Altrusa International District Three, Inc.

GOVERNOR GREETINGS

Volume 2, Issue 8

FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA



Sometimes, a simple 'Thank You', a call to say 'Hello, I've been thinking about you', or a welcoming smile and letting others know how much they are appreciated, can make a difference. Share your *Holiday Blessings*. Studies show the holidays are stressful, stressful, like we needed a study to tell us that. All of us await the holidays with anticipation and expectations, family, fun, presents, togetherness. Yet, for many of us, there are immeasurable stresses. So, how do we navigate these frenzied days?

- Pace yourself, we rarely do well when rushed.
- Plan fun things. Perhaps shop online, for convenience and safety. Playing games or singing, doing karaoke, even if out of tune like me, become memories that can last forever.
- Go virtual, some family members may not be able to gather in person, whether it's travel costs, family schedules, or safety concerns.
- If times are tough, talk about it, clear the air; it may initially add to the stress, but holding in resentments may make matters worse.
- Try alternate ways of giving. The holidays may be better spent sharing time together, which is more precious than giving gifts.
- Keep the focus on gratitude, how grateful we are to be together regardless of adversities or losses we suffered is resilience building.

The holidays can be trying. Don't let the hustle and bustle ruin your time with family and friends. Slow it down. After all, these days really only happen once a year.

Thank you all for your exemplary service to Altrusa,

Shannon



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2021-2023 BIENNIUM GOALS



Together we can reach new heights! Every club should strive to attain these three important Biennium Goals.

Remember, the journey can be as important as achieving the goals in lifting others' lives and building better communities.

1. LEADERSHIP:

Set the roadmap for your goals. Submit a Club Strategic Plan to the District Governor.

2. SERVICE:

Shine a spotlight on your Club's activity or project. Submit at least two (2) articles to the DSB for publication.

3. MEMBERSHIP:

Help grow Altrusa with a net gain of four (4) or more new members during the biennium.



HAPPY HOLIDAYS TO ALL

The holidays are a time to share with family and friends and a time of giving to those less fortunate. Now is also a great time to share with all those you meet the wonderful work that we as Altrusans are doing throughout our communities as well. This time of the year is also good to kick back and reflect on all the projects heartfelt we have accomplished and all the lives we have helped to lift! Give yourselves a pat on the back my fellow Altrusans for jobs well done. Rejoice and count your blessings.

The Leadership Team would like to take this opportunity to wish all Altrusans a wonderful Holiday Season, a joyful New Year and the gift of calming downtime with your friends and families.



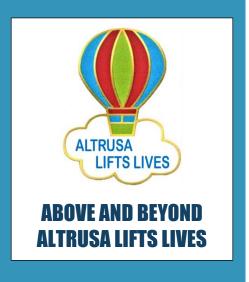
ON SALE: Membership Dues

From December 1st through March 31st International and District Dues are at Half Price for New Members.

Our International Dues will become \$27.50 and District Dues will be \$10.00. But do not forget that for each new member International will still charge a \$10 processing fee. So, this is a great time to talk up membership and offer all new prospective members a super deal on their dues.

"It is good to have an end to journey toward; but it is the journey that matters in the end."

Ernest Hemingway





"To handle yourself, use your head; to handle others, use your heart."

- Eleanor Roosevelt

WHY DO WE BOTHER YOU ASK

It's time to begin organizing groups to complete award submissions for your club. You can find updated copies of the applications on the District Three website. Submitting your clubs award applications is a great way to recognize all the hard work done by your members and acknowledge the real work we do to impact our communities. The Awards process also serves to bring in new service project ideas or put a new twist on a known project that can be shared with other clubs.

REMINDERS:

Update Your Leadership in **Group Tally!**

REMEMBER to please update all of your membership changes and additions in Group Tally.

Send all DSB Articles to:

Carol Thomas, DSB Editor carol.thomas1211@gmail.com

Please send in WORD Format



Do You Have a Concern, Congrat or Suggestion?

SEND TO: altrusashannon@aol.com

LEADERS IN SERVICE

Mail District Dues to:

Scott Tice,
District Three Treasurer

7610 SW 63rd Place Rd Ocala, FL 34474

Pay International Dues:

Preferably On Group Tally

Altrusa International, Inc. One North LaSalle Street Suite 1955 Chicago, IL 60602-4006

ACT Send Altrusa Caring Thought Requests to:

altrusashannon@aol.com



Calendar Volume 2, Issue 8

DEC 2022	TOPIC	WHO	RESPONSIBLE	NOTES
12/01/22	Governor's Newsletter	2021-2023 Governor	Governor	
12/01/22	International & District dues are half price for new members from Dec 1 - March 31	Local Club	District Treasurer	
12/07/22	Pearl Harbor Remembrance Day			
12/10/22	Human Rights Day	Local Club		
12/18-26	Hanukkah			
12/25/22	Christmas Day			

JAN 2023	TOPIC	WHO	RESPONSIBLE	NOTES
01/01/23	Governor's Newsletter	2021-2023 Governor	Governor	
01/01/23	First week in January, ASTRA scholarship applications available	Local Club	ASTRA Member Altrusa Advisor	Due to Int'l ASTRA Chair by March 15
01/01/23	Elect Club Nominating Committee	Local Club		
01/01/23	Club Presidents prepare for District Award entries	Local Club		Review criteria before submissions
01/01/23	BRR requests due from Clubs to District BRR Chair	Local Club	District BRR Chair	Required 90 days before District Conference
01/01/23	Invite ASTRA participation at District Conference	Governor	District ASTRA Chair	
01/23 TBD	International Board of Directors meeting	Int. Board of Directors		
01/15/23	District Service Bulletin articles due	Dist. Board, Comm. Chairs	DSB Editor	
01/31/23	District Award submission deadline	Local Club	Awards Coordinator	Dates can vary
01/31/23	Consider making a contribution to the Foundation's Disaster Relief Fund	Local Club		
1/31/23	Consider making a contribution to the District Three Foundation General Fund and to the Joey Robison Scholarship Fund	Local Club and members		Please donate today
01/31/23	District Service Bulletin and Governor's Call to Conference e-mailing	DSB Editor		

District Leadership

DISTRICT THREE BOARD OF DIRECTORS			
Governor	Shannon Schell	Lake County, FL	altrusashannon@aol.com
Governor-Elect	Dimple Overstreet	Starke, FL	dimplej@embarqmail.com
Vice Governor	Mantha Young	Lake City, FL	mantha@macmediaservices.com
Treasurer	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
Director	Dorothy Manning	Gaffney, SC	demannin@gmail.com
Director	Nancy Shumaker	Statesboro, GA	nwshumaker@yahoo.com
Director	LaShone Surrency	Lake City, FL	Lsurrency@elcgateway.org
Secretary	Lori Davis	Lake County, FL	Lmdavis0824@gmail.com
Parliamentarian	Colleen Duris	Ocala, FL	cmdaltrusa@gmail.com

DISTRICT THREE COMMITTEE CHAIRS			
ASTRA	Jeraldyn Rivest	jeraldyn@hotmail.com	
Bylaws, Resolutions & Recommendations (BRR)	Sara Freeborn	svfreeborn@gmail.com	
Club Revitalization	Dinah Henderson	dinahehenderson@centurylink.net	
Communications	Josie Frieser	mjosiefrieser@gmail.com	
District Service Bulletin	Carol Thomas	carol.thomas1211@gmail.com	
Finance Committee	Scott Tice	scottaltrusa@gmail.com	
International Foundation Liaison	Martin Houston	martinbhouston@gmail.com	
Leadership	Joanne Brown	fourwindsfarmhouse@centurylink.net	
Membership	Randi Kahl	randi_altrusa@yahoo.com	
New Club Building	Julia Allen	julia@billallen.com	
Program Coordinator	Tammy Hall	thall@odommoses.com	
Service Program Development	Dee Dugger	ladydragonfly54@gmail.com	
Webmaster	Susy Meier	susymeier@gmail.com	

District Foundation Leadership 2022-23



DISTRICT THREE FOUNDATION BOARD OF DIRECTORS			
Chair	Martha Epps	Starke, FL	mlepps451@embarqmail.com
Vice Chair	Joanne Brown	Monticello, FL	fourwindsfarmhouse@centurylink.net
Secretary	Penny Penn	North Georgia, GA	ppenn04@yahoo.com
Treasurer	Dawn Mainville	Lake County, FL	dawn@gofiguretax.com
Trustee	Gayle Magruder	Spartanburg, SC	ggmagruder@charter.net
Trustee	Julie Keiper	Waynesville, NC	julie@techstrategics.com
District Liaison	Dimple Overstreet	Starke, FL	dimplej@embarqmail.com



Donations to the District Three Foundation are greatly appreciated &

Board of Directors Club Assignments

Governor

Governor-Elect

Vice Governor

Director

Director

Director

Shannon Schell

Dimple Overstreet

Mantha Young

Dorothy Manning

Nancy Shumaker

LaShone Surrency

Citrus, Orlando-Winter Park, Ocala,
North Georgia

Lake City, Live Oak, Gainesville,
Saint Augustine

Lake County, Marianna, Monticello,
Statesboro

Gastonia, Charlotte, Salisbury,
Waynesville

Caldwell Co, Durham, Raleigh,
Spartanburg

Tampa, Atlanta, Gaffney,
Starke

Altrusa Above and Beyond



Altrusans are soldiers of an imaginary army secretly joining hands to make the world a better place.



Keep up with us on our District Facebook Page



Shannon Schell, Governor

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Email: altrusashannon@aol.com

Website Links:

Altrusa International District Three, Inc districtthree.altrusa.org

Altrusa International, Inc. altrusa.org