



Altrusa's District Three Support Our Soldiers (SOS), a past International Project, is a continuing way of saying Thank You to the active-duty service men and women who are devoting their lives in faraway places in order to ensure peace with vigilance for us and our loved ones and saying Thank You to our veterans.

Each of us can participate by performing random acts of kindness, such as buying a soldier in uniform a meal, volunteering to place flags on veteran's graves on Memorial Day or simply thanking them for their service.

Together as a club, we can do so much more. We can:

- Send Care packages to deployed Troops
- Provide Assistance to wounded Troops returning home
- Provide Assistance to our homeless veterans

The SOS overview, which can be found at <https://districtthree.altrusa.org/district-three-service> provides a detail about different ways you can help with this important project. You can also check with different veteran's association in your area about ongoing projects.

I look forward to hearing all about your SOS project plans. Please contact me if you have questions or project ideas.

In Altrusa Service,

*Dee Dugger*

My email can be found in a 2022 edition of the District Three DSB or Governor Greetings

District Three Service Program Development Chair

