

Governor Kitty's Monthly Newsletter



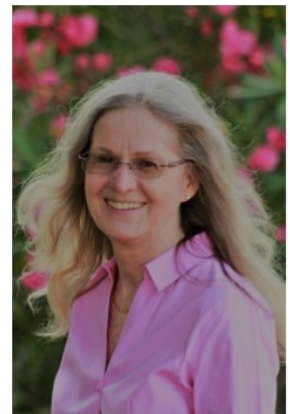
January
2020

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Mindfulness

Rather than making a New Year’s Resolution, consider adopting one word that will guide your actions this year. Author Jon Gordon, explores and explains this concept in his book, *One Word that will change your life*. Apply the word to all facets of your life, which will inspire you throughout the year as you live your word with purpose and passion. In this new year with many new opportunities, **mindfulness** will be the guiding word for me. Mindfulness is the ability and conscious effort to be fully present, aware of what we are doing and not be overwhelmed by what is going on around us. **Mindfulness** does not change who we are, but provides the lens through which we view our environment. It recognizes and cultivates the best of who we are as people, as Altrusans. So, in this month of January be **mindful** about assessing the accomplishments of your club. Review the list of award applications on the District Three website, prepare submissions by January 31, 2020 to either Dimple Overstreet (District Awards), to Karen Robinson (Foundation Awards), and begin completing the Governor’s Outstanding Club Award. Be **mindful** about planning for attendance at the District Conference, April 16-18, 2020, in Charlotte, NC, where we will be celebrating the accomplishments of the clubs. **Mindfulness** embodies Altrusa Principle #5, “Altrusa is practical idealism. Its service consists, not in saying great things, but in daily earnest of its principles.”

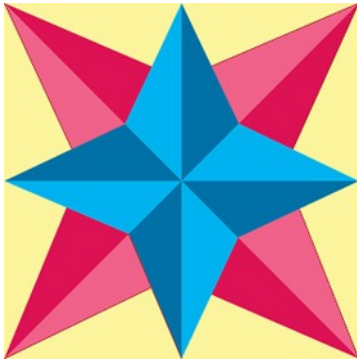


What will be your One Word?

Wishing you and yours a Happy New Year!
In Altrusa Service,
Kitty



2019-2021 Biennium Goals



A compass signifies the purpose, vision and mission of our biennium. Living by the compass gives satisfaction from realizing the difference you make in *Building Better Communities.*

The points of the compass guide us in the direction of our goals. The North point of the compass represents creativity and helpfulness. The East point of the compass represents love and compassion. The South point of the compass represents adventure and passion. The West point of the compass represents confidence and persistence.

North: Vision

Goal: Submit at least one article for publication in the DSB.

East: Service

Goal: Participate in the International Service Project

Goal: Enhance a current service project or initiate a new service project.

South: Membership

Goal: A net gain of two members per year.

West: Leadership

Goal: Submit the same number of award applications or increase by one the number of award applications from the prior year.

Goal: Submit a club strategic plan

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Reminders

Send Altrusa Caring Thoughts (ACT) requests to altrusankitty@comcast.net

Virtual Club

The Virtual Club is still in formation, with monthly conference calls. If a member is unable to continue membership in your club, due to other obligations, yet has a passion for Altrusa and service, please consider guiding the member to the Virtual Club. Information on the Virtual Club can be obtained from Past Governor Christy Bryant who is coordinating this endeavor., at christybryant@windstream.net. The Virtual Club completed its first service project recently!

Have an Idea or suggestion??
Send to:
altrusankitty@comcast.net

Website links:
Altrusa International District Three, Inc. :
<http://districtthree.altrusa.org/>
Altrusa International, Inc.:
<http://altrusa.org/>

Welcome to Shelly Bowen, the Days for Girls contact!

Altrusa Young Professionals

A Young Professional in Altrusa is a member who is 30 years of age or younger. The birthdate must be entered in Group Tally for this identification. International dues for identified Young Professionals will be half of the International dues fee. The District Board is recommending to the District Membership that the District dues for identified Young Professionals also be at half the dues rate. Please make sure the Club Treasurer enters the birthdate for those who qualify for a Young Professional.

Half Dues

From December 1st - March 31st International and District membership dues are HALF-PRICE!

International dues are \$27.50 and District dues are \$10. As with all new memberships International adds a \$10 processing fee. This a great time to enroll those folks who have been talking about joining, but just haven't done so.

*Make this
year,
a year
Of finding,
Of fulfill-
ment,
Of peace,
Of joy
and
Of purpose.*

Awards Submission: Share Your Accomplishments



One of the Biennium Goals is to submit the same number of award applications or increase by one the number of award applications from the prior year.

If you haven't already organized a group to complete the Awards submission for your club, do so now. The International President's theme, "***Teamwork Makes The Dream Work***" is applicable here! Involve members to volunteer or there may already be members who have a

Board role, and whose responsibility is to lead this effort each year.

You will need current copies of the awards application from the district website (link: <https://districtthree.altrusa.org/district-three-awards/>

and a general understanding of the submission criteria for each award.

Review the service projects and other activities conducted by the club

and determine which award applications naturally align to the work

that was done. Once the decision is made on which awards to submit,

consider making assignments or get members to volunteer to

complete a specific application. Schedule time up front for one or two

or a group to provide feedback and/or updates to 'DRAFT' versions of

the completed applications to make sure they adhere to the

submission criteria. Designate which member (s) will be responsible for

submitting the final applications to the District Vice Governor, Dimple

Overstreet or to Foundation Chair, Karen Robinson at [https://](https://districtthree.altrusa.org/district-three-awards/)

districtthree.altrusa.org/district-three-awards/ by Jan 31, 2020.

Wishing you great success!

The Governors Outstanding Club award application is due February 28, 2020.

2020 District Conference

Save the dates April 16-18,2020

Charlotte,

North Carolina

SEE
EXPERIENCE
LIVE
CHARLOTTE

JAN 2020				
1/01/20	Governor's Newsletter	Governor 2019-2021	Governor	
01/01/20	First week in January, ASTRA scholarship applications available	Local Club	ASTRA Member, Altrusa Member/ Advisor	Due March 15 to International ASTRA Chair
01/01/20	Elect Nominating Committee	Local Club		
01/01/20	Club Presidents prepare for District Award Entries	Local Club		
01/01/20	BRR requests due from clubs to BRR Chair	Local Club	BRR Chair	Required 90 days before district conference
01/01/21	Invite ASTRA participation in District Conference	Governor	ASTRA Chair	
01/??/20	International Board of Directors meeting	Int. Board of Directors		
01/15/20	District Service Bulletin Articles Due	District Board, Comm. Chairs, Club Presidents	DSB Editor Governor	
01/31/20	District Award Submission Deadline	Local Club	Vice Gov.	
01/31/20	District Service Bulletin Emailed & Governor's Call to Conference	DSB Editor		
FEB 2020				
2/01/20	Governor's Newsletter	Governor 2019-2021	Governor	
2/01/20	Conference fee invoice sent to Club Treasurer	Local Club	District Treasurer	Make sure letter tells number of members, number of delegates, total fee, and that fee must be paid even if no delegates are sent
02/01/20	Request for conference delegate/alternate names sent to Club President	Local Club	District Treasurer	
02/01/20	Nominating Committee presents slate of candidates to membership	Local Club		
02/15/20	Conference Delegate fee due to District Treasurer	District Treasurer	Local Club	Due February 28. Only if applicable in your District
02/15/20	Elect delegates and alternates for District Conference	Local Club	District Treasurer	Number of conference delegates and alternates determined by number of active members recorded as of 1/31; 1 per 15 or portion thereof
02/15/20	Notify, by email if possible, Club Treasurer and Club President of any unpaid conference fees	District Treasurer		Copy to Governor
02/20/20	World Day of Social Justice	Local Club		

2019-2021 Biennium Leadership

District Three Board of Directors

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Governor	Kitty McElhaney	Lake City, FL	altrusankitty@comcast.net
Governor-Elect	Shannon Schell	Lake County FL	seszippy@aol.com
Vice Governor	Dimple Overstreet	Starke, FL	dimplej@embarqmail.com
Treasurer	Mary Kirley	North Georgia, GA	justbreathe@bellsouth.net
Director	Joanne Brown	Monticello, FL	fourwindsfarmhouse@centurylink.net
Director	Nanci Schwartz	Lake County, FL	napschwartz@gmail.com
Director	Karen Wishart	Gainesville, FL	karenataltrusa@gmail.com
Secretary	Mantha Young	Lake City, FL	AltrusaDistrictThreeSecretary@gmail.com
Parliamentarian	Jane Gray	Raleigh, NC	judgejanie49@gmail.com

District Three Board of Directors Club Assignments

Governor	Kitty McElhaney	Durham, Raleigh, Salisbury, Spartanburg
Governor-Elect	Shannon Schell	Charlotte, Gaffney, Statesboro, Waynesville
Vice Governor	Dimple Overstreet	Atlanta, Caldwell County, Gastonia, North Georgia
Director	Joanne Brown	Lake County, St Augustine, Gainesville, Starke
Director	Nanci Schwartz	Citrus, Ocala, Orlando-Winter Park, Tampa
Director	Karen Wishart	Live Oak, Lake City, Marianna, Monticello

District Three Committee Chairs

ASTRA	Scott Tice	scottaltrusa@gmail.com
Bylaws, Resolution & Recommendations (BRR)	Penny Penn	ppenn04@yahoo.com
Club Revitalization	Nancy Shumaker	nwshumaker@yahoo.com
Communications	Josie Frieser	mjosiefrieser@gmail.com
Days For Girls Contact	Shelly Bowen	mailto:bowenshelly@ymail.com
District Service Bulletin	Sandy Thompson	sandy@organizemehappy.com
Finance Committee	Mary Kirley	justbreathe@bellsouth.net
International Foundation Liaison	Nancy Mott	njmott@att.net
Leadership	TBA	
Membership	Randi Kahl	randi_altrusa@yahoo.com
New Club Building	Valeree Browning Mason	valeree1864@gmail.com
Program Coordinator	Tammy Hall	thall@odommoses.com
Service Program Development/SOS Contact	Hilma Hicks-Gaskins	Hhicks25@centurylink.net
Webmaster	Susy Meier	susymeier@gmail.com