

GOVERNOR'S GOSSIP



NOVEMBER 2023
Volume 1, Issue 7

FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA



WE'RE ON OUR WAY TO SERVING UP SERVICE

The Holiday Season beginning with Thanksgiving is a busy time. We're busy with all the things that make it special to us, our family and friends. Let's think about our Altrusa family. It's that time of the year that we need to remember the all-important search to fill the three to five seats on the Nominating Committee.

For the clubs that are eligible you have received the information. These are the clubs that are not eligible; Lake City, FL, North Georgia, Ga, Orlando-Winter Park, FL, Spartanburg, SC, Statesboro, Ga. By serving on the District Three Nominating Committee, you are choosing the future leaders that will move us into the next Biennium. Please consider serving or submitting one qualified candidate.

Always remember these things and never forget, and you will be the best leader you can be.

One. You will be able to do many great things, but only if you allow yourself and allow others to access you for the many gifts you possess.

Two. You will experience a painful sharpening from time to time, by going through various problems, but you'll need it to become a stronger person and leader.

Three. You will be able to correct any mistakes you might make.

Four. The most important part of you will always be what's inside.

Five. On every surface you walk through, you must leave your mark.

You are a special person and only you can fulfill the purpose to which you were born to accomplish.

Happy Thanksgiving from my family to yours,
With Altrusa Love,
Dimple



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2023-2025 BIENNIUM GOALS



★ LEADERSHIP

Submit a club strategic plan to the District Governor.

★ SERVICE

Bragging time for the club to submit at least two (2) articles to the DSB.

★ MEMBERSHIP

Happiness is four (4) new members during the biennium.

What is Meaning of Thanksgiving?

“We should just be thankful for being together. I think that’s what they mean by Thanksgiving, Charlie Brown.

Marcie, A Charlie Brown Thanksgiving



LIFETIME ACHIEVEMENT AWARD



Barbara Ann Hughes PhD, past governor, and International president has received the Lifetime Achievement Award from the National Academy of Nutrition and Dietetics on 10/06/23, in Denver Colorado. It is the highest honor given by the Academy of Nutrition and Dietetics, the world’s largest organization of food and nutrition professionals.



*Congratulations
Barbara!*



Madam Spoon’s Challenge

Find all 8 turkeys. Happy hunting 😊

Recipe from Carolyn Carver



Cake:

2 cups all purpose flour
2 cups white sugar
2 eggs room temp.
1 tsp baking soda
1 tsp vanilla
Pinch of salt
1 20 oz can crushed pineapple in it's own juice
1 cup chopped nuts (optional)

Frosting

1 stick butter, room temp.
1 8 oz pkg cream cheese, soft
1 tsp vanilla
1 ½ cups confection sugar
Mix frosting about 5-10 min. before cake comes out of oven. Pour over the cake while warm.

Mix all cake ingredients w/ mixer – just until mixed. Add chopped nuts. Pour into greased 9x13 pan. Bake at 350 for about 35 minutes.

Do You Have a Concern, Caring Thought, Request, Congrats, or Suggestions?

Send To:

Dimple Overstreet
governordimple@gmail.com



DSB Articles
Send To Both:

- **Dimple Overstreet**
governordimple@gmail.com

- **Pat Janke**
pmjanke@charter.net

Please send in WORD format



Update Strategic Plan

Deadline to submit to District is November 30th. The District Plan aligns with the International Plan and will provide you with guidance for your club-level plans. Please contact our Leadership Development Chair LaShone Surrency at email: lsurrency@elcgateway.org or Governor Dimple.

REMINDERS/NEWS

2024 District Three Conference
April 25 – 27, 2024

Atlanta Marriott Buckhead Hotel and Conference Center



UPDATE GROUP TALLY

Attn. President's, it is time to update Group Tally. Please have Altrusa International and District Members contact club members via email, mail, and phone with this information.

PAY INTERNATIONAL DUES:

Preferably on Group Tally
Altrusa International, Inc.
1400 E. Touhy Avenue
Suite 410
Des Plaines, IL 60018

MAIL DISTRICT DUES TO:

Scott Frieser, District Three
Treasurer at:
13212 Providence Green Ct.
Charlotte NC 28277



NOV. 2023	TOPIC	WHO	RESPONSIBLE	NOTES
11/01/23	Governor's Newsletter	2023-2025 Governor	Governor	
11/01/23	Letter to Club Presidents asking for Nominating Committee candidates	Club Presidents	District Secretary Governor	Only to clubs who didn't have members on last committee. Review all relevant Bylaws and Policies and include that info. in mailing.
11/25/23	International Day for the Elimination of Violence Against Women.	Local Club		
DEC. 2023	TOPIC	WHO	RESPONSIBLE	NOTES
12/01/23	Governor's Newsletter	2023-2025 Governor	Governor	
12/01/23	International & District dues are half price for new members from Dec. 1 – March 31.	Local Club	District Treasurer	
12/01/23	District Nominating Committee candidate names due from Clubs	Local Club	Governor	Conference Chair, DSB Editor
12/10/23	Human Rights Day	Local Club		

Happy Thanksgiving



DISTRICT LEADERSHIP

Altrusans are volunteers willing to serve to make our communities better.

DISTRICT THREE BOARD OF DIRECTORS

Governor	Dimple Overstreet	Starke, FL	governordimple@gmail.com
Governor-Elect	Mantha Young	Lake City, FL	mantha@macmediaservices.com
Vice Governor	Nancy Shumaker	Statesboro, GA	nancyshumaker.altrusa@gmail.com
Treasurer	Scott Frieser	Charlotte, NC	Scottfrieser.altrusa@gmail.com
Director	Roberta Klusmeier	Orlando-Winter Park, FL	gators1307@aol.com
Director	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
Director	Anita Ashworth	Monticello, FL	Manda1944@gmail.com
Secretary	Amanda Seyfang	Starke, FL	aseyfang@gmail.com
Parliamentarian	Kitty McElhaney	Lake City, FL	kittyaltrusa@gmail.com

DISTRICT THREE COMMITTEE CHAIRS

ASTRA	Kitty McElhaney	kittyaltrusa@gmail.com
Bylaws, Resolutions & Recommendations (BRR)	Jane Gray	Judgejanie49@gmail.com
Club Revitalization	Gale Trotter	galetrotter@gmail.com
Communications	Josie Frieser	mjosiefrieser@gmail.com
District Service Bulletin	Pat Janke	pmjanke@charter.net
Finance Committee	Scott Frieser	scottfrieser@gmail.com
International Foundation Liaison	Martin Houston	martinbhouston@gmail.com
Leadership	LaShone Surrency	lsurrency@elcgateway.org
Membership	Rosemary Leake	Rosemary1976@msn.com
New Club Building	Lucy Montford	luncymontford@gmail.com
Program Coordinator	Susy Meier Colleen Duris	susymeier@gmail.com cmdaltrusa@gmail.com
Service Program Development	Dee Dugger	ladydragonfly54@gmail.com
Webmaster	Susy Meier	susymeier@gmail.com

BOARD OF DIRECTORS CLUB ASSIGNMENTS

Governor	Dimple Overstreet	Orlando-Winter Park, Raleigh, Salisbury, Spartanburg
Governor-Elect	Mantha Young	Charlotte, Gaffnery, Statesboro, Waynesville
Vice Governor	Nancy Shumaker	Lake County, St. Augustine, Gainesville, Starke
Director	Scott Tice	Atlanta, Caldwell Co., Gastonia, N. Georgia
Director	Anita Ashworth	Live Oak, Lake City, Marianna
Director	Roberta Klusmeier	Citrus Co. Ocala, Tampa, Monticello

Keep up with us on our Altrusa International – District Three Facebook Page



Madam

Spoon

Dimple Overstreet, Governor

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Starke, FL 32091

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Email: governordimple@gmail.com

Website Links:

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districtthree.altrusa.org

Altrusa International, Inc.
altrusa.org

Altrusa International – District Three
Facebook
facebook.com/AltrusaD3

*Learn from yesterday,
Live for day,
Hope for tomorrow.*