

DISTRICT THREE SERVICE BULLETIN

FLORIDA GEORGIA NORTH CAROLINA SOUTH CAROLINA

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Governor's Message

What can be better than sharing and having fun with our families and also our Altrusa members? Each club will be busy getting award information together to make sure to have it in by January 31, 2024. Clubs will be looking at their Strategic Plan, Bylaws and thinking of that person to invite to join their club. Fundraisers are being planned and Committees are working on plans for their club. This is what we as Altrusan do, We are "Serving up Service."

Succession planning.

Work with your membership to assist in identifying future leaders.

Look for leadership development opportunities; assign identified future leaders as committee and project chairmen.

Mentor your current and aspiring leaders and provide them the resources to succeed.

Involve your Vice President in your committee chair selections and also the evaluation of your team. They will be coming behind you and could use your thoughts on which new leaders are ready for more responsibility.

"Not all of us can do great things. But we can do small things with love."

Mother Teresa

With much love and warm hugs,

Dimple

Altrusa District Three Governor

2023—2025 BIENNIUM GOALS



2023-2025 BIENNIUM GOALS



Our Mission is to “Provide Community Service, Develop Leadership, Foster International Understanding, and Encourage Fellowship.” So, let our mission provide direction for our journey. Setting our course and GOALS will help ensure that Altrusa continues to make a difference in the lives of our members and the lives of those in our communities.

SERVING UP SERVICE!

- 1. LEADERSHIP:** Submit a Club Strategic Plan to the District Governor.
- 2. SERVICE:** Submit at least (2) articles to the DSB for publication
- 3. MEMBERSHIP:** Net Gain of (4) or more new members during the biennium.

Governor's Contact Information:

Dimple Overstreet
436 S. Water St.
Starke, FL 32091

Email: altrusadimple@gmail.com

Cell: 904-964-6768





Dimple
Overstreet

Strategic Plan



Altrusa International District Three, Inc. Strategic Plan - 2023-2025



Vision: Altrusa is a leader among international organizations improving communities worldwide through a network of member clubs.	Mission: To improve communities worldwide by providing service, developing leadership, fostering international understanding and encouraging fellowship through an international network of dedicated volunteers.	Brand: Leading to a Better Community Brand Anchors: Flexibility, Inclusion, Clarity	Measures: 1. Member Numbers 2. Member Satisfaction Rating 3. Service Hours and Fundraising \$ 4. Website hits 5. Social Media Connections
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Service Inspire profile enhancing Service Projects	Facilitate the sharing of service project ideas	<ul style="list-style-type: none"> ➤ <u>Support</u> a District Service Project and International's "Days for Girls" ➤ <u>Seek</u> out new opportunities for addressing Literacy needs in our communities ➤ <u>Inspire</u> service projects/fundraisers through a data base/tool kit ➤ <u>Encourage</u> new more flexible & inclusive service projects
Marketing Enhance the flow of Altrusa information internally and with external parties	Enhance bi-directional flow of information within Altrusa	<ul style="list-style-type: none"> ➤ <u>Share</u> information through the District Service Bulletin ➤ <u>Collect</u> feedback via on-line surveys (Members to District) ➤ <u>Enhance</u> marketing plan including best practice guides/tool kits ➤ <u>Enhance</u> social media strategy/policy to communicate with prospects & members. ➤ <u>Enhance</u> District website for potential members & intuitive one for members.
Members Increase membership Numbers to 800 members by 2024	Recruit & Retain a diverse membership	<ul style="list-style-type: none"> ➤ <u>Embrace</u> change and diversity ➤ <u>Expansion</u> of ASTRA clubs with focus on transition to Altrusa ➤ <u>Improve</u> resources for the effective recruiting of new members ➤ <u>Promote</u> activities that are attractive to potential and younger members ➤ <u>Engage</u> members in their Altrusa journey via service & personal interactions
Leaders Create a pipeline of strong Altrusa Leaders	Develop leadership at all levels of Altrusa	<ul style="list-style-type: none"> ➤ <u>Cultivate</u> a training track for new leaders (train the trainers) ➤ <u>Enhance</u> tools/best practice guidelines to build new leaders ➤ <u>Support</u> the mentoring programme ➤ <u>Encourage</u> succession planning at all levels
Member Service Inform, Update and Educate members	Respond to member needs in a timely manner	<ul style="list-style-type: none"> ➤ <u>Enhance</u> collection and reporting of membership data through Group Tally ➤ <u>Produce</u> tools/resources to support District/Clubs and members ➤ <u>Provide</u> District Service Bulletin, District Website, District workshops, email communications and other services

District Three Nominating Committee



District Three Nominating Committee

The District Three Nominating Committee is currently locating members to serve on our next Nominating Committee. Five individuals will be elected at our 2024 Conference in Atlanta, Ga. To be eligible a candidate from one of the following clubs must be an active member who has served a term as a Club President.

Atlanta, Ga	Monticello, FL
Caldwell County, NC	Ocala, FL
Charlotte, NC	Raleigh, NC
Citrus County, FL	Saint Augustine, FL
Gaffney, SC	Salisbury, NC
Gainesville, FL	Starke, FL
Gastonia, NC	Tampa, FL
Lake County, FL	Virtua Club
Live Oak, FL	Waynesville, NC
Marianna, FL	



Candidate forms are requested to be returned by December 15, 2023 to governordimple@gmail.com. No member of the Nominating Committee is eligible to be slated for office while serving on the Nominating Committee. Nomination Forms are available from your Club President or from the Governor or on the District Three Website: <https://districtthree.altrusa.org/district-foundation/>

Spotlight on Board Members



Anita Ashworth
District Three Director

I have been a member of Altrusa of Monticello, FL for 16 years. I have served as President, Director and on several committees: Finance, Scholarships and Social, serving as Chairman and on the Ways and Means as Co-Chair. I am currently serving as District Three Director.

I earned my Bachelor of Science in Education from Abilene Christian University, Abilene, TX in 1966. I taught K-8th grades over a period of 41 years in Texas, Hawaii, Colorado, Florida and Georgia. I was invited to instruct teachers during seminars internationally in Brazil, Finland, Latvia, France, Germany, Hungary, Romania, Homeland of Venda and South Africa from 1985-1990.

Some of my talents include singing in choir and on praise teams at church. Gardening, hospitality, party planning and engaging people to become active members on committees or projects. Infuse the thoughts that their talents and skills are needed tremendously for the efforts to be successful.

was born and raised in Texas. Married my high school sweetheart in 2001 after 39 years of being apart. We were married for 19 years before he passed in 2020. We have three awesome sons and their amazing wives.

Todd is the Head Volleyball Coach at Anderson University, Anderson, SC. Marcus owns Blue Chip Wealth Advisors in Alpharetta, GA and Brian works for the Dept. of Education in Tallahassee, FL.

We have seven grandchildren – three in universities- Liberty, Anderson and Ole Miss, two in high school and two in junior high school. I continue to live on our pine tree farm raising 8,400 trees and enjoying the log home Michael built by himself in 1986 after retirement from USMC as a Lt. Colonel.

Getting to know Altrusa District Three Director – Roberta Klusmeier – Altrusa International of Orlando-Winter Park. I received my BS Degree in Business Administration from the University of Phoenix and worked in the banking industry for 23 years working for Executive Vice-Presidents and finished my career in the Marketing Department. I became an Altrusan in 1991 and have held the positions of Club President, Recording Secretary, Director, and am currently Corresponding Secretary. I was the Membership Committee Chair for District Three 2018-2019 and was chair of the registration/credentials committee at the District Three conference in Greenville, South Carolina.

I am active in my Orlando-Winter Park Altrusa Club serving as the Chair of the Eleanor J. Mathews Art Scholarship Awards, giving over \$100,000 to the four area colleges. I assisted in the collection/sorting/stuffing of school supplies and toys for Operation Homefront in August and November.

My husband and I love to travel and hope to visit Australia within the next couple of years. I love to read and am currently a Pencil Pal for the Fundamentals for Kids organization. I am honored and blessed to serve as District Three Director for the 2023-2025 Biennium and am looking forward to visiting Altrusa Clubs and meeting the outstanding women in our organization.



Roberta Klusmeier
District Three Director





District Three Awards Update



Nancy Schumaker
Vice Governor

Now that your club is full into its *Serving up Service* activities, it's time to recognize all your hard-working club members who make those wonderful projects and events possible.

Begin planning your award submissions now!

- * Identity a project.
- * Select the appropriate award according to the award criteria.
- * Study the judging criteria and score sheet to make sure your application covers everything indicated.
- * Complete the application (provide pictures if available).
- * Make sure the application is signed by your club president.
- * Submit the application by the January 31, 2024, deadline to the Vice Governor at:
vicegovernordistrictthree@gmail.com.

Updated District Three Awards applications are available on the District Three website:

<https://districtthree.altrusa.org/district-three-awards/>

If you cannot access the applications or have any questions or concerns, please email me at vicegovernordistrictthree@gmail.com

We'll all celebrate our *Simply Stellar!* clubs in Atlanta in April. See you there!





Membership Report as of October 15, 2023

Scott Freiser
Treasurer

Club	Paid Members	Emeritus	Lifetime	Total Members
Florida				
1 Citrus County	20			20
2 Gainesville	49	6		55
3 Lake City	81	7		88
4 Lake County	18	1		19
5 Live Oak	25	1		26
6 Marianna	23	1		24
7 Monticello	24	1		25
8 Ocala	27	4		31
9 Orlando-Winter Park	35	1		36
10 St. Augustine	16			16
11 Starke	41	2		43
12 Tampa Bay	9	2		11
Total FL	368	26	0	394

Georgia				
1 Atlanta	6			6
2 North Georgia	34	2		36
3 Statesboro	44	3		47
Total GA	84	5	0	89

North Carolina				
1 Caldwell County	1	1		2
2 Charlotte	20	3		23
3 Gastonia	8	1		9
4 Raleigh	15	1	1	17
5 Salisbury	10			10
6 Waynesville	15			15
Total NC	69	6	1	76

South Carolina				
1 Gaffney	10			10
2 Spartanburg	23	5		28
Total SC	33	5	0	38

Affiliate Virtual Club - Chartered	8
Affiliate Members	2
Emeritus No Club Affiliation	1

Report Summary:	
Active Members	562
Emeritus Members	43
Lifetime Members	1
Affiliate Members	2
Total Membership	608



Amanda Seyfang
Secretary

Mid-Year Board Meeting



Georgia was on our minds!

Your District Three Board met in Atlanta, Georgia on Oct. 13th -14th to prepare for the upcoming 2024 District Three Conference. Before we focused on the conference, a lot of business was handled. Treasurer Frieser gave the Treasurer's Report, as well as all reports from Officers and Directors. Our Governor addressed any concerns the reports reflected then moved on to 2024 Altrusa District Three Conference planning. Our Conference Co-Chairs, Dee Dugger of Gainesville, Florida and Mary Kirley of North Georgia, Georgia, and our Program Coordinators Colleen Duris of Ocala, Florida and Susy Meier of Atlanta, Georgia showed the Board around the rooms reserved for use at Conference. A lot of good ideas were shared on potential workshops, layout of the rooms and everyone's favorite, the Governor's Banquet. These ladies, along with support, have been hard at work preparing for an Out-Of-This-World Conference!



2024 District Three Conference
71st Annual District Three Conference
April 25-27, 2024
Atlanta, GA





Penny Penn



Joanne Brown

District Foundation Grants

DISTRICT THREE FOUNDATION GRANTS

The District Three Foundation Board of Trustees will award grants in amounts up to \$500 at the Foundation luncheon during District Conference next April. The grant funds provide clubs assistance with their local service projects.

Follow the steps below to learn more and get the application packet.

Click on districtthree.altrusa.org/district-foundation/ and scroll to Grants Programs.

Click on Foundation Grant Packet for the necessary forms.

Complete the cover page, application, budget and narrative.

Email to me at ppenn04@yahoo.com by January 31, 2024.

Contact me for additional assistance.

The theme of the 2024 District Three Conference is Simply Stellar-Altrusans Shine Through Service. What club's service project wouldn't shine a little brighter with a District Three Foundation Grant?





District Foundation Awards



Yolander Hunter
District Three
Foundation
Trustee

One Step Further-Apply for a District Three Foundation Award!

You're working on projects to make a difference in your communities. You've already done the hard part of identifying a project, funding it, gathering resources, and executing it. Take it one step further by submitting your efforts for consideration by applying for a *District Three Foundation Award*. Think about the work you've completed, and which award category your club's project(s) would fall under. You may have multiple projects that meet the various award criteria. Submit your application(s); it's as simple as that. The applications are due January 31, 2024. Your work has made a difference in your communities. Now it's time to take pride in a job well done, share your project and perhaps start funding the next one with a *District Three Foundation Award* win.

Awards season is just around the corner, and you still have time to brainstorm which projects might fit under which award categories.

Cassie S. Dollar Rehabilitative Services Award - To encourage clubs in their service goals to assist individuals or a group of people who need rehabilitative services to enhance their quality of life in a variety of ways.

Literacy Award - To stimulate an interest in developing active literacy programs in the community to recognize outstanding club achievements in literacy service projects.

Lucile Spillers Alexander ASTRA Service Award - To encourage members of local clubs to participate actively in service projects designed to meet specific local needs. The money is to be used by the Club to further their ASTRA service projects.

Richard Ward Ulrich Environmental Service Award - To encourage members of local clubs to become personally involved with environmental service projects.

Vocational Services Award - To encourage clubs in their goals of assisting deserving persons who are struggling to break the cycle of poverty through education and training.

All club applications for these awards are due **NO LATER THAN** January 31st, 2024, via email to yhunteraltrusa@gmail.com. Please see the **2023 Altrusa District Three Foundation Awards Spreadsheet** in this DSB. For specific details and the applications for each Foundation award please go to the District Three Website under the Foundations tab. <https://districtthree.altrusa.org/district-foundation/>

See you on the awards podium in 2024. It's as simple as that!

2023 Altrusa District Three Foundation Awards Grid

Name of Award	Description	Awarded by	Due Date	Please note	Send to name/address	Judging Committee Requirements
Cassie S. Dollar Rehabilitative Services Award	Encourage clubs to offer assistance in rehabilitative services to improve quality of life	District Three Foundation	1/31/2024	Presented at Foundation Annual Meeting at District Conference	Foundation Contact yhunteraltrusa@gmail.com <u>Award Identification</u> Subject Line: Altrusa- Club Name, Award Name (Cassie Dollar)	3 prominent members of the general public
Literacy Award	Recognize literacy project currently sponsored by the Club	District Three Foundation	1/31/2024	Presented at Foundation Annual Meeting at District Conference	Foundation Contact yhunteraltrusa@gmail.com <u>Award Identification</u> Subject Line: Altrusa- Club Name, Award Name (Literacy)	3 members at large from the District
Lucile Spillers Alexander ASTRA Service Award	Recognize service projects currently sponsored by ASTRA clubs	District Three Foundation	1/31/2024	Presented at Foundation Annual Meeting at District Conference	Foundation Contact yhunteraltrusa@gmail.com <u>Award Identification</u> Subject Line: Altrusa- Club Name, Award Name (Spillers)	3 prominent members of the general public
Richard Ward Ulrich Environmental Service Award	Recognize environmental service project currently sponsored by the Club	District Three Foundation	1/31/2024	Project not eligible for submission in the Mamie L. Bass Service award competition. Presented at Foundation Annual Meeting at District Conference	Foundation Contact yhunteraltrusa@gmail.com <u>Award Identification</u> Subject Line: Altrusa- Club Name, Award Name (Ulrich)	3 prominent members of the general public
Vocational Services Award	Recognize education and training project designed to enable persons to move beyond their current status	District Three Foundation	1/31/2024	Presented at Foundation Annual Meeting	Foundation Contact yhunteraltrusa@gmail.com <u>Award Identification</u> Subject Line: Altrusa- Club Name, Award Name (Vocational)	3 prominent members of the general public
District Three Foundation Grants Program	Assist Clubs with the funding of Service Projects	District Three Foundation	1/31/2024	Presented at Foundation Annual Meeting at District Conference	Grants Contact ppenn04@yahoo.com	Grants will be determined by the members of the District Three Foundation Board
Joey Robison Scholarship for Non-Traditional Students	Assist a non-traditional student, out of school at least 6 years, seeking to upgrade work skills, and who have financial need	Past Governor Linda Robison	1/31/2024	Presented at Foundation Annual Meeting at District Conference	Linda Robison lrobison42@gmail.com	Linda Robison

Revised - 10/8/2023 District Three Foundation Award Grid



New Club Building



Lucy Montford, Chair, New Club Building

Being in an Altrusan is an extremely rewarding experience. We are able to serve our communities through many different outlets. We are also able to grow as individuals through leadership. Each person has their own reasons why Altrusa is a rewarding experience for them.

Many times our clubs are focused so much on increasing our own numbers that we forget there is also a need to start new clubs. There could be members of our communities who would like to become Altrusans but are unable to meet on the days or times scheduled. This is where the new Virtual Club comes into play. This is a convenient format for those who wish to serve, but are unable to meet the demands of a traditional club. In addition, members may want to let their friends and family who don't have a club nearby know about their Altrusan experience which could also be an integral part of creating interest for new clubs.

Learn more about the New Club Building Committee on the Altrusa International website. There is basic information about Altrusa as well as resources available to assist in chartering new clubs.





Virtual Clubs



Emily Pazel

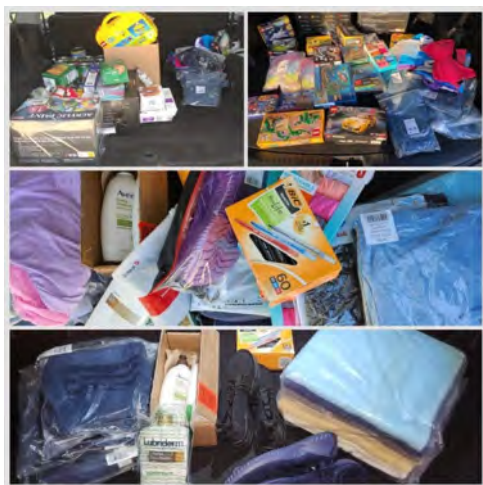
In late September, the District Three Virtual Club was welcomed as the newest official club of District Three, and we could not be more thankful for everyone's support and attendance at our ceremony. It fills me with immense pride and profound gratitude to celebrate this landmark achievement with you all.

Your overwhelming support and attendance at our chartering ceremony were nothing short of inspiring. Having roughly 30 Altrusans join us on the call, from not just across the country but also from across the world—including a guest from New Zealand—speaks volumes about the universal resonance of our cause and the expansive reach of our community.

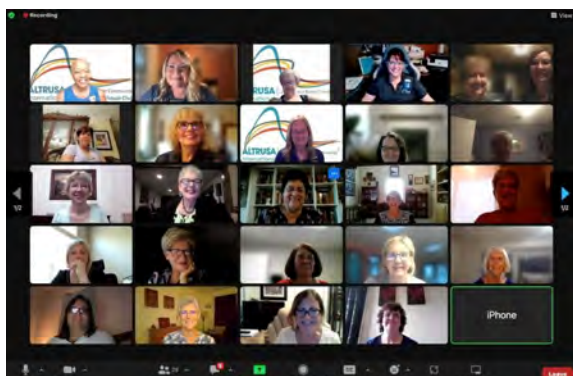
The diversity of our gathering illustrates the power of our mission, which transcends geographic boundaries. At its core, Altrusa is about local communities coming together to make a widespread impact. The participation from Altrusans near and far at our chartering ceremony emphasizes that while we may be a new club in District Three, we are part of a much more extensive, global network dedicated to service and community betterment.

As we continue our efforts going forward, I would like to encourage anyone to reach out and attend one of our meetings. We have many exciting things in store for the District Three Virtual Club and be honored to have you join us.

If you or someone you know might be interested in joining the District Three Virtual Club, please contact me at emilypazel@gmail.com.



(Pictured left) In August, the District Three Virtual Club Members participated in a service project by helping fulfill an Amazon Wishlist of items for the La Casa School for rescued sex trafficked children. Together, our club purchased and donated a total of \$1,180.15 worth of items. The Amazon packages were delivered to a secure location for the children in need.





Dee Dugger
Service Program
Coordinator

Service



Celeste Mergen, founder of Days for Girls, has published a book and it is now available. The title of the book is *The Power of Days: A Story of Resilience, Dignity, and the Fight for Women's Equity.*

The Power of Days reveals the struggles and triumphs that shaped Celeste's life and led her to create our beloved organization that has now served over 3 million women and girls with affordable, sustainable and life-changing menstrual health solutions. 10% of all sales go towards Days for Girls!

The Power of Days is available wherever books are sold, and we invite you to ***please leave a review***. Each and every review will help spread the word about Days for Girls and our mission to bring menstrual equality to women and girls around the world.

Veteran's Day is Saturday, November 11. This is a day set aside to honor and remember our veterans. Think about ways your club can support our veterans, not just on Veteran's Day, but throughout the year, especially during the holiday season. You can offer to decorate a center for Thanksgiving or Christmas. OR offer to provide a meal once a month or drop off some homemade baked treats. Be creative in how you can provide service to others. Remember Altrusans R.O.C.K – Recognize Opportunity Create Kindness.

Remember to send in your articles and photos of your make a difference day projects.





Dee Dugger

District Conference



Mary Kirley

As part of the mid-year district board meeting, there was a walk through of the hotel and meeting space. Lots of room for workshops and other meetings. Our meeting spaces are set to be renovated between November and January so they will be bright and shining just for us.

As a reminder the theme is Simply Stellar- Altrusans Shine through Service

We are going to highlight our service but also have some fun with the Stellar part.

Another reminder is that we will be having an Inter-galactic masquerade event (think the Miss Solar System pageant from the Jetsons <https://www.imdb.com/title/tt0949054/>) that will be our Friday Fun Night. Time plenty of time to shop for costume supplies. If costume design is not up your alley, we will also have some star themed headpieces what will be for sale (for a very minimal price). We have other ideas planned but want to keep some things a secret.

If you live in the Atlanta area, or if your club would like to be a vendor, keep an eye out for potential vendors when you go to craft fairs, holiday bazaars, etc. through the summer and fall. Once you identify a potential vendor, get their business information and send to Colleen .

If you want to help with conference as a expeditor, registration or voting assistant, meal host, etc. please email Colleen Duris at cmdaltrusa@gmail.com

Hope to see you in Atlanta next year.

Mary Kirley and Dee Dugger, conference co-chairs

Contact information:

Mary Kirley justbreathe@bellsouthnet

Dee Dugger ladydragonfly54@gmail.com



2024 District Three Conference
71st Annual District Three Conference
April 25-27, 2024
Atlanta, GA



CLUB SERVICE PROJECTS and NEWS



By Anita Valdez, Altrusa International of Lake County, Inc. President

Altrusa of Lake County promotes Literacy

The **Leesburg** Police Department hosted “**National Night Out.**” This year’s event was held from 5 to 8 p.m. Oct. 3 at Ski Beach at Venetian Gardens. The annual event gives citizens a chance to interact with police officers.

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live. National Night Out enhances the relationship between neighbors and law enforcement while bringing back a true sense of community. Furthermore, it provides a great opportunity to bring police and neighbors together under positive circumstances.

The event was free and featured food, kids’ games, tents of vendors, including Altrusa of Lake County, handing out free goods, promoting business and organizations.

There were pony rides, a petting zoo, rock wall and bungee jumping for the kiddos just to name a few. The police department had swat vehicles, motorcycles and even a crime lab van to display, all while Star Wars storm troopers and paw patrol characters greeted and walked among the children and adults in attendance.

Altrusa of Lake County prepared well for this fun event. The week prior we held a “Book Sorting Party” where members sorted 1300 books, according to age and reading level that were purchased and donated. We applied specially designed club labels to each book to help extend our name recognition through our community.

Many Altrusans helped with transporting and setting up our tables in our assigned tent. With a great location, all attendees were exposed to our Altrusa tent filled with wonderful free books for all ages. From sticker books to adult reading, a variety was available to all that passed by.



Members in Photos: Dawn Mainville, Sharon Wooten, Alisha Blake, Karen Rogers, Shannon Schell, Anita Valdez, Donna Marzek, Carol Lukeman and volunteer and potential member Kelsey Hall



CLUB SERVICE PROJECTS and NEWS

By Michelle Fina, Altrusa of Live Oak, FL

Halloween Book Give-A-Way

After a slight delay for hurricane Idalia, the Live Oak Altrusa club has been preparing for a new project, the Suwannee County Halloween Candy Carnival. The carnival is a project of the Suwannee County Sheriff's department and local community organizations to encourage children to stay off the streets and Trick-or-Treat in one safe location. The carnival is free and open to everyone. It will be held on Saturday, October 28th at the Suwannee County Coliseum.

Each community organization will have a booth to give away candy and other Halloween treats. Staying true to our Altrusa mission of promoting children's literacy, our Live Oak Altrusa club will be giving out free books! We have spent the last two years collecting books for all ages, babies through adults! Our little club of only 26 members has collected close to 500 books to give away at the carnival!

Our booth will be decked out for Halloween, but our new Altrusa flag will be proudly displayed across the front. Also, members have helped label every book with an Altrusa sticker. This is a new project for our club, but we hope to make it an annual one. We are putting a book in each child's hands, one at a time!



CLUB SERVICE PROJECTS and NEWS



& kindly hosted by
Marianna United
Methodist Church

Middle School manners Class

**An etiquette & social skills building
workshop for boys or girls in grades 5-8**

4-class series

Sunday, September 17, 3:30-5pm

Sunday, October 29, 3:30-5pm

Sunday, November 12, 3:30-5pm

Friday, December 15, 5-8pm

*Held at the FUMC Wesley Center
2901 Caledonia St, Marianna*



GIVE YOUR CHILD THE OPPORTUNITY TO BE THE BEST THAT THEY CAN BE!

Middle school children are beginning to feel the social pressures imposed upon them by adults & peers. Let's ensure we give them the skills to handle any situation and feel confident in any setting.

Etiquette is all about building good relationships. Kids need to learn how to act in ways that are respectable, considerate, and honest – the fundamental principles of CIVILITY and to build strong relationships with family and friends.

**LIMITED SPACE SO REGISTER
TODAY!**



\$125 per child/ \$200 for two
Email leslie@elcltc.com

or

Call: 850-557-1172



THIS PROGRAM INCLUDES:

Caring for yourself and others

- Personal Hygiene (hand washing, deodorant, showering, sorting/washing clothes, make a bed, simple meals)
- What to wear where
- Tying a tie
- Getting stains out

Dining

- Place settings
- Dining etiquette
- Table manners
- Tipping

Social Education

- First impressions & introductions
- Conversations
- Telephone, email, texting courtesies
- Thank you notes
- Basic steps to fox trot, cha-cha, waltz

Holly Ball

- Demonstrate skills learned at a fun holiday dance

CLUB SERVICE PROJECTS and NEWS

By Jane Lewis, President, Altrusa of Spartanburg, SC



Chairman of the Altrusa Club of Spartanburg's Vocational Committee, Immediate Past President Rosemary Leake, introduced today's speakers, Eula Sherman Scholarship winners, Carol Dillon and Marvin Mabry. Both students are from Sherman Chiropractic College in Spartanburg, SC. They were selected for their outstanding scholastic record and their plans to help others.

Each scholarship winner gave a brief talk about their background and future plans. Carol Dillon is originally from Michigan and came down with

her partner to study chiropractic. She hopes to open her own chiropractic office in Spartanburg with a focus on women and babies and establish a non-profit to serve veterans.

Marvin Mabry is originally from Tennessee and after military service decided to study chiropractic. He is a widower and hopes to open an office locally and work with veterans. Rosemary Leake presented each winner with their certificate and a check for \$1500 will be to their school. Congratulations!



CLUB SERVICE PROJECTS and NEWS



By Mimi Cooper, Altrusa International of St Augustine, FL

Monday Fundays for St Johns County Head Start Families

Throughout the school year, on the first three Mondays of the month, the St Johns County Head Start Staff conducts an evening program for the Head Start families. To encourage as many families as possible to attend, these Fundays are held at three different locations in the county.

During the event, the families enjoy a meal together – no cooking for Mom or Dad tonight! After dinner there is story time for the children and an informative program for the parents. The final part of the evening has the families working on projects together – making friendship bracelets or apple prints!



Altrusans with “Tiny Tot Bookmobile”

Where does Altrusa fit into these Fundays? We think we have the best part – we give away books to all the children in the family, not just the Head Start children. Through donations from members of the community and organizations such as Lisa Libraries and Hindi's Libraries, we are able to maintain a decent supply of books – no mean feat because there have been up to 80 people attending one Funday! The parents and children love books and look forward to seeing what we have to offer each evening.



Book Distribution at Monday Funday



Head Start Staff
Receiving Book Bags for
Family Literacy

As part of the Head Start Program, families set goals for the year. Several families have set improved literacy as their goal. To meet this goal, Altrusa prepared 20 book bags filled with over 80 books for all the children in the families. Head Start Staff will be adding guides about reading with children and logs for the family to use to keep track of their reading together; and, then distributing the bags to the families. St Augustine Altrusans are more than encouraged to help these families in achieving their goal of increased literacy.



CLUB SERVICE PROJECTS and NEWS



By Sarah Long, Starke, FL



Seniors with nothing to do? That's Puzzling!



In honor of International Literacy Day on Sept. 8th, Altrusa Club of Starke put together a service project to focus on the senior-citizen community in our area. As seniors age, it is invaluable to keep them connected with others. Speaking with the outreach coordinators at the nursing homes, and the administrator of the county senior center, we've heard stories of our elder community being without family or even a visitor. Research has shown that keeping the mind active can prolong brain function and helps us keep our "wits" about us.

Purchased with funds from our Foundation, each basket contained 2 jigsaw puzzles and 28 puzzle books. We purchased easy-piece puzzles and large-print books because our eyes aren't what they used to be and the easier it is to see the book, the more inclined to pick it up.

The baskets were delivered to the Bradford County Senior Center, Parkside Assisted Living, Riverwood Health and Rehabilitation Center and Windsor Manor Health Rehabilitation Center. The activities directors were over-joyed, almost to tears. It was such a rewarding moment.

THANK YOU to the Literacy Committee for coming up with this project and the entire club for supporting it.





CLUB SERVICE PROJECTS and NEWS



By Linda Arnold, Altrusa International of Waynesville, NC

Our small, but mighty, club has certainly been busy!



Altrusa of Waynesville teamed with Kiwanis for the Children's 4th of July Parade. The two clubs helped children decorate their bikes, trikes and scooters with 4th of July materials collected by Kiwanis. There were over 200 children in this parade. The town closed Main Street for four blocks down the retail stretch where children road their vehicles. There were many smiling faces.

Altrusa of Waynesville recognizes three students from each of the three high schools as Vocational Student of the Month. The students are selected by the guidance counselors. The top students in the class are often recognized for their academic success. This allows students going down a non-college track to receive recognition. These are the students who will become electricians, plumbers, nurses, etc. and will become



Altrusa of Waynesville continues to serve the families needing food assistance. MANNA brings fresh produce to Haywood Christian Ministry (HCM) three times a week. Altrusa volunteers with others to pack a banana box with the produce-vegetables and fruits. In addition to MANNA, produce comes from Walmart. People can come twice a week and receive the produce, a box of meat, box of bread, cakes, cookies and a box of canned goods and packaged items like cereal and rice. The recipients are very grateful.

Altrusa of Waynesville received a grant for money to buy books in Ecuador and bilingual books to be given to the community here at home. There are many Spanish speaking newcomers in the county. Contact has been made with a local independent bookstore to purchase the books for local distribution. Money was given to a ministry in Ecuador to purchase the books in Ecuador as the cost of shipping is prohibitive.

