

Governor Kitty's Biennium Goals Monthly Newsletter



October

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Change

“Just like seasons, people change.

October brings a physical change with an infusion of colors as foliage is transformed while being enveloped with cooler temperatures. The manner in which we, Altrusans, are used to meeting, performing service and being visible in our communities has **changed**.

Why is change so hard? With **change** comes the fear of losing something of value or inability to adapt to new ways. It requires a stretch from one’s comfort zone, exploring new venues. The uncertainty of results due to change can be stressful.

What is required to embrace change? Taking a challenging situation and turning it into a positive experience requires one to have confidence, to be open to new ideas and to be a problem solver. Self-confidence and an optimistic outlook on the benefits of **change** provide a sound foundation for adopting change.

What can we learn from change? Embracing **change** teaches one to adapt and develop resiliency. Change is a growth opportunity. Through change one acquires flexibility.

“It only takes one person to start a ripple of change.”

Will you be that person?

In Altrusa Service,

Kitty



Membership

Does your club strive to adopt the following values?

Respect: Showing respect in actions and words when working with each other and with volunteers.

Treating each other fairly. Creating a safe place for those who interact in our Altrusa community.

Diversity: Welcoming a diverse membership and embracing inclusion. Taking a proactive approach to recognize and address individual biases and prejudices when welcoming new members.

Growth: Supporting mentoring and learning from each other. Being open to new ideas and new ways of doing things. Encouraging learning by experiences.

Sharing: Applauding successes as a club and as individuals. Celebrating the different ways in which we support our communities and increase the number of people we can help. Sharing our Altrusa experience with others to invite them to join us on this journey.

Source: District Twelve



Communication

Zoomtopia is a complimentary two-day virtual experience to discover how video-first unified communications are empowering the workforces of today. The event will be held on October 14 – 15, 2020, with a focus on Courage. It takes courage to create solutions for the current times when face-to-face communication is a challenge. The conference is for those individuals who are passionate about communication and collaboration. Participants will be provided a better understanding of how to navigate our new normal with safe and secure communications. The link to find out more about *Zoomtopia* and to register:

www.zoomtopia.com



Service



Make A Difference Day is an unofficial observance that emphasizes community service and volunteerism. It has been celebrated on the fourth Saturday of October since 1992, this year it is on October 24, 2020. Some ideas for service projects: shopping locally supports the local economy; adopt a neighbor who could use a hand; perform a random act of kindness; or write cards to residents in a nursing home or the VA. What plans does your club have in mind for **Make A Difference Day**?

Leadership

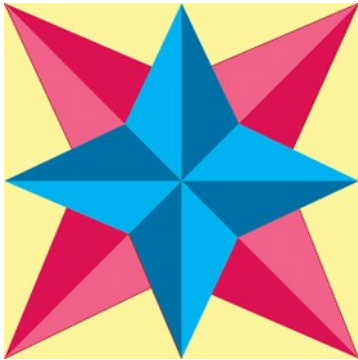
Passion is a strong devotion to some concept, activity or object. A passionate leader has a clarity of vision, being future focused. An outstanding communicator, a passionate leader listens with intent to genuinely understand, rather than to advance his or her own agenda. Recognizing potential, their own and others, the passionate leader guides collaboratively toward a common goal. A passionate leader recognizes that failure is an opportunity to learn and they are lifelong learners.

As a leader, what is your passion?



"When a leader reaches out in passion, he is usually met with an answering passion." John Maxwell

2019-2021 Biennium Goals



A compass signifies the purpose, vision and mission of our biennium. Living by the compass gives satisfaction from realizing the difference you make in *Building Better Communities.*

The points of the compass guide us in the direction of our goals. The North point of the compass represents creativity and helpfulness. The East point of the compass represents love and compassion. The South point of the compass represents adventure and passion. The West point of the compass represents confidence and persistence.

North: Vision

Goal: Submit at least one article for publication in the DSB.

East: Service

Goal: Participate in the International Service Project

Goal: Enhance a current service project or initiate a new service project.

South: Membership

Goal: A net gain of two members per year.

West: Leadership

Goal: Submit the same number of award applications or increase by one the number of award applications from the prior year.

Goal: Submit a club strategic plan

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Reminders

Send Altrusa Caring Thoughts (ACT) requests to kittyaltrusa@gmail.com

Email Change

Please make note of my email change to: kittyaltrusa@gmail.com



Have an Idea or suggestion??
Send to:

kiityaltrusa@gmail.com

“Don’t be afraid of CHANGE. You may lose something good, but you may gain something better.”

Virtual Club

If a member is unable to continue membership in your club, due to other obligations, yet has a passion for Altrusa and service, please consider guiding the member to the Virtual Club. Information on the Virtual Club can be obtained from Past Governor Christy Bryant who is coordinating this endeavor. Christy can be contacted via email at christybryant@windstream.net.

WORLD FOOD DAY-October 16,2020

World Food Day is a day of action dedicated to tackling global hunger. It is one of the most celebrated days of the UN calendar. It honors the date October 16 of the founding of the Food and Agriculture Organization of the UN.

Actions/projects-(With careful local Covid-19 restrictions considered)

1. Donate to your local food bank-canned food/money.
2. Serve food at a homeless shelter -with local public health guidelines in place.
3. Help at your community food gardens-plant/weed.
4. Buy from local farmers and producers.
5. Volunteer to assist at your local Emergency Food Bank.
6. Have a Food Resource Bank member speak to your Altrusa monthly meeting via ZOOM, for example.

District Service Bulletin

The deadline for Fall DSB articles is October 15, 2020. It doesn’t have to be lengthy and pictures tell a story. One of the biennium goals is to submit an article to the DSB during the year. Share the activities of your Club by submitting an article to DSB Editor Sandy Thompson at sandy@organizemehappy.com and a copy to me at kittyaltrusa@gmail.com .

If dues were paid in two installments, the second one is due November 30, 2020.

Mail District Dues to:

Mary Kirley,
District Three Treasurer
6015 Winter Lane
Dawsonville, GA 30534

Mail International Dues to:

Altrusa International, Inc.
One North LaSalle, St, Suite 1955
Chicago, IL 60602-4006

Website links:

Altrusa International District Three, Inc. :

<http://districtthree.altrusa.org/>

OCTOBER 2020	TOPIC	WHO	PERSON RESPONSIBLE
10/01/20	Governor's Newsletter	Governor 2019-2021	Governor
10/01/20	Send IRS Form 990-N (If receipts over \$25,000, send 990-EZ or 990)	Local Club US Only	Local Treasurer Due 5 months after close of fiscal year
10/09/20 – 10/10/20	Mid Year District Board Meeting	District Board	
10/10/20	District Board confirms eligibility of Nominating Committee candidates	District Board	
10/15/20	DSB Articles Due	District Board, Committee Chairs	DSB Editor
10/16/20	World Food Day	Local Club	
10/24/20	United Nations Day	Local Club	
10/24/20	Make A Difference Day	Local Club	
10/31/20	District Service Bulletin published		
NOVEMBER 2020	TOPIC	WHO	PERSON RESPONSIBLE
11/01/20	Governor's Newsletter	Governor 2019-2021	Governor
11/15/20	2021-2023 Altrusa Int'l Nominations for Nominating Committee & Foundation Board	International	
11/25/20	International Day for the Elimination of Violence against Women	Local Club	



October 24 is **United Nations Day**, which highlights the enduring ideals of the UN Charter. The United Nations was founded in 1945 and is dedicated to world peace, and the betterment of humanity. Since 1946, Altrusa International has held observer status at the United Nations (UN). At that time, Altrusa was the first international classified service club for then executive and professional women to have an official observer appointed to the UN, Frances K. Marquis, president of the New York City (NYC) Altrusa Club. Frances was a close friend to another active NYC Altrusan, Eleanor Roosevelt. Eleanor Roosevelt delivered an address at the 1945 San Francisco UN Conference on International Organization and later then President Harry S. Truman appointed Mrs. Roosevelt to Chair the famous UN Human Rights Committee. In 1978, our UN membership was assigned to the level of a NGO (Non-Governmental Organization). In this capacity, we join together with other NGOs, empowered to attend open General Assembly sessions and UN briefings/conferences related solely to global and social concerns, and receive UN Ground Passes. In each biennium, the International Board appoints 5 representatives to attend and monitor UN meetings and briefings, as allowed. Altrusa's representatives may participate (either in person or via teleconference/Facebook) in weekly briefings/"chats" conducted by the UN Department of Global Communication (DGC), Civil Society (NGOs). In addition, they may serve on DGC Annual Conference. Kathleen Schrein, is the Representative for Altrusa International to United Nations Department of Global Communications, and provided this information.

2019-2021 Biennium Leadership

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District Three Board of Directors

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Governor	Kitty McElhaney	Lake City, FL	kittyaltrusa@gmail.com
Governor-Elect	Shannon Schell	Lake County FL	seszippy@aol.com
Vice Governor	Dimple Overstreet	Starke, FL	dimplej@embarqmail.com
Treasurer	Mary Kirley	North Georgia, GA	justbreathe@bellsouth.net
Director	Joanne Brown	Monticello, FL	fourwindsfarmhouse@centurylink.net
Director	Nanci Schwartz	Lake County, FL	napschwartz@gmail.com
Director	Karen Wishart	Gainesville, FL	karenataltrusa@gmail.com
Secretary	Mantha Young	Lake City, FL	AltrusaDistrictThreeSecretary@gmail.com
Parliamentarian	Jane Gray	Raleigh, NC	judgejanie49@gmail.com

District Three Board of Directors Club Assignments

Governor	Kitty McElhaney	Durham, Raleigh, Salisbury, Spartanburg
Governor-Elect	Shannon Schell	Charlotte, Gaffney, Statesboro, Waynesville
Vice Governor	Dimple Overstreet	Atlanta, Caldwell County, Gastonia, North Georgia
Director	Joanne Brown	Lake County, St Augustine, Gainesville, Starke
Director	Nanci Schwartz	Citrus, Ocala, Orlando-Winter Park, Tampa
Director	Karen Wishart	Live Oak, Lake City, Marianna, Monticello

District Three Committee Chairs

ASTRA	Scott Tice	scottaltrusa@gmail.com
Bylaws, Resolution & Recommendations (BRR)	Penny Penn	ppenn04@yahoo.com
Club Revitalization	Nancy Shumaker	nwshumaker@yahoo.com
Communications	Josie Frieser	mjosiefrieser@gmail.com
Days For Girls Contact	Shelly Bowen	mailto:bowenshelly@ymail.com
District Service Bulletin	Sandy Thompson	sandy@organizemehappy.com
Finance Committee	Mary Kirley	justbreathe@bellsouth.net
International Foundation Liaison	Nancy Mott	njmott@att.net
Leadership	Randi Kahl	randi_altrusa@yahoo.com
Membership	Randi Kahl	randi_altrusa@yahoo.com
New Club Building	Valeree Browning Mason	valeree1864@gmail.com
Program Coordinator	Tammy Hall	thall@odommoses.com
Service Program Development/SOS Contact	Hilma Hicks-Gaskins	Hhicks25@centurylink.net
Webmaster	Susy Meier	susymeier@gmail.com