

GOVERNOR GREETINGS

FEBRUARY 2023

Volume 2, Issue 10

FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA



ALTRUSA IS YOU YOU ARE THE FACE AND THE HEART

Our Altrusa organization is a wonderful collection of strong independent Clubs made up of strong independent men and women that have their own identity and individual way of impacting their communities. As Governor, one of my favorite duties has been to visit as many clubs as possible, it has been a “listening and learning tour” for sure. As I truly learn more about each club and member, I become more in awe of you, our membership. Big or small the size of the club makes no difference; your hearts are the same.

My message to each of you has been that you are strong autonomous clubs, but you are also part of a grand idea we call Altrusa! You are each an integral part of our organization as a whole and I remind you how much we are interconnected and we do not stand alone! I love the quote from Mamie L. Bass that states the “strength of Altrusa lies in the individual member.” As in her day, we continue to help those less fortunate than ourselves, so my message is clear, YOU are the heroes of this organization, as individuals, you are the “*Face and the Heart of Altrusa*,” and I salute and thank you for all that you do in your communities and your clubs. You are an inspiration to others and to me in so many ways, making it such an honor to be your Governor!

Thank you all for your exemplary service to Altrusa,

Shannon



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2021-2023 BIENNIUM GOALS



Together we can reach new heights! Every club should strive to attain these three important Biennium Goals.

Remember, the journey can be as important as achieving the goals in lifting others' lives and building better communities.

1. LEADERSHIP:

Set the roadmap for your goals. Submit a Club Strategic Plan to the District Governor.

2. SERVICE:

Shine a spotlight on your Club's activity or project. Submit at least two (2) articles to the DSB for publication.

3. MEMBERSHIP:

Help grow Altrusa with a net gain of four (4) or more new members during the biennium.



MAINTAINING YOUR MOTIVATION

Motivation is the process that initiates, guides, and maintains goal-oriented behaviors. It is what causes us to act, whether it is getting a glass of water to reduce thirst or reading a book to gain knowledge. Here are six things you can do to maintain your motivation: 1. We should continue learning and acquiring knowledge; 2. Spend time with motivated, enthusiastic, and supportive people; 3. Cultivate a positive mindset and build your

optimism & resilience; 4. Identify your strengths and weaknesses, and work on them; 5. Avoid procrastination and work on your time management skills; 6. Get help when you need it, and be willing to help others to succeed. Altrusans live with purpose, I believe that lasting motivation is driven, in large part, by our purpose. And for us that means giving back and helping others. I love that we find motivation in our clubs and projects!

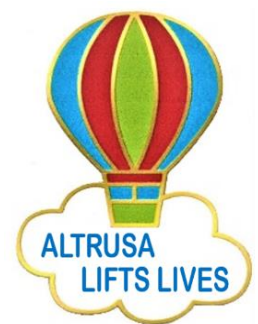
CONFERENCE IS COMING...

...time for you to begin thinking about your club Delegates and Alternates for Conference.

Clubs need to begin their conversations and plans about who will be attending our upcoming Conference in Jacksonville, FL. We are planning a bonanza of fun and exciting events. From learning to laughter, we are pulling out all the stops to make this one of our most memorable Altrusa events that you will certainly not want to miss.

"Don't count the days, make the days count."

- *Muhammad Ali*



**ABOVE AND BEYOND
ALTRUSA LIFTS LIVES**



“A diamond is merely a lump of coal that did well under pressure.”

- Unknown

IT'S ABOUT TIME

The DUE DATE is rapidly approaching for you to send in your submission for this years “Governor’s Outstanding Club Award”.

Your club has worked hard this season, I ask you to celebrate and to acknowledge your accomplishments by applying for this very special award. The application was sent to all club presidents and you can also find it on the District Three Website located under the Awards Tab, then scroll to District Three Awards Forms to download. Due February 28.

REMINDERS:

Update Your Leadership in Group Tally!

REMEMBER to please update all of your membership changes and additions in Group Tally.

Send all DSB Articles to:

Carol Thomas, DSB Editor
carol.thomas1211@gmail.com

Please send in WORD Format



Do You Have a Concern, Congrat or Suggestion?

SEND TO:
altrusashannon@aol.com

LEADERS IN SERVICE

Mail District Dues to:

Scott Tice,
District Three Treasurer

7610 SW 63rd Place Rd
Ocala, FL 34474

Pay International Dues:

Preferably on Group Tally

Altrusa International, Inc.
One North LaSalle Street
Suite 1955
Chicago, IL 60602-4006

ACT

Send Altrusa Caring Thought Requests to:

altrusashannon@aol.com



FEB. 2023	TOPIC	WHO	RESPONSIBLE	NOTES
02/01/23	Governor's Newsletter	2021-2023 Governor	Governor	
02/01/23	ASTRA Service Award	Local Club	ASTRA Member Altrusa Advisor	Due March 1
02/01/23	Request for Conference Delegate/Alternate names sent to Club President	Local Club	District Treasurer	
02/01/23	Conference fee invoice sent to Club Treasurer	Local Club	District Treasurer	Invoice includes number of members, number of Delegates, total fee, fee to be paid even if no Delegates sent.
02/14/23	Valentine's Day	Everyone		
02/15/23	Club Nominating Committee presents slate of candidates to membership	Local Club		
02/15/23	Conference Delegate fee due to District Treasurer	Local Club	District Treasurer	Due February 28
02/15/23	Elect Delegates and Alternates for District Conference	Local Club		Number of Conference Delegates and Alternates determined by number of active members recorded as of 1/31; 1 per 15 or portion thereof
02/15/23	Notify Club Treasurer and Club President, by e-mail, if possible, of any unpaid Conference fees	Local Club	District Treasurer	Copy to Governor
02/20/23	World Day of Social Justice	Local Club		
2/28/23	Governors Outstanding Club Award submission due	Local Club		Send to Governor
02/28/23	Close books for District	District Treasurer		Only if applicable in your District



Happy Valentine's Day and remember Altrusans... There is no such thing as too much chocolate!

Enjoy your Day :)

District Leadership

DISTRICT THREE BOARD OF DIRECTORS

Governor	Shannon Schell	Lake County, FL	altrusashannon@aol.com
Governor-Elect	Dimple Overstreet	Starke, FL	dimplej@embarqmail.com
Vice Governor	Mantha Young	Lake City, FL	mantha@macmediaservices.com
Treasurer	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
Director	Dorothy Manning	Gaffney, SC	demannin@gmail.com
Director	Nancy Shumaker	Statesboro, GA	nwshumaker@yahoo.com
Director	LaShone Surrency	Lake City, FL	lsurrency@elcgateway.org
Secretary	Lori Davis	Lake County, FL	lmdavis0824@gmail.com
Parliamentarian	Colleen Duris	Ocala, FL	cmdaltrusa@gmail.com

DISTRICT THREE COMMITTEE CHAIRS

ASTRA	Jeraldyn Rivest	jeraldyn@hotmail.com
Bylaws, Resolutions & Recommendations (BRR)	Sara Freeborn	svfreeborn@gmail.com
Club Revitalization	Dinah Henderson	dinahehenderson@centurylink.net
Communications	Josie Frieser	mjosiefrieser@gmail.com
District Service Bulletin	Carol Thomas	carol.thomas1211@gmail.com
Finance Committee	Scott Tice	scottaltrusa@gmail.com
International Foundation Liaison	Martin Houston	martinhouston@gmail.com
Leadership	Joanne Brown	fourwindsfarmhouse@centurylink.net
Membership	Randi Kahl	randi_altrusa@yahoo.com
New Club Building	Julia Allen	julia@billallen.com
Program Coordinator	Tammy Hall	thall@odommoses.com
Service Program Development	Dee Dugger	ladydragonfly54@gmail.com
Webmaster	Susy Meier	susymeier@gmail.com

District Foundation Leadership 2022-23



DISTRICT THREE FOUNDATION BOARD OF DIRECTORS

Chair	Martha Epps	Starke, FL	mlepps451@embarqmail.com
Vice Chair	Joanne Brown	Monticello, FL	fourwindsfarmhouse@centurylink.net
Secretary	Penny Penn	North Georgia, GA	ppenn04@yahoo.com
Treasurer	Dawn Mainville	Lake County, FL	dawn@gofiguretax.com
Trustee	Gayle Magruder	Spartanburg, SC	ggmagruder@charter.net
Trustee	Julie Keiper	Waynesville, NC	julie@techstrategics.com
District Liaison	Dimple Overstreet	Starke, FL	dimplej@embarqmail.com



**Donations to the
District Three
Foundation are
greatly
appreciated** 😊

Board of Directors Club Assignments

Governor	Shannon Schell	Citrus, Orlando-Winter Park, Ocala, North Georgia
Governor-Elect	Dimple Overstreet	Lake City, Live Oak, Gainesville, Saint Augustine
Vice Governor	Mantha Young	Lake County, Marianna, Monticello, Statesboro
Director	Dorothy Manning	Gastonia, Charlotte, Salisbury, Waynesville
Director	Nancy Shumaker	Caldwell Co, Durham, Raleigh, Spartanburg
Director	LaShone Surrency	Tampa, Atlanta, Gaffney, Starke

Altrusa Above and Beyond



Altrusans are soldiers of an imaginary army secretly joining hands to make the world a better place.



Keep up with us on our District Facebook Page

← CLICK ON LINK



Shannon Schell, Governor

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The Villages, FL 32162

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Fax: (270) 637-1269

Email: altrusashannon@aol.com

Website Links:

Altrusa International District Three, Inc
districtthree.altrusa.org

Altrusa International, Inc.
altrusa.org