Volume 2, Issue 7

Altrusa International District Three, Inc.

Governor Kitty's Biennium Goals Monthly Newsletter

ALTRUSA International | Leading to a Better Community® District Three

December

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Thoughtfulness

Thoughtfulness

"Thoughtfulness is the beginning of great sanctity. If you learn this art, of being thoughtful, you will become more and more Christ-like, for his heart was meek and he always thought of others, Our vocation, to be beautiful, must be full of thought for others." Mother Teresa

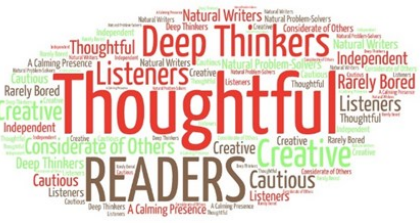
Thoughtfulness is the consideration for others, in a contemplative, purposeful manner. It is more than being considerate and nice. Paying attention to those around you, reflecting on the situation and then choosing to react in a purposeful, benevolent way signifies **thoughtfulness**.

How does one lead to inspire others to demonstrate **thoughtfulness**?

* Teach the value of words that come from the heart.
* Instill in others two important words: Be Kind.
* Apply the Golden Rule, "Do unto others, as you would have them do unto you."
* Take advantage of teachable moments.
* Lead by example; words are important, however, actions are more powerful.

Doesn't **thoughtfulness** remind you of Altruism?

Wishing each of you and your families a holiday season filled with precious memories, love and gratitude.



In Altrusa Service,

Kitty

Membership

December marks the end of the year and in 2020, it could not come soon enough, with hopes that 2021 will be less challenging. If your club is not meeting face to face, please consider reaching out to all members to check on their wellbeing. Members are the foundation of Altrusa. Reaching out to members can be a great service by your Board. Make a phone call, send a hand written card, or reach out via technology (text or email), and follow up if there is no response. I have the opportunity to write to two sisters in-law weekly (my brothers have passed). Sometimes I get a note from them, but if none arrives, it is okay. They are family members who are valued. How do you value your club members?

Communication

Preparation for the submission of awards should be team effort. Clearly communicating the expectations for and completing of the District and Foundation Awards is essential. Review the criteria for each award and select the individual who would be the most knowledgeable to prepare the submission. Ask that member to recruit a colleague to review the application. In taking this approach, a leader demonstrates a trust in the membership and provides the membership to take on a leadership position. Building leadership is a tenet of Altrusa.

Service

One component of the Altrusa motto is service. What are some ways to approach our mission to service?

- Cultivate a connection to something larger than ourselves. Take a step outside the comfort zone.
- Have a passion for the projects to undertake; discover what you are actually here for. What draws you to this project?
- Have an audacious goal. Dream big. Focus on the change desired to create in your community. What can you do to make your community a better place for all?
- Make a change before a change is made for you. Determine your destiny. Wouldn't it be better to chart one's own course, rather than having it charted for you?

In considering the above thoughts, each Altrusan can serve the world in the way each is meant to serve.

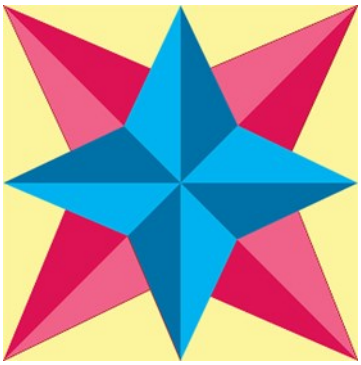
"*Only a life lived in the service to others is worth living.*" Albert Einstein

Leadership

Generosity from a leader speaks loudly to others and serves one well. True generosity comes from the heart and permeates all aspects of a leader's life. It is not a single event, rather a pattern of life. In order to be generous to others, a leader must cultivate the quality of generosity in her/his life. Steps to nurture one's own generosity include: being grateful for what one has; not allowing the desire for possessions to take control; regard money as a resource; and get in the habit of giving. As Altrusans, we are concerned about and work towards improving the lives of others.

"Giving is the highest level of living." John Maxwell

2019-2021 Biennium Goals



A compass signifies the purpose, vison and mission of our biennium. Living by the compass gives satisfaction from realizing the difference you make in *Building Better Communities*.

The points of the compass guide us in the direction of our goals. The North point of the compass represents creativity and helpfulness. The East point of the compass represents love and compassion. The South point of the compass represents adventure and passion. The West point of the compass represents confidence and persistence.

North: Vision

Goal: Submit at least one article for publication in the DSB.

East: Service

Goal: Participate in the International Service Project

Goal: Enhance a current service project or initiate a new service project.

South: Membership

Goal: A net gain of two members per year.

West: Leadership

Goal: Submit the same number of award applications or increase by one the number of award applications from the prior year.

Goal: Submit a club strategic plan

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ALTRUSA International | Leading to a Better Community® District Three

Reminders

Send Altrusa Caring Thoughts (ACT) requests to kittyaltrusa@gmail.com

The District Three Policies have been revised to include policy and procedure on Disbanding. The revised Polies are on the District Three website at https://districtthree.altrusa.org/

Have an Idea or suggestion??
Send to:

kiityaltrusa@gmail.com

Virtual Club

If a member is unable to continue membership in your club, due to other obligations, yet has a passion for Altrusa and service, please consider guiding the member to the Virtual Club. Information on the Virtual Club can be obtained from Past Governor Christy Bryant who is coordinating this endeavor. Christy can be contacted via email at christybryant@windstream.net.

District and Foundation Awards

It is time to assess the award submissions each club will submit for District and Foundation Awards. Charts are available on the District Three website for both District and Foundation Awards. The Governors Outstanding Club Award application has been updated and can be found on the District Three website, as well. District and Foundation Awards submissions are due January 31, 2021 and the Governor's Outstanding Club Award application is due February 28, 2021. The links to these documents are as follows:

District Three Awards:

https://districtthree.altrusa.org/district-three-awards/

District Three Foundation Awards

https://districtthree.altrusa.org/district-foundation/

Half Dues

From December 1st - March 31st International and District membership dues are HALF-PRICE!

International dues are $27.50 and District dues are $10. As with all new memberships International adds a $10 processing fee. This a great time to enroll those folks who have been talking about joining!

"A little thought and a little kindness are often worth more than a great deal of money."

John Ruskin

Website links:

Altrusa International District Three, Inc. :

http://districtthree.altrusa.org/

Calendar

NOVEMBER 2020	TOPIC	WHO	PERSON RESPONSIBLE	
12/01/20	Governor's Newsletter	Governor 2019-2021	Governor	
12/01/20	One half District & International Dues for new members 12/1 - 3/31	Local Club	Treasurer	
12/10/20	Human Rights Day	Local Club		
JANUARY 2021	**TOPIC**	**WHO**	**PERSON RESPONSIBLE**	
1/01/21	Governor's Newsletter	Governor 2019-2021	Governor	
01/01/21	First week in January, ASTRA scholarship applications available	Local Club	ASTRA Member, Altrusa Member/ Advisor	Due March 15 to International ASTRA Chair
01/01/21	BRR requests due from Clubs to BRR Chair	Local Club	BRR Chair	Required 90 days before district conference
01/01/21	Elect Nominating Committee	Local Club		
01/01/21	Copies of Nomination Forms and Photos to DSB Editor	Nominating Comm.	DSB Editor	
01/01/21	Club Presidents prepare for District Award Entries	Local Club		Review criteria and submissions
01/01/21	Invite ASTRA participation in District Conference	Governor	ASTRA Chair	
01/??/21	International Board of Directors meeting	Int. Board of Directors		
01/15/21	District Service Bulletin Articles Due	Dist. Board, Comm. Chairs	DSB Editor	
01/31/21	District Award Submission Deadline	Local Club	Awards Coordinator	Dates can vary
01/31/21	Consider making a contribution to the Foundation's Disaster Relief Fund	Local Club	Clubs	
01/31/21	District Service Bulletin Emailed & Governor's Call to Conference	DSB Editor		

Throughout the holiday season
May you be the beacon
That sheds light on others
And helps them discover
The love, kindness and hope that hovers
Over them each day.

2019-2021 Biennium Leadership

District Three Board of Directors

Governor	Kitty McElhaney	Lake City, FL	kittyaltrusa@gmail.com
Governor-Elect	Shannon Schell	Lake County FL	seszippy@aol.com
Vice Governor	Dimple Overstreet	Starke, FL	dimplej@embarqmail.com
Treasurer	Mary Kirley	North Georgia, GA	justbreathe@bellsouth.net
Director	Joanne Brown	Monticello, FL	fourwindsfarmhouse@centurylink.net
Director	Nanci Schwartz	Lake County, FL	napschwartz@gmail.com
Director	Karen Wishart	Gainesville, FL	karenataltrusa@gmail.com
Secretary	Mantha Young	Lake City, FL	AltrusaDistrictThreeSecretary@gmail.com
Parliamentarian	Jane Gray	Raleigh, NC	judgejanie49@gmail.com

District Three Board of Directors Club Assignments

Governor	Kitty McElhaney	Durham, Raleigh, Salisbury, Spartanburg
Governor-Elect	Shannon Schell	Charlotte, Gaffney, Statesboro, Waynesville
Vice Governor	Dimple Overstreet	Atlanta, Caldwell County, Gastonia, North Georgia
Director	Joanne Brown	Lake County, St Augustine, Gainesville, Starke
Director	Nanci Schwartz	Citrus, Ocala, Orlando-Winter Park, Tampa
Director	Karen Wishart	Live Oak, Lake City, Marianna, Monticello

District Three Committee Chairs

ASTRA	Scott Tice	scottaltrusa@gmail.com
Bylaws, Resolution & Recommendations (BRR)	Penny Penn	ppenn04@yahoo.com
Club Revitalization	Nancy Shumaker	nwshumaker@yahoo.com
Communications	Josie Frieser	mjosiefrieser@gmail.com
Days For Girls Contact	Shelly Bowen	mailto:bowenshelly@ymail.com
District Service Bulletin	Sandy Thompson	sandy@organizemehappy.com
Finance Committee	Mary Kirley	justbreathe@bellsouth.net
International Foundation Liaison	Nancy Mott	njmott@att.net
Leadership	Randi Kahl	randi_altrusa@yahoo.com
Membership	Randi Kahl	randi_altrusa@yahoo.com
New Club Building	Valeree Browning Mason	valeree1864@gmail.com
Program Coordinator	Tammy Hall	thall@odommoses.com
Service Program Development/SOS Contact	Hilma Hicks-Gaskins	Hhicks25@centurylink.net
Webmaster	Susy Meier	susymeier@gmail.com