

# GOVERNOR GREETINGS

**MARCH 2022**  
**Volume 1, Issue 11**

FLORIDA, GEORGIA, NORTH CAROLINA AND SOUTH CAROLINA



## MARCH MADNESS IS REAL JUST TAKE A LOOK AT OUR CALENDAR

We all reach that point in our lives where we feel like the weight of the world is on our shoulders. Too much to do, far too little time. There are times when I go a little crazy and feel overwhelmed with so much to do as Governor, Grandmother and Business Owner. However busy, I am actually enjoying the challenges and opportunities these positions have brought me. Rather than let myself drown in the duties of each, I look for ways to find peace in the midst of looming deadlines and activities. Here are some tips on how to handle a busy schedule:

- 1. Prioritize** - You can't tackle every task, prioritize your responsibilities.
- 2. Organize** - Make a schedule of daily tasks.
- 3. Reinforce What Needs to Get Done** - Write everything down into a big calendar, and on post-its for good measure.
- 4. Know Your Limits** - It's great to be involved and to be active but maybe you need to delegate more responsibility among your club members.
- 5. Take a Break** - Walk away from the task and return when you are refreshed, and have greater clarity.
- 6. Utilize Your Support System** - Your family and close circle of Altrusa friends are there for you. Don't be afraid to ask, they want to help!
- 7. Make Time for Yourself** - Sometimes we are so caught up in getting things done and meeting all the deadlines, that we neglect ourselves.

Make sure you take time out to relax. It's all about balance.

Thank you all for your exemplary service to Altrusa,

*Shannon*



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# 2021-2023 BIENNIUM GOALS



Together we can reach new heights! Every club should strive to attain these three important Biennium Goals.

Remember, the journey can be as important as achieving the goals in lifting others' lives and building better communities.

## 1. LEADERSHIP:

Set the roadmap for your goals. Submit a Club Strategic Plan to the District Governor.

## 2. SERVICE:

Shine a spotlight on your Club's activity or project. Submit at least two (2) articles to the DSB for publication.

## 3. MEMBERSHIP:

Help grow Altrusa with a net gain of four (4) or more new members during the biennium.



## OUR DISTRICT FOUNDATION...

### Needs Your Support

We are asking for your help in making the District Three Foundation fundraising efforts at Conference a success. As you know this is their main source of revenue which provides resources for local Clubs to help provide literacy, educational, and charitable services. So we are asking you to dig deep and donate items for their Silent Auction. Club baskets are always a hit along with jewelry, art and other items of interest. New this year will be the "Desert Dash" at their luncheon. So, choose your fastest runners and bring your spirit of giving!

**"The road to success is always under construction."**

- Lily Tomlin

## A BIG MONTH FOR ASTRA

ASTRA is an acronym for:

- **Ability** to know everyone's special talents and share with others.
- **Service** to improve lives of those less fortunate.
- **Training** to develop leadership ability and potential.
- **Responsibility** to accept their obligations and to know the satisfaction of carrying projects through to a conclusion.
- **Achievement** to experience success.

This month is packed with ASTRA deadlines to look out for. First the ASTRA Service Award application is due, then March 15<sup>th</sup> ASTRA High School and College Scholarship application is due along with ordering ASTRA Graduation Cords and Letters. Also, at this time the ASTRA Club Annual Report will become available. Then please don't forget to complete the ASTRA Alumni Information sheet for members 18 and older.



**ABOVE AND BEYOND  
ALTRUSA LIFTS LIVES**



*“If you think you are too small to make a difference, try sleeping with a mosquito.”*

*- Dalai Lama*

## RECOGNITION AT CONFERENCE. . .

Let Lori Know

In our preparations for our upcoming Conference in April, we are requesting all Club Presidents to please provide Lori Davis, District Secretary, the names of club members who have reached their 25- and 50-year milestones. Also, we will be remembering and memorializing our members who are no longer with us. If a member has passed away since May 2021 please send in the completed Memorial Form that was sent to all Club Presidents, along with a photo to [imdavis0824@gmail.com](mailto:imdavis0824@gmail.com).

## REMINDERS:

### Update Your Leadership in Group Tally!

REMEMBER to please update all of your membership changes and additions in Group Tally.

### Send all DSB Articles to:

Carol Thomas, DSB Editor  
[carol.thomas1211@gmail.com](mailto:carol.thomas1211@gmail.com)

Please send in WORD Format



### Do You Have a Concern, Congrat or Suggestion?

SEND TO:  
[altrusashannon@aol.com](mailto:altrusashannon@aol.com)

## LEADERS IN SERVICE

### Mail District Dues to:

Scott Tice,  
District Three Treasurer

8590 SW 66 Terrace  
Ocala, FL 34476

### Pay International Dues:

Preferably on Group Tally

Altrusa International, Inc.  
One North LaSalle Street  
Suite 1955  
Chicago, IL 60602-4006

### ACT Send Altrusa Caring Thought Requests to:

[altrusashannon@aol.com](mailto:altrusashannon@aol.com)



# 2022 Conference Service Project

## Calling on every Club to PLEASE HELP...



DOING  
THE MOST  
GOOD®

District Three is so very fortunate to have so many members with a big heart for serving their communities. To continue our journeys of Lifting others Lives, we have chosen to aid the homeless women and children of the greater Charlotte area. The Salvation Army **Center of Hope Shelter** for women and children up to 17, serves over 350 women and children each day by providing shelter, case management and three meals a day. Our mission at Conference will be to create as many **FAMILY CARE PACKS** as possible. To accomplish this goal we would like each club to take on this mission challenge of collecting much needed items (listed below) to create these PACKS. We are combining a literacy component to this project, by requesting childrens book donations as well. Be sure to track your clubs number of books donated, as they will count towards International's Million Book Challenge for this biennium. One of our workshops will explain everything about this challenge! We will gather in the Magnolia Room at Conference, for this hands-on project to assemble all donated items that will be disbursed to the shelters families.

## The Salvation Army Center of Hope *Shelter for women and children*

### Family Care Pack Project Description

- Large **BAGS** (Backpacks to Laundry style)
- Books for kids 5 to 17 male and female
- Puzzles
- Crossword books
- Flashcards
- Books with inspirational quotes for mom
- Journal/Pen for mom/parent
- Inspirational note on an index card written by club members
- Gift cards from chain stores for shoes

### Grooming products

- Wash cloths
- Deodorant
- Chapstick
- Toothbrushes
- Toothpaste
- Combs
- Brushes
- Tissues
- Toilet paper
- Feminine hygiene
- Travel size soap
- Travel size shampoo
- Baby diapers
- Baby wipes
- Lotion
- Nail clipper/file
- Women's underwear
- Socks
- Hand sanitizer
- Masks

**Bring items to Conference or ship them to Josie Frieser: 10637 Serape Rd, Charlotte, NC 28277**

### We will also Create Notes of Hope

Everyone can use an uplifting word now and then, and those who are experiencing obstacles overcoming homelessness are not different. We will supply index cards for you to write short notes of encouragement to add to the Family Care Packs. You can also have club members write cards and bring to Conference.



Message ideas:

“You Matter!”

“Just wanted to send you a smile today.”

“I believe in you! And unicorns. But mostly you!”

“You are LOVED”

Any Uplifting verse

MARCH 2022	TOPIC	WHO	RESPONSIBLE	NOTES
03/01/22	Governor's Newsletter	2021-2023 Governor	Governor	
03/01/22	Send names of all members deceased during last year to District Secretary	Local Club	District Secretary	For Remembrance at Conference
03/01/22	Elect officers for next club year	Local Club		
03/01/22	ASTRA Service Award due	Local Club	ASTRA Member Altrusa Advisor	Due March 1 or by date set by Governor
03/08/22	International Woman's Day	Local Club		
03/15/22	ASTRA High School and College scholarship applications due	Local Club	ASTRA Member Altrusa Advisor	Due March 15 to International Office
03/15/22	ASTRA Club Annual Report available	Local Club	ASTRA Member Altrusa Advisor	Due June 1
03/15/22	Order ASTRA graduation cords and letters	Local Club	District ASTRA Chair	From International Office
03/15/22	Conference Delegate and Alternate names due to District Secretary	Local Club	District Secretary	
03/15/22	Notify Governor of any club with unpaid Conference dues or fees	District Treasurer		Must be paid by March 31 or Delegates will not be recognized at Conference
03/15/22	Grant applications due to International Foundation	Local Club		Due March 15th
03/15/22	Off-site awards judging completed and names of winners sent to District Awards Coordinator	District	District Awards Coordinator	Mantha Young, Vice Governor
03/20/22	Financial data due to Audit Committee	District Treasurer	Audit Committee	District closes books Feb 28
03/26/22	International Board of Directors meeting	Int. Board of Directors		
03/31/22	List of Delegate, Alternates, District Officers and Past Governors to Credentials Chair	Credentials Chair	District Secretary	Due 15 days before Conference
03/31/22	Certified list of candidates for Nominating Committee to Elections Chair	Elections Chair	District Secretary	Due 15 days before Conference
03/31/22	Annual District Board & Committee Chair reports due	District Board & Committee Chairs	Governor	
03/31/22	Update names of new officers in Group Tally	Local Club	Copy to District Secretary	
03/31/22	ASTRA Alumni Info Sheet to be completed by all ASTRA members ages 18 and older	Local Club	District ASTRA Advisor	Due May 31



# District Leadership

<b>DISTRICT THREE BOARD OF DIRECTORS</b>			
<b>Governor</b>	Shannon Schell	Lake County, FL	altrusashannon@aol.com
<b>Governor-Elect</b>	Dimple Overstreet	Starke, FL	dimplej@embarqmail.com
<b>Vice Governor</b>	Mantha Young	Lake City, FL	mantha@macmediaservices.com
<b>Treasurer</b>	Scott Tice	Ocala, FL	scottaltrusa@gmail.com
<b>Director</b>	Dorothy Manning	Gaffney, SC	demannin@gmail.com
<b>Director</b>	Nancy Shumaker	Statesboro, GA	nwshumaker@yahoo.com
<b>Director</b>	LaShone Surrency	Lake City, FL	Lsurrency@elcgateway.org
<b>Secretary</b>	Lori Davis	Lake County, FL	Lmdavis0824@gmail.com
<b>Parliamentarian</b>	Colleen Duris	Ocala, FL	cmdaltrusa@gmail.com

<b>DISTRICT THREE COMMITTEE CHAIRS</b>		
<b>ASTRA</b>	Jeraldyn Rivest	jeraldyn@hotmail.com
<b>Bylaws, Resolutions &amp; Recommendations (BRR)</b>	Sara Freeborn	svfreeborn@gmail.com
<b>Club Revitalization</b>	Dinah Henderson	dinahehenderson@centurylink.net
<b>Communications</b>	Josie Frieser	mjosiefrieser@gmail.com
<b>District Service Bulletin</b>	Carol Thomas	carol.thomas1211@gmail.com
<b>Finance Committee</b>	Scott Tice	scottaltrusa@gmail.com
<b>International Foundation Liaison</b>	Martin Houston	martinhouston@gmail.com
<b>Leadership</b>	Joanne Brown	fourwindsfarmhouse@centurylink.net
<b>Membership</b>	Randi Kahl	randi_altrusa@yahoo.com
<b>New Club Building</b>	Julia Allen	julia@billallen.com
<b>Program Coordinator</b>	Tammy Hall	thall@odommoses.com
<b>Service Program Development</b>	Jackie Long	jackiestylist81@gmail.com
<b>Webmaster</b>	Susy Meier	susymeier@gmail.com

# Board of Directors Club Assignments

Governor	Shannon Schell	Citrus, Orlando-Winter Park, Ocala, North Georgia
Governor-Elect	Dimple Overstreet	Lake City, Live Oak, Gainesville, Saint Augustine
Vice Governor	Mantha Young	Lake County, Marianna, Monticello, Statesboro
Director	Dorothy Manning	Gastonia, Charlotte, Salisbury, Waynesville
Director	Nancy Shumaker	Caldwell Co, Durham, Raleigh, Spartanburg
Director	LaShone Surrency	Tampa, Atlanta, Gaffney, Starke

## Altrusa Above and Beyond



Altrusans are soldiers of an imaginary army secretly joining hands to make the world a better place.



*Keep up with us on our District Facebook Page*

← CLICK ON LINK



### Shannon Schell, Governor

3171 Willow Brook Ln  
The Villages, FL 32162

Phone: (352) 406-4573  
Fax: (270) 637-1269

Email: [altrusashannon@aol.com](mailto:altrusashannon@aol.com)

### Website Links:

Altrusa International District Three, Inc  
[districtthree.altrusa.org](http://districtthree.altrusa.org)

Altrusa International, Inc.  
[altrusa.org](http://altrusa.org)