>Finance Committee</b>	Scott Frieser	<a href="mailto:scottfrieser@gmail.com">scottfrieser@gmail.com</a>
<b>International Foundation Liaison</b>	Martin Houston	<a href="mailto:martinbhouston@gmail.com">martinbhouston@gmail.com</a>
<b>Leadership</b>	LaShone Surrency	<a href="mailto:lsurrency@elcgateway.org">lsurrency@elcgateway.org</a>
<b>Membership</b>	Rosemary Leake	<a href="mailto:Rosemary1976@msn.com">Rosemary1976@msn.com</a>
<b>New Club Building</b>	Lucy Montford	<a href="mailto:luncymontford@gmail.com">luncymontford@gmail.com</a>
<b>Program Coordinator</b>	Susy Meier Colleen Duris	<a href="mailto:susymeier@gmail.com">susymeier@gmail.com</a> <a href="mailto:cmdaltrusa@gmail.com">cmdaltrusa@gmail.com</a>
<b>Service Program Development</b>	Dee Dugger	<a href="mailto:ladydragonfly54@gmail.com">ladydragonfly54@gmail.com</a>
<b>Webmaster</b>	Susy Meier	<a href="mailto:susymeier@gmail.com">susymeier@gmail.com</a>

## BOARD OF DIRECTORS CLUB ASSIGNMENTS

<b>Governor</b>	Dimple Overstreet	Orlando-Winter Park, Raleigh, Salisbury, Spartanburg
<b>Governor-Elect</b>	Mantha Young	Charlotte, Gaffnery, Statesboro, Waynesville
<b>Vice Governor</b>	Nancy Shumaker	Lake County, St. Augustine, Gainesville, Starke
<b>Director</b>	Scott Tice	Atlanta, Caldwell Co., Gastonia, N. Georgia
<b>Director</b>	Anita Ashworth	Live Oak, Lake City, Marianna
<b>Director</b>	Roberta Klusmeier	Citrus Co. Ocala, Tampa, Monticello



# Keep up with us on our Altrusa International – District Three Facebook Page



*Madam*



*Spoon*

Dimple Overstreet, Governor

436 S. Water Street  
Starke, FL 32091

Phone: (904) 964-6768

Email: [governordimple@gmail.com](mailto:governordimple@gmail.com)

## Website Links:

Altrusa International District Three, Inc  
[districtthree.altrusa.org](http://districtthree.altrusa.org)

Altrusa International, Inc.  
[altrusa.org](http://altrusa.org)

Altrusa International – District Three  
Facebook  
[facebook.com/AltrusaD3](https://facebook.com/AltrusaD3)

