

# GOVERNOR GREETINGS

**MARCH 2023**  
**Volume 2, Issue 11**

FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA



## HELLO MARCH THE SEASONS OF ALTRUSA LIFE

We happily march to the beat of Altrusa. The saying goes “March comes in like a Lion” is true, and as Altrusans we roar loudly with our Spring Projects in bloom! OK could not resist poking fun at the “March” puns, but I have one more 😊. Let’s all let the March winds blow us into a strong Altrusa service season, by embracing the final months of our Literacy Challenge of giving a million books or service hours and the fun Facebook Project Challenges and report your successes.

We have patiently waited, well most of us have certainly waited, not sure about the patient part, for the ending of a gray cold winter and the coming of a bright new spring. As in nature, we have the “Seasons of Altrusa Life.” It is beautiful to watch the ways in which different plants come up through the ground to life, and March is the month in which that can best be seen to begin. For me it is also seeing our club projects blossom and bloom making each of our communities a better place to live.

We also usher in the season of the “Club Nominating Committee” and the changing of the guard of our Club and District Officers next month. In this season of Altrusa Life, we begin to look at who will lead us into our next Biennium and say goodbye to those who have guided us through these past few years. I can certainly attest to the honor of serving and highly recommend you consider sharing your talents when asked!

Thank you all for your exemplary service to Altrusa,

*Shannon*



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# 2021-2023 BIENNIUM GOALS



Together we can reach new heights! Every club should strive to attain these three important Biennium Goals.

Remember, the journey can be as important as achieving the goals in lifting others' lives and building better communities.

## 1. LEADERSHIP:

Set the roadmap for your goals. Submit a Club Strategic Plan to the District Governor.

## 2. SERVICE:

Shine a spotlight on your Club's activity or project. Submit at least two (2) articles to the DSB for publication.

## 3. MEMBERSHIP:

Help grow Altrusa with a net gain of four (4) or more new members during the biennium.



# 7 WAYS HELPING OTHERS HELPS YOU

The world has many urgent issues - food insecurity, conflicts, infectious disease, shortages, and poverty. Unfortunately, the number of people who need a helping hand has only increased. Clearly, volunteering matters. But the benefits go far beyond altruism. I would like to share a few surprising benefits:

**1. The power to change lives** and give hope. **2. New friends and stronger friendships** and is an excellent way to find your "tribe."

## 3. Connection and confidence.

People who volunteer are found to have higher self-esteem.

**4. A chance to pay it forward.** Kindness is contagious.

**5. A physical feeling of satisfaction.** You can call it "Helpers High".

**6. Social and networking skills.** Volunteering is a social activity.

**7. Feelings of gratitude.** Helping others is a wonderful way to gain perspective and to appreciate more of what you have.

# WE WANT TO GIVE YOU RECOGNITION

In preparations for Conference in April, we are requesting Club Presidents to please provide Governor Shannon Schell and Secretary Lori Davis, the names of club members who have reached their 25 and 50-year milestones.

We will also be remembering and memorializing members who are no longer with us. If a member has passed away since May 2022, please send in the completed Memorial Form, along with a headshot photo to [altrusashannon@aol.com](mailto:altrusashannon@aol.com) and [lldavis0824@gmail.com](mailto:lldavis0824@gmail.com).

*"Just when the Caterpillar thought the world was ending, he turned into a butterfly."*

*- Proverb*



**ABOVE AND BEYOND  
ALTRUSA LIFTS LIVES**



## Conference Service Project One

District Three is fortunate to have so many members with a big heart for serving their communities. To continue our journeys of Lifting others Lives, we have chosen to aid disadvantaged girls and young women in the greater Jacksonville area. The Delores Barr Weaver Policy Center leads the Justice for Girls Reform Movement by preventing girls' initial or deeper involvement in the justice system. They serve girls and young women who are often failed by the system: girls in foster care, survivors of human trafficking, and girls from underserved communities. Our project this year will be to pack gift bags with much needed items for the "See the Girl" Wish Lists seen below. We have two of their wishes to grant, one group of bags is "Girl Matters: It's Elementary Graduation" and the second is putting together 100 "Personal Care Bags" that will be distributed throughout the year. Bring your heart and hands to help us fill these much-needed bags.

We will be filling 80 graduation bags for girls in the [Girl Matters®: It's Elementary](#) program. Their graduation will be held in May, right after our conference. This is a Policy Center project model that intervenes early in girls' lives to improve school success and stop their suspension and expulsion from school. They help girls to develop social and emotional skills needed to keep them feeling connected to school.

To accomplish our goal we would like each club to take on this mission challenge of collecting the needed items (listed below) to create these gift bags. We are creating an AMAZON WISH LIST for you to order from and auto deliver to Dee. We will gather in the Rigging Room at Conference, for this hands-on project to assemble all donated items that will be presented to the "Policy Center" representative at Conference.

### **The Delores Barr Weaver Policy Center "See the Girl"** *Helping disadvantaged girls and women*

#### **Girl Matters: It's Elementary List:**

- Small Journals
- Pencils
- Pens
- Hair Accessories
- Positive Message Bracelets
- Water Bottles
- Small Inspirational Cards
- Small Pouches or Fanny Packs

#### **Personal Care Bags List:**

- Shampoo/Conditioner
- Tampons/Pads
- Toothpaste/Mouthwash
- Shower/Bath Soap
- Wash Cloths/Towels
- Deodorant
- Combs/Brushes
- Facial Wash/Lotion

Also on our wish list, is generic art supplies such as canvases, paints, markers, etc.

  
<https://rb.gy/y5nrka>

**Mailing address option, select Dee Dugger Gift Registry. Unclick the gift option. Please have all items delivered no later than April 17 to ensure everything arrives before our conference.**



## **PLEASE HELP SPONSOR PROJECT BAGS**

Donations needed for “Service Project Bags.” If you have funds designated in your club budget for conference but won’t be using the full allocated amount, consider making a donation to help us purchase the bags for this worthwhile service project. Any and all donations are greatly appreciated. We will be purchasing 180 drawstring bags that will have our District Three Logo on them. Our Service Project materials are not covered in our Conference Budget.

Please send your check, payable to Altrusa District Three. In the memo line, indicate “Bags for See the Girl”. Send the check to our treasurer, Scott Tice, at the following address:

Altrusa District Three Treasurer  
Scott Tice  
7610 SW 63<sup>rd</sup> Place Road  
Ocala, FL 34474

## **NOT ONE BUT TWO SERVICE PROJECTS THIS YEAR**

### **Service Project Two: Environmental “Plarn”**

This year we are excited to offer TWO different service projects at Conference.

Our second service project is to make treasures out of trash. Inspired by our conference theme of “Raindrops to Rivers, Connecting Altrusans through our Environment”.

We will introduce you to plastic bag recycling making and using PLARN (plastic made into yarn) and give you the chance to join in! We want you to bring your plastic grocery bags, all the colors you can find! There are various products that can be made for the homeless, such as mats and rain hats, as well as things that can be used to raise funds for other community needs, all the while raising awareness about the need to recycle plastic.

Join us as we introduce PLARN -a way to recycle plastic grocery bags into useful products. You will learn how to make plarn (plastic yarn), then assist in several production stations making things like mats and hats for the homeless in our communities. You can do things as simple as cutting and folding to more extensive like braiding and crochet. Join us for this FUN project that you can also take back to your own club for your community.

If you have any questions about our service projects, please contact Dee Dugger at [ladydragonfy54@gmail.com](mailto:ladydragonfy54@gmail.com)

## **SEE YOU IN JAX**





“The meaning of life is to find your gift. The purpose of life is to give it away.”

- *Anonymous*

## OUR DISTRICT FOUNDATION ...

### Needs your Support

We are asking for your help in making the District Three Foundation fundraising efforts at Conference a success. As you know this is their main source of revenue which provides resources for local Clubs to help provide literacy, educational, and charitable services. So, we are asking you to dig deep and donate items for their Silent Auction. Club baskets are always a hit along with jewelry, art and other items of interest. They are also excited to announce the “Desert Dash” will return to their luncheon. So, choose your fastest runners and bring your spirit of giving!

## REMINDERS:

### Update Your Leadership in Group Tally!

REMEMBER to please update all of your membership changes and additions in Group Tally.

### Send all DSB Articles to:

Carol Thomas, DSB Editor  
[carol.thomas1211@gmail.com](mailto:carol.thomas1211@gmail.com)

Please send in **WORD** Format



### Do You Have a Concern, Congrat or Suggestion?

SEND TO:  
[altrusashannon@aol.com](mailto:altrusashannon@aol.com)

## LEADERS IN SERVICE

### Mail District Dues to:

Scott Tice,  
District Three Treasurer

7610 SW 63<sup>rd</sup> Place Rd  
Ocala, FL 34474

### Pay International Dues:

Preferably on **Group Tally**

Altrusa International, Inc.  
One North LaSalle Street  
Suite 1955  
Chicago, IL 60602-4006

### ACT

### Send Altrusa Caring Thought Requests to:

[altrusashannon@aol.com](mailto:altrusashannon@aol.com)



MAR. 2023	TOPIC	WHO	RESPONSIBLE	NOTES
03/01/23	Governor's Newsletter	2021-2023 Governor	Governor	
03/01/23	Send names of all members deceased during last year to the Governor and District Secretary	Local Club	District Secretary	For Remembrance at Conference
03/01/23	Invite candidates to audit Pre-Conference Board meeting	Governor		
03/01/23	Elect Club Officers for next club year	Local Club		
03/01/22	ASTRA Service Award due	Local Club	ASTRA Member Altrusa Advisor	Due March 1 or by date set by Governor
03/15/23	ASTRA High School and College scholarship applications due	Local Club	ASTRA Member Altrusa Advisor	Due March 15 to International Office
03/15/23	ASTRA Club Annual report available	Local Club	ASTRA Member Altrusa Advisor	Due June 1
03/15/23	Order ASTRA graduation cords and Letters	Local Club	District ASTRA Chair	From International Chair
03/15/23	Conference Delegate and Alternate names due to District Secretary	Local Club	District Secretary	Dates can vary
03/15/23	Notify Governor of any club with unpaid Conference dues or fees	District Treasurer		Must be paid by March 31 or Delegates will not be recognized at Conf
03/15/23	Grant applications due to International Foundation	Local Club		Due March 15th
03/15/23	Off-site awards judging completed and names of winners sent to District Awards Coordinator	District	District Awards Coordinator	
03/20/23	Financial data to Audit Committee	Financial Comm. Chair	Audit Committee	If District closes books Feb 28
03/31/23	List of Delegate and Alternates, District Officers and Past Governors to Credentials Chair	Credentials Chair	District Secretary	Due 15 days before Conference
03/31/23	Certified list of candidates for District Board to Elections Chair	Elections Chair	District Secretary	Due 15 days before Conference
03/31/23	Annual District Board and Committee Chair reports due	Dist Board & Comm Chairs	Governor	
03/31/23	ASTRA Alumni Info Sheet to be completed by all ASTRA members ages 18 and older	Local Club	District ASTRA Advisors	Due May 31



# District Leadership

## DISTRICT THREE BOARD OF DIRECTORS

<b>Governor</b>	Shannon Schell	Lake County, FL	altrusashannon@aol.com
<b>Governor-Elect</b>	Dimple Overstreet	Starke, FL	altrusadimple@gmail.com
<b>Vice Governor</b>	Mantha Young	Lake City, FL	mantha@macmediaservices.com
<b>Treasurer</b>	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
<b>Director</b>	Dorothy Manning	Gaffney, SC	demannin@gmail.com
<b>Director</b>	Nancy Shumaker	Statesboro, GA	nwshumaker@yahoo.com
<b>Director</b>	LaShone Surrency	Lake City, FL	Lsurrency@elcgateway.org
<b>Secretary</b>	Lori Davis	Lake County, FL	Lmdavis0824@gmail.com
<b>Parliamentarian</b>	Colleen Duris	Ocala, FL	cmdaltrusa@gmail.com

## DISTRICT THREE COMMITTEE CHAIRS

<b>ASTRA</b>	Jeraldyn Rivest	jeraldyn@hotmail.com
<b>Bylaws, Resolutions &amp; Recommendations (BRR)</b>	Sara Freeborn	svfreeborn@gmail.com
<b>Club Revitalization</b>	Dinah Henderson	dinahehenderson@centurylink.net
<b>Communications</b>	Josie Frieser	mjosiefrieser@gmail.com
<b>District Service Bulletin</b>	Carol Thomas	carol.thomas1211@gmail.com
<b>Finance Committee</b>	Scott Tice	scottaltrusa@gmail.com
<b>International Foundation Liaison</b>	Martin Houston	martinhouston@gmail.com
<b>Leadership</b>	Joanne Brown	joannebrowndvm@gmail.com
<b>Membership</b>	Randi Kahl	randi_altrusa@yahoo.com
<b>New Club Building</b>	Julia Allen	julia@billallen.com
<b>Program Coordinator</b>	Tammy Hall	thall@odommoses.com
<b>Service Program Development</b>	Dee Dugger	ladydragonfly54@gmail.com
<b>Webmaster</b>	Susy Meier	susymeier@gmail.com

# District Foundation Leadership 2022-23



## DISTRICT THREE FOUNDATION BOARD OF DIRECTORS

Chair	Martha Epps	Starke, FL	mlepps451@embarqmail.com
Vice Chair	Joanne Brown	Monticello, FL	joannebrowndvm@gmail.com
Secretary	Penny Penn	North Georgia, GA	ppenn04@yahoo.com
Treasurer	Dawn Mainville	Lake County, FL	dawn@gofiguretax.com
Trustee	Gayle Magruder	Spartanburg, SC	ggmagruder@charter.net
Trustee	Julie Keiper	Waynesville, NC	julie@techstrategics.com
District Liaison	Dimple Overstreet	Starke, FL	altrusadimple@gmail.com



**Donations to the  
District Three  
Foundation are  
greatly  
appreciated** 😊



# Board of Directors Club Assignments

Governor	Shannon Schell	Citrus, Orlando-Winter Park, Ocala, North Georgia
Governor-Elect	Dimple Overstreet	Lake City, Live Oak, Gainesville, Saint Augustine
Vice Governor	Mantha Young	Lake County, Marianna, Monticello, Statesboro
Director	Dorothy Manning	Gastonia, Charlotte, Salisbury, Waynesville
Director	Nancy Shumaker	Caldwell Co, Durham, Raleigh, Spartanburg
Director	LaShone Surrency	Tampa, Atlanta, Gaffney, Starke

## Altrusa Above and Beyond



Altrusans are soldiers of an imaginary army secretly joining hands to make the world a better place.



*Keep up with us on our District Facebook Page*

← CLICK ON LINK



### Shannon Schell, Governor

3171 Willow Brook Ln  
The Villages, FL 32162

Phone: (352) 406-4573  
Fax: (270) 637-1269

Email: [altrusashannon@aol.com](mailto:altrusashannon@aol.com)

### Website Links:

Altrusa International District Three, Inc  
[districtthree.altrusa.org](http://districtthree.altrusa.org)

Altrusa International, Inc.  
[altrusa.org](http://altrusa.org)