

# GOVERNOR'S GOSSIP



**June 2023**  
**Volume 1, Issue 2**

**FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA**



## WE'RE ON OUR WAY TO SERVING UP SERVICE

The road to inclusion brings satisfaction and more opportunities to grow your Altrusa garden of membership.

What Is Inclusion?

Inclusion for Altrusans is the act of making members and prospective members realize they can make a difference through Altrusa and that they are listened to, welcomed and appreciated.

Reach out in conversation with every club member. Find out why they became Altrusan. Use their passion as a springboard towards involvement in committee assignments, project development and leadership opportunities. Act on what you know about your members. Each member must feel included. Follow-up with members who have not attended a meeting and find out why. Let them know you care.

Inclusion creates willing volunteers who will embrace the Opportunity to lead. Providing members the Opportunity to "Lead to a Better Community".

With Altrusa Love,  
Dimple

Life is not measured by the number of breaths we take, but by the moments that take our breath away.

Please note that my email has changed to  
[governordimple@gmail.com](mailto:governordimple@gmail.com)



### INDIVIDUAL HIGHLIGHTS UPDATE

Governors Letter – Page 1

2023-2025 Biennium Goals – Page 2

Reminders/News/Recipe – Page 3

June Calendar – Page 4

District Leadership – Page 5

70<sup>th</sup> Annual Conference Pics.  
Page 6 & 7

Governors Info. – Page 8

# 2023-2025 BIENNIUM GOALS



## LEADERSHIP

Submit a club strategic plan to the District Governor.

## SERVICE

Bragging time for the club to submit at least two (2) articles to the DSB.

## MEMBERSHIP

Happiness is four (4) new members during the biennium.



Message from Past Governor Sandy Furchese, 2001-2003

*"The fruit of silence is prayer; the fruit of prayer is faith; the fruit of faith is love; the fruit of love is service; the fruit of service is peace."*  
Mother Teresa

In this statement, Mother Teresa reflects the heart of an Altrusan. Governor Dimple's biennium theme, *"Serving Up Service"*, is represented with a "spoon" and inspires us to serve generously from a heart of love for all. We do best when we have a complete set of "spoons" working together. Recommit to selflessly give Altrusa your ideas, energy, talents, time, and contacts in your community. Recognize and celebrate the unique talents of each Altrusan and potential Altrusan. May the fruitfulness of our service this biennium be peace for our troubled world.

## Altrusa Stars Quilt Letter

Dorothea Scott Alderfer  
Governor, 1990-1992

*"My Dear Altrusa Friends,*

*You gave me the opportunity to serve as your Governor and I shall always cherish those two years as I visited with you. I was privileged to see outstanding community service performed by highly competent professional women. Thank you for this.*

*Serving as International Extension Chairman was an exciting experience as we saw many new clubs being born & we opened up*

*As you use the "Altrusa Stars" quilt, know your contribution to the District Three Foundation is doing good work."*



## Madam Spoon's Challenge

Find all 11 spoons (silver and gold) in this month's newsletter. Happy hunting ☺

## TASTY LANE

From Dimple's house to yours, please enjoy this month's tasty lane recipe.

### *English Scones*

1 cup all-purpose flour  
2 teaspoons baking powder  
1 teaspoon sugar  
¼ teaspoon salt  
Of 3 tablespoons softened butter or margarine  
5 to 6 tablespoons milk

In medium bowl combine flour, baking powder, and salt with a pastry blender in butter until mixture is the size of small peas. Stir in raisins and enough milk to make a soft dough. On a lightly floured board, roll dough ½ inch thick. Cut 1 1/2 circles with a round cutter. Place on an ungreased cookie sheet and bake in a 450-degree oven for about 10 minutes or until golden. Serve warm & with butter and assorted jams. Yield: 12 scones.



Do You Have a Concern,  
Caring Thought, Request,  
Congrats, or Suggestions?

Send To:  
Dimple Overstreet  
[governordimple@gmail.com](mailto:governordimple@gmail.com)



### DSB Articles

Send To Both:

- Dimple Overstreet  
[governordimple@gmail.com](mailto:governordimple@gmail.com)
- Pat Janke  
[pat@hairyputter.com](mailto:pat@hairyputter.com)

Please send in WORD format



## REMINDERS/NEWS



### UPDATE GROUP TALLY

Attn. President's, it is time to update Group Tally. Please have Altrusa International and District Members contact club members via email, mail, and phone with this information.

### PAY INTERNATIONAL DUES:

Preferably on Group Tally  
Altrusa International, Inc.  
1400 E. Touhy Avenue  
Suite 410  
Des Plaines, IL 60018

### MAIL DISTRICT DUES TO:

Scott Frieser, District Three  
Treasurer at:  
13212 Providence Green Ct.  
Charlotte NC 28277



**Calendar** *Volume 1, Issue 2*

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# DISTRICT LEADERSHIP

Altrusans are volunteers willing to serve to make our communities better.

## DISTRICT THREE BOARD OF DIRECTORS

Governor	Dimple Overstreet	Starke, FL	<a href="mailto:governordimple@gmail.com">governordimple@gmail.com</a>
Governor-Elect	Mantha Young	Lake City, FL	<a href="mailto:mantha@macmediaservices.com">mantha@macmediaservices.com</a>
Vice Governor	Nancy Shumaker	Statesboro, GA	<a href="mailto:nwshumaker@yahoo.com">nwshumaker@yahoo.com</a>
Treasurer	Scott Frieser	Charlotte, NC	<a href="mailto:scottfrieser@gmail.com">scottfrieser@gmail.com</a>
Director	Roberta Klusmeier	Orlando-Winter Park, FL	<a href="mailto:gators1307@aol.com">gators1307@aol.com</a>
Director	Scott Tice	Ocala, FL	<a href="mailto:scottaltrusa@gmail.com">scottaltrusa@gmail.com</a>
Director	Anita Ashworth	Monticello, FL	<a href="mailto:Manda1944@gmail.com">Manda1944@gmail.com</a>
Secretary	Amanda Seyfang	Starke, FL	<a href="mailto:aseyfang@gmail.com">aseyfang@gmail.com</a>
Parliamentarian	Kitty McElhaney	Lake City, FL	<a href="mailto:kittyaltrusa@gmail.com">kittyaltrusa@gmail.com</a>

## DISTRICT THREE COMMITTEE CHAIRS

ASTRA	Kitty McElhaney	<a href="mailto:kittyaltrusa@gmail.com">kittyaltrusa@gmail.com</a>
Bylaws, Resolutions & Recommendations (BRR)	Jane Gray	<a href="mailto:Judgejanie49@gmail.com">Judgejanie49@gmail.com</a>
Club Revitalization	Gale Trotter	<a href="mailto:galetrotter@gmail.com">galetrotter@gmail.com</a>
Communications	Josie Frieser	<a href="mailto:mjosiefrieser@gmail.com">mjosiefrieser@gmail.com</a>
District Service Bulletin	Pat Janke	<a href="mailto:pmjanke@charter.net">pmjanke@charter.net</a>
Finance Committee	Scott Frieser	<a href="mailto:scottfrieser@gmail.com">scottfrieser@gmail.com</a>
International Foundation Liaison	Martin Houston	<a href="mailto:martinbhouston@gmail.com">martinbhouston@gmail.com</a>
Leadership	LaShone Surrency	<a href="mailto:lsurrency@elcgateway.org">lsurrency@elcgateway.org</a>
Membership	Rosemary Leake	<a href="mailto:Rosemary1976@msn.com">Rosemary1976@msn.com</a>
New Club Building	Lucy Montford	<a href="mailto:luncymontford@gmail.com">luncymontford@gmail.com</a>
Program Coordinator	Susy Meier Colleen Duris	<a href="mailto:susymeier@gmail.com">susymeier@gmail.com</a> <a href="mailto:cmdaltrusa@gmail.com">cmdaltrusa@gmail.com</a>
Service Program Development	Dee Dugger	<a href="mailto:ladydragonfly54@gmail.com">ladydragonfly54@gmail.com</a>
Webmaster	Susy Meier	<a href="mailto:susymeier@gmail.com">susymeier@gmail.com</a>

## BOARD OF DIRECTORS CLUB ASSIGNMENTS

Governor	Dimple Overstreet	Orlando-Winter Park, Raleigh, Salisbury, Spartanburg
Governor-Elect	Mantha Young	Charlotte, Gaffnery, Statesboro, Waynesville
Vice Governor	Nancy Shumaker	Lake County, St. Augustine, Gainesville, Starke
Director	Scott Tice	Atlanta, Caldwell Co., Gastonia, N. Georgia
Director	Anita Ashworth	Live Oak, Lake City, Marianna
Director	Roberta Klusmeier	Citrus Co. Ocala, Tampa, Monticello

# 70<sup>th</sup> Annual District Three Conference





# FUN WAYS TO MAKE MONEY FOR DISTRICT THREE FOUNDATION



## Keep up with us on our Altrusa International – District Three Facebook Page



*Madam*  
  
*Spoon*

### **Dimple Overstreet, Governor**

436 S. Water Street  
Starke, FL 32091

Phone: (904) 964-6768

Email: [governordimple@gmail.com](mailto:governordimple@gmail.com)

### **Website Links:**

Altrusa International District Three, Inc  
[districtthree.altrusa.org](http://districtthree.altrusa.org)

Altrusa International, Inc.  
[altrusa.org](http://altrusa.org)

Altrusa International – District Three  
Facebook  
[facebook.com/AltrusaD3](https://facebook.com/AltrusaD3)

